# The Substitution Rule

MAT 126, Week 2, Wednesday class

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Recall the Substitution Rule:

The Chain Rule states:

$$\frac{d}{dx}F(g(x))=F'(g(x))g'(x).$$

By the FTC, taking integration on both side we get:

$$F(g(x)) = \int \frac{d}{dx} F(g(x)) = \int F'(g(x))g'(x)dx.$$

The **Substitution Rule**:  $F(g(x)) = \int F'(g(x))g'(x)dx$ .

The key to the substitution rule is to find the part to be substitute, i.e. u = g(x).

Recall the first Example of the Substitution rule:

Find:  $\int 2x\sqrt{1+x^2}dx$ . (Hint: use  $u=1+x^2$ .)

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#### Solution:

- Step 1: Substitute  $u = 1 + x^2$  (we choose this not because of the hint, but because of that this function is in the square root!)
- Step 2: Find du = u'(x)dx = 2xdx.
- Step 3: The original integration:

$$\int 2x\sqrt{1+x^2} dx = \int \sqrt{1+x^2} (2xdx) = \int \sqrt{u} du = \frac{2}{3}u^{3/2} + C$$

• Step 4: Substitute  $u = 1 + x^2$  back:

$$\int 2x\sqrt{1+x^2}dx = \frac{2}{3}(1+x^2)^{3/2} + C$$

General Steps of the Substitution rule.

- Step 1: Find the correct substitution u = u(x)
- Step 2: Write du = u'(x)dx, so that  $dx = \frac{du}{u'(x)}$
- Step 3: Plug u = u(x) and dx = du/u'(x) into the original integration.
  The terms involving x should all be cancelled.
  (After this step the integration should NOT involve any x, and you should expect that the new integration is much simpler to solve.)
- Step 4: Integrate the new integration (only involves u!)
- Step 5: Substitute the u = u(x) back into the answer. (In the final answer there should NOT be any u).

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List of cases one should consider using the substitution u = f(x).

- (1) Under the square root.  $\sqrt{f(x)}$
- (2) Inside a power.  $(f(x))^2$
- (3) Inside the trigonometry function sin(f(x))
- ....

The list is not exhausted here!

(5.5 E1) Find 
$$\int x^3 \cos(x^4 + 2) dx$$

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#### **Solution:**

- Step 1: Substitute  $u = x^4 + 1$ .
- Step 2: Find  $du = u'(x)dx = 4x^3dx$ . This implies  $dx = \frac{du}{4x^3}$ .
- Step 3: The original integration:

$$\int x^{3} \cos(x^{4} + 2) dx = \int x^{3} \cos u \frac{du}{4x^{3}} = \frac{1}{4} \int \cos u du = \frac{1}{4} \sin u + C$$

• Step 4: Substitute  $u = x^4 + 1$  back:

$$\int x^3 \cos(x^4 + 2) dx = \frac{1}{4} \sin(x^4 + 1) + C$$

(5.5, E2) Find 
$$\int \sqrt{2x+1} dx$$

(5.5, E2) Find 
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#### **Solution:**

- Step 1: Substitute u = 2x + 1.
- Step 2: Find du = u'(x)dx = 2dx. This implies  $dx = \frac{du}{2}$ .
- Step 3: The original integration:

$$\int \sqrt{2x+1} dx = \int \sqrt{u} \frac{du}{2} = \frac{1}{2} \int \sqrt{u} du = \frac{1}{2} \cdot \frac{2}{3} u^{3/2} + C = \frac{1}{3} u^{3/2} + C$$

• Step 4: Substitute u = 2x + 1 back:

$$\int \sqrt{2x+1} dx = \frac{1}{3} (2x+1)^{3/2} + C$$

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(5.5 E3) Find 
$$\int \frac{x}{\sqrt{1-4x^2}} dx$$

(5.5 E3) Find 
$$\int \frac{x}{\sqrt{1-4x^2}} dx$$

#### **Solution:**

- Step 1: Substitute  $u = 1 4x^2$ .
- Step 2: Find du = u'(x)dx = -8xdx. This implies  $dx = -\frac{du}{8x}$ .
- Step 3: The original integration:

$$\int \frac{x}{\sqrt{1-4x^2}} dx = -\int \frac{x}{\sqrt{u}} \frac{du}{8x} = -\frac{1}{8} \int \frac{du}{\sqrt{u}}$$

• Step 4: Integrate

$$-\frac{1}{8} \int \frac{du}{\sqrt{u}} = -\frac{1}{8} \int u^{-1/2} du = -\frac{1}{8} \frac{1}{-1/2 + 1} u^{1/2} + C = -\frac{1}{4} \sqrt{u} + C$$

• Step 5: Substitute  $u = 1 - 4x^2$  back:

$$\int \frac{x}{\sqrt{1-4x^2}} dx = -\frac{1}{4}\sqrt{1-4x^2} + C$$

(5.5 E4) Find  $\int e^{5x} dx$ 

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#### **Solution:**

- Step 1: Substitute u = 5x.
- Step 2: Find du = u'(x)dx = 5dx. This implies  $dx = \frac{du}{5}$ .
- Step 3: The original integration:

$$\int e^{5x} dx = \int e^{u} \frac{du}{5} = \frac{1}{5} \int e^{u} du = \frac{1}{5} e^{u} + C$$

• Step 4: Substitute u = 5x back:

$$\int e^{5x} dx = \frac{1}{5}e^{5x} + C$$

(5.5, 31) Find 
$$\int x(2x+5)^8 dx$$

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#### **Solution:**

- Step 1: Substitute u = 2x + 5.
- Step 2: Find du = u'(x)dx = 2dx. This implies  $dx = \frac{du}{2}$ .
- Step 3: The original integration:

$$\int x(2x+5)^8 dx = \int x \cdot u^8 \frac{du}{2} = \int \frac{u-5}{2} \cdot u^8 \frac{du}{2}$$

• Step 3': Simplify the integration:

$$\int \frac{u-5}{2} \cdot u^8 \frac{du}{2} = \frac{1}{4} \int (u-5)u^8 du = \frac{1}{4} \int (u^9 - 5u^8) du$$

- Step 4: Integrate:  $\frac{1}{4} \int (u^9 5u^8) du = \frac{1}{4} (\frac{u^{10}}{10} \frac{5u^9}{9}) + C$
- Step 5: Substitute u = 2x + 5 back:

$$\int x(2x+5)^8 dx = \frac{1}{4} \left( \frac{(2x+5)^{10}}{10} - \frac{5(2x+5)^9}{9} \right) + C$$

# Leading Principle of choosing the substitution:

Substitute u = f(x) when there is an obvious f'(x) in the integrant.

#### For example:

- If there is  $x^n$  inside some function (e.g. square root, sin...) and  $x^{n-1}$  outside, consider the substitution  $u = x^n$ , so that  $du = (n-1)x^{n-1}dx$ ;
- If there is sin x and cos x, consider the substitution u = sin x, so that du = cos xdx (or vice versa);
- If there is  $\ln x$  and  $\frac{1}{x}$ , consider the substitution  $u = \ln x$ , so that  $du = \frac{1}{x} dx$
- If there is a  $\tan x$  and  $\sec^2 x$ , consider the substitution  $u = \tan x$ , so that  $du = \sec^2 x dx$
- ... (the list is not exhausted!)

(5.5 E5) Find  $\int \tan x dx$ 

(5.5 E5) Find  $\int \tan x dx$ 

#### Solution:

- Step 1: Note that  $\tan x = \frac{\sin x}{\cos x}$ . One can take  $u = \cos x$ . (Why not  $u = \sin x$ ?)
- Step 2: Find  $du = u'(x)dx = -\sin x dx$ .
- Step 3: The original integration:

$$\int \frac{\sin x}{\cos x} dx = -\int \frac{1}{u} du = -\ln|u| + C$$

• Step 4: Substitute  $u = \cos x$  back:

$$\int \tan x dx = -\ln|\cos x| + C$$

(5.5, 21) Find 
$$\int \frac{\cos x}{\sin^2 x} dx$$

(5.5, 21) Find 
$$\int \frac{\cos x}{\sin^2 x} dx$$

#### **Solution:**

- Step 1: Substitute  $u = \sin x$ .
- Step 2: Find  $du = u'(x)dx = \cos x dx$ .
- Step 3: The original integration:

$$\int \frac{\cos x}{\sin^2 x} dx = \int \frac{1}{u^2} du = -\frac{1}{u} + C$$

• Step 4: Substitute  $u = \sin x$  back:

$$\int \frac{\cos x}{\sin^2 x} dx = -\frac{1}{\sin x} + C$$

(5.5 E8) Calculate 
$$\int \frac{\ln x}{x} dx$$

Calculate  $\int \frac{\ln x}{x} dx$ 

#### Solution:

- Step 1: Substitute  $u = \ln x$ .
- Step 2: Find du = u'(x)dx = (1/x)dx.
- Step 3: The original integration:

$$\int \frac{\ln x}{x} dx = \int u du = \frac{1}{2}u^2 + C$$

• Step 4: Substitute  $u = \ln x$  back:

$$\int \frac{\ln x}{x} dx = \frac{1}{2} (\ln x)^2 + C$$

Substitution in a definite integral

(5.5 E8) Calculate 
$$\int_1^e \frac{\ln x}{x} dx$$

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$$\int_1^e \frac{\ln x}{x} dx$$

#### Solution 1:

- By the previous problem we know that the antiderivative of  $\frac{\ln x}{x}$  is  $\frac{1}{2}(\ln x)^2 + C$ .
- By evaluation theorem we have

$$\int_1^e \frac{\ln x}{x} dx = \frac{1}{2} (\ln x)^2 |_1^e = \frac{1}{2} (\ln e)^2 - \frac{1}{2} (\ln 1)^2 = \frac{1}{2}.$$

(5.5 E8) Calculate  $\int_1^e \frac{\ln x}{x} dx$ 

#### Solution 2:

- Step 1: Substitute  $u = \ln x$ . Then when x varies from 1 to e, u varies from  $(\ln 1 =)0$  to  $(\ln e =)1$ .
- Step 2: du = u'(x)dx = (1/x)dx.
- Step 3: The original integration:

$$\int_{1}^{e} \frac{\ln x}{x} dx = \int_{0}^{1} u du$$

• Step 4: Apply evaluation theorem to  $\int_0^1 u du$  we have

$$\int_0^1 u du = \frac{1}{2} u^2 |_0^1 = \frac{1}{2} (1)^2 - \frac{1}{2} (0)^2 = \frac{1}{2}.$$

(5.5 E7) Evaluate 
$$\int_1^2 \frac{dx}{(3-5x)^2}$$

(5.5 E7) Evaluate 
$$\int_{1}^{2} \frac{dx}{(3-5x)^2}$$

#### **Solution:**

- Step 1: Substitute u=3-5x. Then when x varies from 1 to 2, u varies from  $(3-5\cdot 1=)-2$  to  $(3-5\cdot 2=)-7$ .
- Step 2: du = u'(x)dx = -5dx. Then  $dx = -\frac{du}{5}$
- Step 3: The original integration:

$$\int_{1}^{2} \frac{dx}{(3-5x)^{2}} = -\int_{-2}^{-7} \frac{du}{5u^{2}}$$

• Step 4: Apply evaluation theorem to  $-\int_{-2}^{-7} \frac{du}{5u}$  we have

$$-\int_{-2}^{-7} \frac{du}{5u^2} = \frac{1}{5} \cdot (1/u)|_{-2}^{-7} = \frac{1}{5} \left( -\frac{1}{7} + \frac{1}{2} \right) = \frac{1}{14}$$

### Symmetric functions:

- f(x) is called an *even* function if for any number x, f(x) = f(-x);
- f(x) is called an *odd* function if for any number x, f(x) = -f(-x);

### Typical even functions:

- $x^{2k}$  the even power of x (check:  $(-x)^{2k} = (-1)^{2k}x^{2k} = x^{2k}$ )
- any constant c is an even function (think of  $c = c \cdot x^0$ )
- $\cos x$  (check:  $\cos(-x) = \cos x$ )

### Typical odd functions:

- $x^{2k+1}$  the odd power of x (check:  $(-x)^{2k+1} = (-1)^{2k+1}x^{2k+1} = -x^{2k+1}$ )
- $\sin x$  (check:  $\sin(-x) = -\sin x$ )
- arctan x (check: arctan(-x) = -arctan x)

Properties of the symmetric functions:

- (1) If both f(x) and g(x) are even (or both are odd) functions, then  $f(x) \cdot g(x)$  is an even function
- (2) If f(x) is an even function and g(x) is an odd function, then  $f(x) \cdot g(x)$  is an odd function
- (Compare the two properties above with sums of integers.)
- (3) If f(x) is an even (resp. odd) function, then  $\frac{1}{f(x)}$  is an even (resp. odd) function.

Example:

Determine whether tan x is odd or even?

Determine whether tan x is odd or even.

#### Solution:

- Step 1:  $\tan x$  is equal to  $\frac{\sin x}{\cos x} = \sin x \cdot \frac{1}{\cos x}$ .
- Step 2: since  $\cos x$  is an even function, we know that  $\frac{1}{\cos x}$  is an even function.
- Step 3: Since  $\sin x$  is an odd function, the product  $\sin x \cdot \frac{1}{\cos x}$  must be an odd function.
- So tan x is an odd function.

More Examples:

Even functions: (1) 
$$1 + 3x^2 + 4x^4$$
; (2)  $\sec x (= \frac{1}{\cos x})$ ; (3)  $x^2 \cdot \cos x$ ; ...

Odd functions: (1) 
$$x^5 + x^7$$
; (2)  $\frac{\sin x}{1+x^2}$ ; (3)  $\cot x (=\frac{1}{\tan x})$ ; ...

One can use the substitution rule to show the following fact on the integral of an even function.

Q: If 
$$f(x)$$
 is even  $(f(x) = f(-x))$ , show that  $\int_{-a}^{a} f(x) dx = 2 \cdot \int_{0}^{a} f(x) dx$ .

Q: If f(x) is even (f(x) = f(-x)), show that  $\int_{-a}^{a} f(x)dx = 2 \cdot \int_{0}^{a} f(x)dx$ .

- Step 1: Notice that  $\int_{-a}^{a} f(x) dx = \int_{-a}^{0} f(x) dx + \int_{0}^{a} f(x) dx$ . This means we only need to show that  $\int_{-a}^{0} f(x) dx = \int_{0}^{a} f(x) dx$ ;
- Step 2:  $\int_{-a}^{0} f(x)dx = -\int_{0}^{-a} f(x)dx$ ;
- Step 3: Use the substitute: u = -x. Then du = -dx. When x varies from 0 to -a, u varies from 0 to a.
- Step 4: We can rewrite  $-\int_0^{-a} f(x)dx$  using u, as  $-\int_0^a f(-u)(-du)$ .
- Step 5: Since f is even, we have f(-u) = f(u), so  $-\int_0^a f(-u)(-du) = \int_0^a f(u)du$ .

We can apply similar procedure to give the following property for the odd function:

Q:If 
$$f(x)$$
 is odd  $(f(-x) = -f(-x))$ , Show that  $\int_{-a}^{a} f(x) dx = 0$ .

Q: If f(x) is odd (f(-x) = -f(-x)), Show that  $\int_{-a}^{a} f(x) dx = 0$ .

- Step 1: Notice that  $\int_{-a}^{a} f(x)dx = \int_{-a}^{0} f(x)dx + \int_{0}^{a} f(x)dx = -\int_{0}^{-a} f(x)dx + \int_{0}^{a} f(x)dx.$
- Step 2: This means we only need to show that  $\int_0^{-a} f(x) dx = \int_0^a f(x) dx;$
- Step 3: Use the substitute: u = -x. Then du = -dx. When x varies from 0 to -a, u varies from 0 to a.
- Step 4: We can rewrite  $\int_0^{-a} f(x) dx$  using u, as  $\int_0^a f(-u)(-du)$ .
- Step 5: Since f is odd, we have f(-u) = -f(u), so  $\int_0^{-a} f(x) dx = \int_0^a f(-u)(-du) = \int_0^a f(u) du.$

Application on the integral of an even function:

(5.5 E9) Find 
$$\int_{-2}^{2} (x^6 + 1) dx$$

(5.5 E9) Find 
$$\int_{-2}^{2} (x^6 + 1) dx$$

#### **Solution:**

- Step 1: Note that  $x^6+1$  is an even function, we have  $\int_{-2}^2 (x^6+1) dx = 2 \cdot \int_0^2 (x^6+1) dx$
- Step 2: Compute  $\int_0^2 (x^6 + 1) dx$  using evaluation theorem:

$$\int_0^2 (x^6 + 1) dx = (\frac{1}{7}x^7 + x)|_0^2 = \frac{1}{7} \cdot 2^7 + 2$$

• Step 3: So the original integral is equal to  $2 \cdot (\frac{1}{7} \cdot 2^7 + 2) = \frac{1}{7} \cdot 2^8 + 4$ 

Application on the integral of an odd function:

(5.5 E10) Find 
$$\int_{-1}^{1} \frac{\tan x}{1+x^2+x^6} dx$$

(5.5 E10) Find 
$$\int_{-1}^{1} \frac{\tan x}{1+x^2+x^6} dx$$

- Since  $\tan x$  is an odd function, and  $1 + x^2 + x^6$  is an even function, their quotient must be an odd function.
- Since the interval of integration is symmetric (-1 to 1), so the integration must be equal to 0.

Other question that can be solved using substitution rule (5.5, 67) If  $\int_0^4 f(x)dx = 10$ , find  $\int_0^2 f(2x)dx$ .

(5.5, 67) If 
$$\int_0^4 f(x)dx = 10$$
, find  $\int_0^2 f(2x)dx$ .

- Step 1: To find  $\int_0^2 f(2x)dx$ , consider the substitution u=2x. Then when x changes from 0 to 2, u changes from 0 to 4.
- Step 2: du = 2dx, this means dx = du/2.
- Step 3: we have  $\int_0^2 f(2x) dx = \int_0^4 f(u) \frac{du}{2} = \frac{1}{2} \int_0^4 f(u) du$
- Step 4: Since  $\int_0^4 f(x) dx = 10$ , we have  $\frac{1}{2} \int_0^4 f(u) du = 5$ .

(5.5, 68) If 
$$\int_0^9 f(x)dx = 4$$
, find  $\int_0^3 x f(x^2)dx$ .

(5.5, 68) If 
$$\int_0^9 f(x)dx = 4$$
, find  $\int_0^3 x f(x^2)dx$ .

- Step 1: To find  $\int_0^3 x f(x^2) dx$ , consider the substitution  $u = x^2$ . Then when x changes from 0 to 3, u changes from 0 to 9.
- Step 2: du = 2xdx, this means xdx = du/2.
- Step 3: we have  $\int_0^3 x f(x^2) dx = \int_0^9 f(u) \frac{du}{2} = \frac{1}{2} \int_0^9 f(u) du$
- Step 4: Since  $\int_0^9 f(x) dx = 4$ , we have  $\frac{1}{2} \int_0^9 f(u) du = 2$ .

# Discussion

### **Discussion Problems**

Use substitution to find the following integrals

- $(5.5, 5) \int \cos^3 x \sin x dx$  (use  $u = \cos x$ )
- $(5.5, 9) \int (3x-2)^{20} dx$
- (5.5, 13)  $\int \frac{(\ln x)^2}{x} dx$
- $(5.5, 45) \int_0^1 x^2 (1+x^3)^5 dx$
- (5.5, 50)  $\int_{-\pi/2}^{\pi/2} \frac{x^2 \sin x}{1+x^6} dx$
- (5.5, 51)  $\int_1^2 x \sqrt{x-1} dx$