

Recall: $T \in \mathcal{L}(V)$

- T Self-adjoint $\Leftrightarrow \langle Tv, w \rangle = \langle v, Tw \rangle$ for all $v, w \in V$
- T normal $\Leftrightarrow TT^* = T^*T$.
- Spectral theorem:

$\mathbb{F} = \mathbb{R}, \mathbb{C}$

normal

T Self-adjoint

$\Leftrightarrow$ there's an ON basis of V of eigenvectors of T

Positive operators (7C)

$V =$ inner product space over $\mathbb{F}$.

Def: A linear operator $T \in \mathcal{L}(V)$ is called positive if T is self-adjoint and $\langle Tv, v \rangle \geq 0$ for all $v \in V$.

Ex: ① $T: \mathbb{F}^2 \rightarrow \mathbb{F}^2$

$$(x, y) \mapsto (x+3y, 3x+9y)$$

Equip $\mathbb{F}^2$ with Standard dot product.

$$\mathcal{M}(T) = \begin{pmatrix} 1 & 3 \\ 3 & 9 \end{pmatrix}, \quad \mathcal{M}(T)^* = \begin{pmatrix} 1 & 3 \\ 3 & 9 \end{pmatrix}$$

So T is Self-adjoint. Then for $v = (x, y)$ we have

$$Tv \cdot v = (x+3y, 3x+9y) \cdot (x, y)$$

$$= x^2 + 3yx + 3xy + 9y^2$$

$$= (x+3y)^2 \geq 0$$

So T is positive.

Prop: Let $U \subset V$ be any subspace.
The orthogonal projection $P_U \in \mathcal{L}(V)$
is positive.

Proof: Write $V = U \oplus U^\perp$. Any $v \in V$
can be written uniquely as
 $v = u + w$, $u \in U$, $w \in U^\perp$.

Then $P_U v = u$. Also let $v' = u' + w'$ for $u' \in U$, $w' \in U^\perp$. Then

$$\begin{aligned}\langle P_U v, v' \rangle &= \langle u, u' + w' \rangle = \langle u, u' \rangle \\ &+ \underbrace{\langle u, w' \rangle}_{=0} = \langle u, u' \rangle = \langle u, u' \rangle + \underbrace{\langle w, u' \rangle}_{=0} \\ &= \langle u + w, u' \rangle = \langle v, P_U v' \rangle.\end{aligned}$$

This shows that P_U is self-adjoint.

Next

$$\begin{aligned}\langle P_U v, v \rangle &= \langle u, u + w \rangle = \langle u, u \rangle \\ &= \|u\|^2 \geq 0\end{aligned}$$

So P_U is positive. □

Def: A linear op $R \in \mathcal{L}(V)$ is called a square root of $T \in \mathcal{L}(V)$ if $R^2 = T$.

Ex For a subspace $U \subset V$, the

orthogonal projection is a square root of itself, since $P_u^2 = P_u$.

Ex: $T: \mathbb{F}^3 \rightarrow \mathbb{F}^3$, $(x, y, z) \mapsto (z, 0, 0)$

$R: \mathbb{F}^3 \rightarrow \mathbb{F}^3$, $(x, y, z) \mapsto (y, z, 0)$.

Then

$$\begin{aligned} R^2(x, y, z) &= R(y, z, 0) = (z, 0, 0) \\ &= T(x, y, z) \end{aligned}$$

So R is a square root for T .

Thm: Let $T \in \mathcal{L}(V)$. The following are equivalent:

- (a) T is positive
- (b) T is self-adjoint & all eigenvals of T are non-negative.
- (c) There's an ON basis of V s.t. $M(T)$ is diagonal w/ only non-negative entries
- (d) T has a positive square root

(e) T has a self-adjoint square root

(f) $T = R^*R$ for some $R \in \mathcal{L}(V)$.

Proof: We will prove $(a) \Rightarrow (b) \Rightarrow (c) \Rightarrow (d) \Rightarrow (e) \Rightarrow (f) \Rightarrow (a)$.

(a) $\Rightarrow$ (b): By assumption, T is self-adjoint. Its eigenvalues are real, so if $\lambda \in \mathbb{R}$ and $Tv = \lambda v$ for $v \neq 0$, then

$$\langle Tv, v \rangle \geq 0 \Leftrightarrow \langle \lambda v, v \rangle \geq 0$$

$$\Leftrightarrow \lambda \|v\|^2 \geq 0$$

$$\Rightarrow \lambda \geq 0.$$

(b) $\Rightarrow$ (c): By the spectral thm, there's an ON basis for V s.t.

$M(T)$ is diagonal w/ entries being the eigenvalues. But they are non-negative by assumption.

(c) $\Rightarrow$ (d): Pick ON basis for V s.t.

$$M(T) = \begin{pmatrix} \lambda_1 & & 0 \\ & \ddots & \\ 0 & & \lambda_n \end{pmatrix}, \lambda_i \geq 0.$$

Then $\begin{pmatrix} \sqrt{\lambda_1} & & 0 \\ & \ddots & \\ 0 & & \sqrt{\lambda_n} \end{pmatrix}$ is the matrix

for $R \in \mathcal{L}(V)$ s.t. $R^2 = T$. It's

clear that R is positive:

It's self-adjoint since

$$M(R)^* = \begin{pmatrix} \sqrt{\lambda_1} & & 0 \\ & \ddots & \\ 0 & & \sqrt{\lambda_n} \end{pmatrix} = M(R),$$

and for $v = a_1 e_1 + \dots + a_n e_n$, then

$$\begin{aligned} \langle Rv, v \rangle &= \langle a_1 R e_1 + \dots + a_n R e_n, a_1 e_1 + \dots + a_n e_n \rangle \\ &= \langle a_1 \sqrt{\lambda_1} e_1 + \dots + a_n \sqrt{\lambda_n} e_n, a_1 e_1 + \dots + a_n e_n \rangle \\ &= \langle a_1 \sqrt{\lambda_1} e_1, a_1 e_1 \rangle + \dots + \langle a_n \sqrt{\lambda_n} e_n, a_n e_n \rangle \\ &= |a_1|^2 \sqrt{\lambda_1} + \dots + |a_n|^2 \sqrt{\lambda_n} \geq 0 \end{aligned}$$

So R is positive.

(d) $\Rightarrow$ (e): Positive implies self-adjoint by definition.

(e) $\Rightarrow$ (f): By assumption $R^2 = T$, and R^*R , so $T = RR = R^*R$.

(f) $\Rightarrow$ (a):

We have $\langle Tv, v \rangle = \langle R^*Rv, v \rangle$

$= \langle Rv, Rv \rangle = \|Rv\|^2 \geq 0$ so T is positive. $\square$

Prop. Every positive operator has a unique positive square root.

If $T \in \mathcal{L}(V)$ is positive, we denote by $\sqrt{T} \in \mathcal{L}(V)$ the positive square root.

Ex: ① Let $I \in \mathcal{L}(\mathbb{F}^n)$. It's clear that $\sqrt{I} = I$. Note that there are other square roots, but

they can not be positive.

For instance $T: \mathbb{F}^n \rightarrow \mathbb{F}^n$

$$(x_1, \dots, x_n) \mapsto (x_n, \dots, x_1)$$

$$\begin{aligned} \text{Then } T^2(x_1, \dots, x_n) &= T(x_n, \dots, x_1) \\ &= (x_1, \dots, x_n). \end{aligned}$$

$$\text{And: } T(x_1, \dots, x_n) \cdot (x_1, \dots, x_n)$$

$$= x_1 x_n + x_2 x_{n-1} + \dots + x_n x_1$$

does not have to be ≥ 0 . Take for instance $(1, 0, \dots, 0, -1)$. Then

$$T(1, 0, \dots, 0, -1) \cdot (1, 0, \dots, 0, -1) = -2 < 0.$$

Ex: Let $S, T: \mathbb{R}^2 \rightarrow \mathbb{R}^2$

$$S(x, y) = (x, 2y). \quad T(x, y) = (x+y, x+y).$$

Wrt standard basis of $\mathbb{R}^2$ we have

$$M(S) = \begin{pmatrix} 1 & 0 \\ 0 & 2 \end{pmatrix} \quad M(T) = \begin{pmatrix} 1 & 1 \\ 1 & 1 \end{pmatrix}$$

First, S is clearly positive, since

its diagonal w/ non-negative entries.
The square root of S is

$$\sqrt{S}(x,y) = (x, \sqrt{2}y). \quad \mathcal{M}(\sqrt{S}) = \begin{pmatrix} 1 & 0 \\ 0 & \sqrt{2} \end{pmatrix}$$

To find $\sqrt{T}$ we find an ON basis of eigenvectors.

$$Tv = \lambda v \Leftrightarrow (x+y, x+y) = \lambda(x,y) \Leftrightarrow$$

$$\begin{cases} x+y = \lambda x \\ x+y = \lambda y \end{cases} \Leftrightarrow \begin{cases} (1-\lambda)x + y = 0 \\ x + (1-\lambda)y = 0 \end{cases}$$

One finds $\lambda = 0, 2$ w/ eigenvectors

$(1,1)$ and $(1,-1)$. Normalize to get the ON basis $\left(\left(\frac{1}{\sqrt{2}}, \frac{1}{\sqrt{2}}\right), \left(\frac{1}{\sqrt{2}}, -\frac{1}{\sqrt{2}}\right)\right)$.

Now $\sqrt{T}$ is a lin operator w/ the same eigenvectors but eigenvalues $0, \sqrt{2}$:

$$\sqrt{T}\left(\frac{1}{\sqrt{2}}, \frac{1}{\sqrt{2}}\right) = \sqrt{2}\left(\frac{1}{\sqrt{2}}, \frac{1}{\sqrt{2}}\right) = (1,1)$$

$$\sqrt{T}\left(\frac{1}{\sqrt{2}}, -\frac{1}{\sqrt{2}}\right) = (0, 0)$$

Then for $(x, y) \in \mathbb{R}^2$ we see

$$(x, y) = \frac{x+y}{\sqrt{2}} \left(\frac{1}{\sqrt{2}}, \frac{1}{\sqrt{2}}\right) + \frac{x-y}{\sqrt{2}} \left(\frac{1}{\sqrt{2}}, -\frac{1}{\sqrt{2}}\right)$$

so:

$$\sqrt{T}(x, y) = \frac{x+y}{\sqrt{2}} (1, 1) = \left(\frac{x+y}{\sqrt{2}}, \frac{x+y}{\sqrt{2}}\right)$$

hence the matrix of $\sqrt{T}$ w.r.t the standard basis is

$$M(\sqrt{T}) = \begin{pmatrix} \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} \\ \frac{1}{\sqrt{2}} & \frac{1}{\sqrt{2}} \end{pmatrix}.$$
