# ENERGY OF A KNOT

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### §0. INTRODUCTION

IN THIS paper, we define a real valued functional, the *energy E*, which is well-behaved for embedded circles in the 3 dimensional Euclidean space, and which blows up for curves with self-intersections.

Let  $E_{\lambda B}$  be the sum of the energy E and the total squared curvature functional. We show that for any real number  $\alpha$ , there are only finitely many ambient isotopy classes of embeddings (i.e. *knot types*) with the value of  $E_{\lambda B}$  not greater than  $\alpha$ .

There have been studied the total curvature (Fary [1], Fenchel [2], Milnor [5]), the total squared curvature (Langer and Singer [4]), and the Gauss integral of the linking number for a single curve, which, with the total torsion, leads to the notion of the self linking number (Pohl [7]) as functionals on the space of closed curves in  $\mathbb{R}^3$  with suitable conditions. But these functionals do not have the above properties. They do not blow up for curves with self-intersections, and we can not in general show the finiteness of knot types by them, though we can distinguish the trivial knot from non-trivial knots by the total curvature, and hence, by the total squared curvature ([1], [5]).

"Energy" of polygonal knots which is something like electrostatic energy was studied by Fukuhara [3], and "energy" of geodesic links in  $S^3$  which is defined by the principal angles was studied by Sakuma [9]. This work was motivated by [8].

In §1, we define the energy E, show the continuity of E, give a lower bound of E and the formulation for E by the double integral, and state a fundamental property of E. In §2, we show the finiteness of the knot types under the bounded value of  $E_{\lambda B}$ .

Throughout this paper, we always consider the embeddings from  $S^1$  into  $\mathbb{R}^3$  of class  $C^2$  such that the norm of the derivative is always one. We use the notation  $|\cdot|$  for the standard norm of  $\mathbb{R}^3$ .

#### §1. DEFINITIONS AND PROPERTIES OF ENERGY E

#### (1) Definitions and well-definedness

Definition 1.1. Let  $f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ , where  $|\cdot|$  denotes the standard norm of  $\mathbb{R}^3$ . Let  $\varepsilon$  be a real number with  $0 < \varepsilon < 1/2$ . We define  $V_{\varepsilon}(f, x)$  for  $x \in S^1$  and  $E_{\varepsilon}(f)$  by the following formulas.

(1) 
$$V_{\epsilon}(f, x) = \int_{x+\epsilon}^{1+x-\epsilon} |f(y) - f(x)|^{-2} dy,$$
  
(2)  $E_{\epsilon}(f) = \frac{1}{2} \int_{0}^{1} V_{\epsilon}(f, x) dx.$ 

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THEOREM 1.2. Let  $f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ . Then the following holds.

(1) There exists  $\lim_{x \to \infty} (V_{\epsilon}(f, x) - 2/\epsilon)$  for any  $x \in S^1$ . Let it be denoted by V(f, x).

(2) There exists  $\lim (E_{\epsilon}(f) - 1/\epsilon)$ . Let it be denoted by E(f). Then,

$$E(f) = \frac{1}{2} \int_{S^1} V(f, x) \, \mathrm{d}x$$

Definition 1.3. We call E(f) the energy of f.

*Proof.* (1) For the given f, let a positive number K be the maximum of the curvature |f''(t)|. To show (1), it is enough to show the existence of V(f, 0). For  $0 \le y \le \pi/K$ , define  $\theta(y) \ge 0$  by  $\cos \theta(y) = (f'(y), f'(0))$ , where (,) denotes the standard inner product of  $\mathbb{R}^3$ . Then, for  $0 \le y \le \pi/K$ , we have  $\theta(y) \le Ky$ , and hence we have the following estimate of |f(y) - f(0)|;

$$y \ge |f(y) - f(0)| \ge \int_0^y \cos \theta(t) \, dt \ge \int_0^y \cos Kt \, dt = K^{-1} \sin Ky \cdots$$
 (1.2.1)

Therefore for any  $\varepsilon_1$ ,  $\varepsilon_2$  with  $0 < \varepsilon_1 < \varepsilon_2 < \pi/K$ , we have:

$$2\int_{\epsilon_1}^{\epsilon_2} y^{-2} \, \mathrm{d}y \leq V_{\epsilon_1}(f,0) - V_{\epsilon_2}(f,0) \leq 2\int_{\epsilon_1}^{\epsilon_2} (K^{-1}\sin Ky)^{-2} \, \mathrm{d}y,$$

and hence,

$$0 \leq (V_{\varepsilon_1}(f, 0) - 2/\varepsilon_1) - (V_{\varepsilon_2}(f, 0) - 2/\varepsilon_2)$$
$$\leq 2 \{ (K \cot K\varepsilon_1 - 1/\varepsilon_1) - (K \cot K\varepsilon_2 - 1/\varepsilon_2) \}.$$

Since there exists lim (K cot Kt - 1/t), there exists the limit lim ( $V_{\epsilon}(f, 0) - 2/c$ ).

(2) Note that in the above proof,  $V_{\epsilon}(f, x) - 2/\epsilon$  converges to V(f, x) uniformly on x. As  $V_{\epsilon}(f, x)$  is a continuous function of x for all  $\epsilon$ , V(f, x) is a continuous function of x, and hence is integrable. The assertion follows directly from the uniform convergence of V(f, x). (q.e.d.)

#### (2) Continuity

Put  $\mathscr{L} = \{ f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3 ; \text{embedding of class } C^2 \text{ such that } |f'(t)| = 1 \text{ for all } t \in S^1 \}.$ 

**PROPOSITION 1.4.** The energy functional  $E: \mathcal{L} \to \mathbb{R}$  is continuous with respect to the  $C^2$ -topology.

*Proof.* Suppose  $f \in \mathscr{L}$ . We have to show that for a given positive number  $\varepsilon$  there exist positive numbers  $d_0$ ,  $d_1$ ,  $d_2$  such that if  $g \in \mathscr{L}$  satisfies  $|f(x) - g(x)| < d_0$ ,  $|f'(x) - g'(x)| < d_1$ , and  $|f''(x) - g''(x)| < d_2$  for all  $x \in S^1$ , then  $|E(f) - E(g)| < \varepsilon$ . Put  $K = \max_{s \in S^1} |f''(s)|$ . Put  $d_2 = K$ , then  $|g''(x)| \le 2K$  for all x. There exists a positive number  $\delta_1$  such that if  $0 < t \le \delta_1$  then

$$|2K \cot 2Kt - 1/t| < \varepsilon/4$$
 and  $|K \cot Kt - 1/t| < \varepsilon/4$ .

Therefore for any  $x \in S^1$  we have

$$|V(f, x) - (V_{\delta_1}(f, x) - 2|\delta_1)| \leq \varepsilon,$$

and

$$|V(g, x) - (V_{\delta_1}(g, x) - 2|\delta_1)| \leq \varepsilon.$$

Put

$$\delta_2 = \inf_{|x-y| \ge \delta_1} \{|f(x) - f(y)|\} = \min_{|x-y| \ge \delta_1} \{|f(x) - f(y)|\} > 0,$$

and  $d_0$  such that  $(\delta_2 - 2d_0)^{-2} - \delta_2^{-2} < \varepsilon$ . Then  $|V_{\delta_1}(f, x) - V_{\delta_1}(g, x)| < \varepsilon$  for all x. Therefore  $|V(f, x) - V(g, x)| < 3\varepsilon$  for all x, and hence  $|E(f) - E(g)| < 3\varepsilon/2$ . (q.e.d.)

# (3) Lower bound of V and E

**PROPOSITION 1.5.** Let  $f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ . Then we have  $V(f, x) \ge -4$  for all  $x \in S^1$  and  $E(f) \ge -2$ .

*Proof.*  $|f(x) - f(x \pm s)| \le s$  for all x and for all s satisfying  $0 \le s \le 1/2$ . The assertion follows immediately. (q.e.d.)

#### (4) Example, the standard $S^{1}$

Define an embedding  $i: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  by

 $i(t) = (1/2\pi \cos 2\pi t, 1/2\pi \sin 2\pi t, 0).$ 

Then,

$$V_{\varepsilon}(i, x) = \int_{x+\varepsilon}^{1+x-\varepsilon} \pi^2 \{\sin \pi (y-x)\}^{-2} dy = 2\pi \cot \pi \varepsilon,$$

therefore,  $V(i, x) = \lim_{\epsilon \to 0} (V_{\epsilon}(i, x) - 2/\epsilon) = 0$ . Hence E(i) = 0.

# (5) Formulation for E by double integral

Let  $f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ . Using the above example we get;

$$V(f, x) = \lim_{\epsilon \to 0} \left( V_{\epsilon}(f, x) - 2/\epsilon \right) = \lim_{\epsilon \to 0} \left( V(f, x) - V(\epsilon, x) \right)$$
$$= \lim_{\epsilon \to 0} \int_{x+\epsilon}^{1+x-\epsilon} |f(x) - f(y)|^{-2} - \pi^2 \{\sin \pi (y-x)\}^{-2} \, \mathrm{d}y.$$

CLAIM 1.6. Let f be as before. If we define F(f; x, y) by

$$F(f; x, y) = |f(x) - f(y)|^{-2} - \pi^2 \{\sin \pi (y - x)\}^{-2}$$

for  $x \neq y$ , then F is continuous and bounded on  $S^1 \times S^1$ -diagonal.

*Proof.* Put 
$$K = \max_{y \in S^1} |f''(s)|$$
 and  $t = \min\{|x - y|, 1 - |x - y|\}$ . If  $0 < t < \pi/K$  we have  
 $t^{-2} \le |f(x) - f(y)|^{-2} \le K^2 (\sin Kt)^{-2}$ ,

and hence,

$$t^{-2} - \pi^2 (\sin \pi t)^{-2} \leq F(f; x, y) \leq K^2 (\sin K t)^{-2} - \pi^2 (\sin \pi t)^{-2}.$$

The left term goes to  $-\pi^2/3$  and the right term to  $K^2/3 - \pi^2/3$  as t goes to +0. Hence F is bounded on  $S^1 \times S^1$ -diagonal. (q.e.d.) Let us put  $F(f; x, x) = \lim F(f; x, y)$  if exists, or else F(f; x, x) = 0. Then,

$$V(f, x) = \lim_{\epsilon \to 0} \int_{x+\epsilon}^{1+x-\epsilon} F(f; x, y) \, \mathrm{d}y = \int_0^1 F(f; x, y) \, \mathrm{d}y.$$

$$\int_0^1 V(f, x) \, \mathrm{d}x, \text{ we get:}$$

Since  $E(f) = \frac{1}{2} \int_0^1 V(f, x) \, dx$ , we get;

THEOREM 1.7. Let  $f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ . Then we have;

$$E(f) = \frac{1}{2} \iint_{S^1 \times S^1} |f(x) - f(y)|^{-2} - \pi^2 \{\sin \pi (y - x)\}^{-2} dx dy$$

### (6) The fundamental property of E

We want to show the following statement; "Two distinct points in  $S^1$  can not approach each other so close if the energy E is bounded above."

Let us consider the following condition.

(#) For some x, 
$$y \in S^1$$
 with min  $\{|x - y|, 1 - |x - y|\} = \delta$ ,  $|f(x) - f(y)| = \sigma$ .

We can calculate a lower bound of the energy E under the above condition (#) by integrating over S<sup>1</sup> the minimum of V at each point of S<sup>1</sup> under the condition (#). In this section, we will omit the letter "f" in V. We may assume x = 0 and  $y = \delta$ . Put  $\gamma = 1 - \delta$ . For  $0 \le t \le (\delta - \sigma)/2$ , we have

$$V_{\varepsilon}(\delta-t), V_{\varepsilon}(t) \ge \left(\int_{\varepsilon}^{(\delta+\sigma)/2} + \int_{\varepsilon}^{(\gamma+\sigma)/2+t} + \int_{t+\sigma}^{(\delta+\sigma)/2} + \int_{t+\sigma}^{(\gamma+\sigma)/2+t}\right) s^{-2} \,\mathrm{d}s.$$

(See Fig. 1.9.) Hence, we have

$$V(\delta - t), V(t) \ge 2((t + \sigma)^{-1} - 2(\delta + \sigma)^{-1} - 2(\gamma + \sigma + 2t)^{-1}).$$

For  $0 \leq t \leq (\gamma - \sigma)/2$  we have similarly

$$V(\delta + t), V(-t) \ge 2((t + \sigma)^{-1} - 2(\gamma + \sigma)^{-1} - 2(\delta + \sigma + 2t)^{-1})$$

For  $(\delta - \sigma)/2 \leq t \leq (\delta + \sigma)/2$  and  $\delta + (\gamma - \sigma)/2 \leq t \leq \delta + (\gamma + \sigma)/2$  we have  $V(t) \geq -4$  by Proposition 1.5. Hence under the condition (#), we have

$$E(f) = \frac{1}{2} \int_{S^1} V \ge \frac{1}{2} (2\sigma)(-4) + 2 \int_0^{(\delta-\sigma)/2} \{(t+\sigma)^{-1} - 2(\delta+\sigma)^{-1} - 2(\gamma+\sigma+2t)^{-1}\} dt$$
  
+  $2 \int_0^{(\gamma-\sigma)/2} \{(t+\sigma)^{-1} - 2(\gamma+\sigma)^{-1} - 2(\delta+\sigma+2t)^{-1}\} dt$   
=  $-4\sigma - 2(\delta-\sigma)/(\frac{\delta}{4} + \sigma) - 2(\gamma-\sigma)/(\gamma+\sigma) - 4\log 2 + 4\log(\delta+\sigma)$   
+  $4\log(\gamma+\sigma) - 4\log \sigma$   
 $\ge -4 - 8\log 2 + 4\log \delta - 4\delta - 4\log \sigma.$ 

Therefore,

$$\log \sigma \geq -E/4 - 1 - \log 4 - \delta + \log \delta.$$

Summarizing these up, we have



THEOREM 1.8. Given real numbers  $\alpha \ge -2$  and  $\delta > 0$ . Let  $f: S^1 = \mathbb{R}, \mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ . Suppose  $E(f) \le \alpha$  and  $\min\{|x - y|, 1 - |x - y|\} = \delta$  for  $x, y \in S^1$ , then we have:

$$|f(x) - f(y)| \ge \frac{\delta}{4e \cdot \exp(\alpha/4) \cdot \exp \delta} > \frac{\delta}{18 \exp(\alpha/4)}.$$

#### §2. FINITENESS OF KNOT TYPES

#### (1) Bending energy

To make things easier, we consider the sum of the energy E and the total squared curvature. The latter physically corresponds to the bending energy of the elastic rod. Let  $f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ . We define the bending energy of f by

$$B(f) = \frac{1}{4\pi^2} \int_0^1 |f''(t)|^2 \,\mathrm{d}t.$$

We give the lower bound of the bending energy B, which we use later in Theorem 2.4.

THEOREM 2.2. (Fenchel [2]) Let f be as above. Then  $B(f) \ge 1$ .

#### (2) $E_{\lambda B}$ and the finiteness of knot types

Definition 2.3. Let  $f: S^1 = \mathbb{R}/\mathbb{Z} \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$ . For a positive number  $\lambda$ , define  $E_{\lambda B}(f)$  by

$$E_{\lambda B}(f) = E(f) + \lambda B(f)$$
  
=  $\frac{1}{2} \iint_{S^1 \times S^1} \{ |f(x) - f(y)|^{-2} - \pi^2 \{ \sin \pi (y - x) \}^{-2} + \lambda / 4\pi^2 (|f''(x)|^2 + |f''(y)|^2) \} dx dy.$ 

Let f be as before. We have  $E(f) \ge -2$  by Proposition 1.5 and  $B(f) \ge 1$  by Theorem 2.2. Given a real number  $\alpha \ge \lambda - 2$ , then  $E_{\lambda B}(f) \le \alpha$  means  $E(f) \le \alpha - \lambda$  and  $B(f) \le \lambda^{-1}(\alpha + 2)$ . (Remark that  $E_{\lambda B}(f) \le \alpha$  for some f means necessarily  $\alpha \ge \lambda - 2$ .)

Now we can have a main theorem.

THEOREM 2.4. Given real numbers  $\lambda > 0$  and  $\alpha \ge \lambda - 2$ . Then there exist only finitely many ambient isotopy classes of embeddings (knot types) which can be represented by an embedding f of class  $C^2$  from  $S^1$  into  $\mathbb{R}^3$  such that |f'(t)| = 1 for all  $t \in S^1$  and that  $E_{\lambda B}(f) \le \alpha$ .

LEMMA 2.5. For given  $\lambda > 0$  and  $x \ge \lambda - 2$ , there exists a positive number  $r = r(\lambda, x)$  with a following property.

Let  $f: S^1 \to \mathbb{R}^3$  be an embedding of class  $C^2$  such that |f'(t)| = 1 for all  $t \in S^1$  and that  $E_{iB}(f) \leq \alpha$ , X be a point in  $f(S^1)$ , and  $B_i(X)$  be a 3-ball with center X and radius r. Then  $B_{\epsilon}(X) \cap f(S^{1})$  is an arcwise connected unknotted curve segment, that is, it can pass into a straight line segment by an isotopy of  $B_r(X)$  which keeps the boundary sphere fixed.

We show that Lemma 2.5 implies Theorem 2.4.

*Proof of Theorem* 2.4. For given  $\lambda > 0$  and  $\alpha \ge \lambda - 2$ , take a positive number  $r = r(\lambda, \alpha)$ of the above Lemma, and put the natural number  $N = N(\lambda, \alpha) = \lfloor 1/2r \rfloor + 1$ , where [] is Gauss's symbol. Suppose  $E_{\lambda B}(f) \leq \alpha$ . Then  $f(S^1)$  can be covered by N balls with radius r in each of which  $f(S^1)$  is an unknotted curve segment. Hence  $f(S^1)$  is ambient isotopic to a PL knot with N vertices. Now the proof follows directly from the fact that there exist only finitely many knot types of PL knots with N vertices. (q.e.d.)

Proof of Lemma 2.5. We show that

$$r = 1/18 \exp\left((\alpha - \lambda)/4\right) \cdot (2 - \sqrt{2})\lambda/4\pi^2(\alpha + 2)$$

has the property of Lemma 2.5.

Suppose  $E_{\lambda B}(f) \leq \alpha$ . Then we have  $E(f) \leq \alpha - \lambda$  and  $B(f) \leq (\alpha + 2)/\lambda$ , may assume X = f(0) = 0 and f'(0) = (1, 0, 0). Put  $f = (f_1, f_2, f_3)$  and  $t_0 = (2 - \sqrt{2})\lambda/4\pi^2(\alpha + 2)$ .

For  $0 \leq t \leq t_0$  we have the following estimates:

$$|f'(t) - f''(0)|^2 = \left| \int_0^t f''(s) \, \mathrm{d}s \right|^2$$
  
$$\leq \left( \int_0^t |f''(s)| \, \mathrm{d}s \right)^2$$
  
$$\leq t \int_0^t |f''(s)|^2 \, \mathrm{d}s$$
  
$$\leq t 4\pi^2 (\alpha + 2)/\lambda \leq 2 - \sqrt{2},$$

and therefore  $f'_{1}(t) \ge 1/\sqrt{2}$  and  $f_{1}(t)/|f(t)| > 1/\sqrt{2}$  since  $f_{1}(t) > t/\sqrt{2}$ . Hence for  $0 \leq t \leq t_0$  we have

$$\frac{\mathrm{d}}{\mathrm{d}t}(|f(t)|^2) = 2(f(t), f'(t)) > 0.$$

Besides, for  $t_0 \le t \le 1/2$  we have |f(t)| > r by Theorem 1.9. Summarizing these up, we have (q.c.d.) the proof.

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