# Higher order rectifiability via Reifenberg theorems for sets and measures 

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# Abstract of the Dissertation Higher order rectifiability via Reifenberg theorems for sets and measures 

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We say a measure is $C^{1, \alpha} d$-rectifiable if there is a countable union of $C^{1, \alpha} d$-surfaces whose complement has measure zero. We provide sufficient conditions for a Radon measure in $\mathbb{R}^{n}$ to be $C^{1, \alpha} d$-rectifiable, with $\alpha \in(0,1]$. The conditions involve a Bishop-Jones type square function and all statements are quantitative in that the $C^{1, \alpha}$ constants depend on such a function. Along the way we also give sufficient conditions for $C^{1, \alpha}$ parametrizations for one-sided Reifenberg flat sets in terms of the same square function. Key tools for the proof come from Guy David and Tatiana Toro's Reifenberg parametrizations of sets with holes in the Hölder and Lipschitz categories. Finally we provide a rich collection of examples and observations on $C^{1, \alpha}$ functions and $C^{1, \alpha}$ rectifiable sets.

To zia Marisa, nonno, zio Roberto and Carletto

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## Chapter 1

## Introduction

### 1.1 Background

Recall that a set $E$ in $\mathbb{R}^{n}$ is Lipschitz image $d$-rectifiable - countably $d$-rectifiable in Federer's terminology - if there exist countably many Lipschitz maps $f_{i}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ such that $\mathcal{H}^{d}\left(E \backslash \bigcup_{i} f_{i}\left(\mathbb{R}^{d}\right)\right)=\mathcal{H}^{d}\left\llcorner E\left(\mathbb{R}^{n} \backslash \bigcup_{i} f_{i}\left(\mathbb{R}^{d}\right)\right)=0\right.$, where $\mathcal{H}^{d}$ denotes the $d$-dimensional Hausdorff measure. In this paper, we investigate sets that can be covered by images of more regular maps (see Section 1.2 for the statements of the main results and Section 1.4 for motivations).

We say that a set $E$ in $\mathbb{R}^{n}$ is $C^{1, \alpha} d$-rectifiable if there exist countably many continuously differentiable Lipschitz maps $f_{i}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ with $\alpha$-Hölder derivatives such that

$$
\begin{equation*}
\mathcal{H}^{d}\left\llcorner E\left(\mathbb{R}^{n} \backslash \bigcup_{i} f_{i}\left(\mathbb{R}^{d}\right)\right)=0\right. \tag{1.1.1}
\end{equation*}
$$

For Lipschitz image rectifiability, we could replace the class of Lipschitz images with bi-Lipschitz images, $C^{1}$ images, Lipschitz graphs, or $C^{1}$ graphs without changing the class of rectifiable sets; see Theorem 3.2.29 in [Fed69] and [Dav91] for proofs of these equivalences. From now on we will refer to Lipschitz image rectifiability simply as rectifiability.

On the other hand, rectifiability of order $C^{1, \alpha}$ does not imply rectifiability of order $C^{1, \alpha^{\prime}}$
for any $0 \leq \alpha<\alpha^{\prime} \leq 1$. More generally, $C^{k-1,1}$ rectifiability is equivalent to $C^{k}$ rectifiability (Proposition 3.2 in [AS94]), while there are $C^{k, s}$ rectifiable sets that are not $C^{m, t}$ rectifiable, whenever $k, m \geq 1$ and $k+s<m+t$ (Proposition 3.3 in [AS94]). For completeness, we include the proofs of these results in the Appendix, as Propositions 5.1.1 and 5.1.2.

Classical rectifiability of sets has been widely studied and characterized, see [Mat95] for an exposition. However, a quantitative theory of rectifiability was only developed in the late 1980s to study connections between rectifiable sets and boundedness of singular integral operators. Peter Jones in [Jon90] gives a quantitative control on the length of a rectifiable curve in terms of a sum of $\beta$ numbers. These numbers capture, at a given scale and location, how far a set is from being a line. Jones' proof was generalized to 1-dimensional objects in $\mathbb{R}^{n}$ by K. Okikiolu in [Oki92] and in Hilbert spaces by R. Schul in [Sch07].

In [DT12] G. David and T. Toro prove that one-sided Reifenberg flat sets admit a bi-Hölder parametrization, which is a refinement of Reifenberg's original proof in [Rei60]. Moreover, if one also assumes square summability of the $\beta$ 's the parametrization is actually bi-Lipschitz (see also [Tor95]). To better understand this, consider a variation of the usual snowflake. Start with the unit segment $[0,1]$, and let this be step 0 . At each step $i$ we create an angle of $\alpha_{i}$ by adding to each segment of length $2^{-i+1}$ an isosceles triangle in the center, with base $2^{-i+1} / 3$ and height $2^{-i+1} \alpha_{i} / 6$ (since the $\alpha_{i}$ 's are small we can use a first order approximation). Then the resulting curve is rectifiable (i.e. has finite length) if and only if $\sum_{i} \alpha_{i}^{2}<\infty$ (see Exercise 10.16 in [BP17]).

Consider now a smoothened version of the snowflake where we stop after a finite number of iterations. This set is clearly $C^{1, \alpha}$ rectifiable. Our goal is to prove a quantitative bound on the Hölder constants in term of the quantity $\sum_{i} \alpha_{i}^{2} / 2^{-2 \alpha i}<\infty$. For a general one-sided Reifenberg flat set $E$, this means that we can find a parametrization of $E$ via a $C^{1, \alpha}$ map. The proofs of the parametrization results (Sections 3 and 4) follow the steps of the proof in the paper [DT12]. However detailed knowledge of their paper will not be assumed. Instead specific references will be given for those interested in the proofs of the cited results.

### 1.2 Outline of the dissertation and main results

Throughout the manuscript, we will prove three different versions of the main theorem on parametrizations. For convenience we will now state only two of them, Theorems A and B. We state the more technical Theorem 3.1.4 and Theorem 3.1.6 in Section 3 after a few more definitions. Then we state Theorems I and II which are our rectifiability results. Let us recall the definition of $\beta$ numbers.

Definition 1.2.1. Let $E \subseteq \mathbb{R}^{n}, x \in \mathbb{R}^{n}$, and $r>0$. Let $d$ be a fixed integer, $0<d<n$. Define

$$
\begin{equation*}
\beta_{\infty}^{E, d}(x, r)=\frac{1}{r} \inf _{P}\left\{\sup _{y \in E \cap B(x, r)} \operatorname{dist}(y, P)\right\}, \tag{1.2.1}
\end{equation*}
$$

if $E \cap B(x, r) \neq \varnothing$, where the infimum is taken over all $d$-planes $P$, and $\beta_{\infty}^{E}(x, r)=0$ if $E \cap B(x, r)=\varnothing$. If $E$ is measurable, define

$$
\begin{equation*}
\beta_{1}^{E, d}(x, r)=\inf _{P}\left\{\frac{1}{r^{d}} \int_{y \in E \cap B(x, r)} \frac{\operatorname{dist}(y, P)}{r} d \mathcal{H}^{d}(y)\right\} \tag{1.2.2}
\end{equation*}
$$

for $x \in \mathbb{R}^{n}$ and $r>0$, where the infimum is taken over all $d$-planes $P$.
Remark 1.2.2. In the future we will write $\beta_{\infty}^{E}(x, r)$ for $\beta_{\infty}^{E, d}(x, r)$, and $\beta_{1}^{E}(x, r)$ for $\beta_{1}^{E, d}(x, r)$, omitting the dependence on $d$, to avoid a too cumbersome notation, as there will not be any chance for confusion.

Next, we need to define what is meant by one-sided Reifenberg flat.
Definition 1.2.3. Let $E \subseteq \mathbb{R}^{n}$ closed and let $\varepsilon>0$. Let $d$ be a fixed integer, $0<d<n$. Define $E$ to be $(\varepsilon, d)$-Reifenberg flat if the following condition holds.

For $x \in E, 0<r \leq 10$ there is a $d$-plane $P(x, r)$ such that

$$
\begin{align*}
\operatorname{dist}(y, P(x, r)) \leq \varepsilon r, & \forall y \in E \cap B(x, r)  \tag{1.2.3}\\
\operatorname{dist}(y, E) \leq \varepsilon r, & \forall y \in P(x, r) \cap B(x, r)
\end{align*}
$$

Definition 1.2.4. Let $x \in \mathbb{R}^{n}$ and $r>0$. If $E, F \subseteq \mathbb{R}^{n}$ both meet $B(x, r)$ define normalized Hausdorff distances to be the quantities

$$
\begin{equation*}
d_{x, r}(E, F)=\frac{1}{r} \max \left\{\sup _{y \in E \cap B(x, r)} \operatorname{dist}(y, F), \sup _{y \in F \cap B(x, r)} \operatorname{dist}(y, E)\right\} . \tag{1.2.4}
\end{equation*}
$$

Definition 1.2.5. Let $E \subseteq \mathbb{R}^{n}$ closed and let $\varepsilon>0$. Define $E$ to be one-sided $(\varepsilon, d)$ Reifenberg flat if the following conditions (1)-(2) hold.
(1) For $x \in E, 0<r \leq 10$ there is a $d$-plane $P(x, r)$ such that

$$
\operatorname{dist}(y, P(x, r)) \leq \varepsilon r, \quad y \in E \cap B(x, r)
$$

(2) Moreover we require some compatibility between the $P(x, r)^{\prime}$ 's:

$$
\begin{array}{ll}
d_{x, 10^{-k}}\left(P\left(x, 10^{-k}\right), P\left(x, 10^{-k+1}\right)\right) \leq \varepsilon, & \forall x \in E, \forall k \geq 0,  \tag{1.2.5}\\
d_{x, 10^{-k+2}}\left(P\left(x, 10^{-k}\right), P\left(y, 10^{-k}\right)\right) \leq \varepsilon, & \forall x, y \in E,|x-y| \leq 10^{-k+2}, \forall k \geq 0
\end{array}
$$

Remark 1.2.6. We will simply write (one-sided) Reifenberg flat for (one-sided) ( $\varepsilon, d$ )Reifenberg flat, as $\varepsilon$ and $d$ will stay fixed, throughout the paper.

Remark 1.2.7. It is important to observe that the sets in Definition 1.2.3 are not allowed to have any holes, meaning that $E$ must be simply connected, while the sets in Definition 1.2.5 are allowed holes of any size. The compatibility conditions is (2) are automatically satisfied by Reifenberg flat sets without holes.

Before we state our main results, let us recall some theorems of G. David and T. Toro [DT12].

Theorem 1.2.8 (G. David, T. Toro, Proposition 8.1 [DT12]). Let $\varepsilon>0$ small enough and let $E \subseteq B(0,1)$, where $B(0,1)$ denotes the unit ball in $\mathbb{R}^{n}$. Assume $E$ is one-sided Reifenberg
flat. Then there exists a map $f: \Sigma_{0} \rightarrow \mathbb{R}^{n}$, where $\Sigma_{0}$ is a d-plane in $\mathbb{R}^{n}$, such that $E \subset f\left(\Sigma_{0}\right)$ and $f$ is bi-Hölder.

Remark 1.2.9. We can get the map $f$ in Theorem 1.2 .8 to be bi-Hölder with any exponent strictly smaller than 1 , by choosing $\varepsilon$ accordingly small.

Set $r_{k}=10^{-k}$.

Theorem 1.2.10 (G. David, T. Toro, Corollary 12.6 [DT12]). Let $E$ be as in Theorem 1.2.8 and moreover assume that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \beta_{\infty}^{E}\left(x, r_{k}\right)^{2} \leq M, \quad \text { for all } x \in E \tag{1.2.6}
\end{equation*}
$$

Then $f: \Sigma_{0} \rightarrow \mathbb{R}^{n}$ is bi-Lipschitz, and $E \subset f\left(\Sigma_{0}\right)$. Moreover the Lipschitz constants depend only on $n, d$, and $M$.

Moreover,

Theorem 1.2.11 (G. David, T. Toro, Corollary 13.1 [DT12]). Let E measurable be as in Theorem 1.2.8 and moreover assume that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \beta_{1}^{E}\left(x, r_{k}\right)^{2} \leq M, \quad \text { for all } x \in E \tag{1.2.7}
\end{equation*}
$$

Then $f: \Sigma_{0} \rightarrow \Sigma$ is bi-Lipschitz. Moreover the Lipschitz constants depend only on $n$, d, and $M$.

We are now ready to state our theorems.

Theorem A. Let $E \subseteq B(0,1)$ be a one-sided Reifenberg flat set and $\alpha \in(0,1)$. Also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \frac{\beta_{\infty}^{E}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \leq M, \quad \text { for all } x \in E \tag{1.2.8}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse are $C^{1, \alpha}$ maps. In particular, $f$ is continuously differentiable. Moreover the Hölder constants depend only on n, d, and M.

When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.8) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $f$ and its inverse are $C^{1,1}$ maps.

Remark 1.2.13. The case $\alpha=0$ was studied in [DT12], see Theorem 1.2.10. Notice that they obtain a Lipschitz parametrization, that is $C^{0,1}$ and not a $C^{1}$ parametrization. For the case $\alpha=1$ we need a small perturbation of our hypothesis for the proof to extend to this case and obtain a $C^{1,1}$ parametrization. (see Theorem 3.1.6).

We say that a function $\omega$ satisfies the Dini condition if $\sum_{k=1}^{\infty} \omega\left(r_{k}\right)<\infty$. A possible choice for $\eta$ in Theorem A is $\eta\left(r_{k}\right)=\frac{1}{\log \left(1 / r_{k}\right)^{\gamma}}=\frac{1}{\log (10)^{\gamma}} \frac{1}{k^{\gamma}}$, for $\gamma>\frac{1}{2}$.

Even without assuming a higher regularity on our set $E$, such as Ahlfors regularity, we can prove a better sufficient condition involving the possibly smaller $\beta_{1}$ numbers.

Theorem B. Let $E \subseteq B(0,1)$ be a measurable one-sided Reifenberg flat set and $\alpha \in(0,1)$. Also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \frac{\beta_{1}^{E}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \leq M, \quad \text { for all } x \in E \tag{1.2.9}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse are $C^{1, \alpha}$ maps. In particular, $f$ is continuously differentiable. Moreover the Hölder constants depend only on $n$, $d$, and $M$.

When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.9) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $f$ and its inverse are $C^{1,1}$ maps.

Before stating the other results, let us recall the definition of density of a measure.

Definition 1.2.15. Let $0 \leq s<\infty$ and let $\mu$ be a measure on $\mathbb{R}^{n}$. The upper and lower
$s$-densities of $\mu$ at $x$ are defined by

$$
\begin{align*}
\theta^{* s}(\mu, x) & =\limsup _{r \rightarrow 0} \frac{\mu(B(x, r))}{r^{s}}  \tag{1.2.10}\\
\theta_{*}^{s}(\mu, x) & =\liminf _{r \rightarrow 0} \frac{\mu(B(x, r))}{r^{s}}
\end{align*}
$$

If they agree, their common value is called the $s$-density of $\mu$ at $x$ and denoted by

$$
\begin{equation*}
\theta^{s}(\mu, x)=\theta^{* s}(\mu, x)=\theta_{*}^{s}(\mu, x) \tag{1.2.11}
\end{equation*}
$$

If $E \subseteq \mathbb{R}^{n}$, we define the upper and lower $s$-densities of $E$ at $x$ as $\theta^{* s}(E, x)=\theta^{* s}\left(\mathcal{H}^{s}\llcorner E, x)\right.$ and $\theta_{*}^{s}(E, x)=\theta_{*}^{s}\left(\mathcal{H}^{s}\llcorner E, x)\right.$, respectively.

We are now ready to state the theorems regarding rectifiability.

Theorem I. Let $E \subseteq \mathbb{R}^{n}$ such that $0<\theta^{d *}(E, x)<\infty$, for $\mathcal{H}^{d}$ a.e. $x \in E$ and let $\alpha \in(0,1)$. Assume that for almost every $x \in E$,

$$
\begin{equation*}
J_{\infty, \alpha}^{E}(x)=\sum_{k=0}^{\infty} \frac{\beta_{\infty}^{E}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}}<\infty \tag{1.2.12}
\end{equation*}
$$

Then $E$ is (countably) $C^{1, \alpha} d$-rectifiable.
When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.12) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $E$ is $C^{2}$ rectifiable.

Remark 1.2.16. For the second part of the statement recall that $C^{1,1}$ rectifiability coincides with $C^{2}$ rectifiability (see Proposition 5.1.1).

Remark 1.2.17. In Theorem I, we will use the assumptions on the upper density in order to prove that $E$ is rectifiable, using a Theorem of J. Azzam and X. Tolsa from [AT15]. We will need rectifiability in order to obtain (local) flatness. Note that, in this case, we cannot weaken the assumptions on the density to be $\theta^{d *}(E, x)>0$ and $\theta_{*}^{d}(E, x)<\infty$ to obtain
rectifiability, as in [ENV16], because we will use that $\theta^{d *}(E, x)<\infty$ to compare $\beta_{\infty}^{E}$ with $\beta_{2}^{E}$ in order to apply the aforementioned theorem of J. Azzam and X. Tolsa. See the proof of Theorem I for details.

We can also state a version of Theorem I for rectifiability of measures. If $\mu$ is a Radon measure, define

$$
\begin{equation*}
\beta_{p}^{\mu}(x, r)=\inf _{P}\left\{\frac{1}{r^{d}} \int_{y \in B(x, r)}\left(\frac{\operatorname{dist}(y, P)}{r}\right)^{p} d \mu(y)\right\}^{1 / p} \tag{1.2.13}
\end{equation*}
$$

for $x \in \mathbb{R}^{n}$ and $r>0$, where the infimum is taken over all $d$-planes $P$. Moreover, define

$$
\begin{equation*}
J_{p, \alpha}^{\mu}(x)=\sum_{k=0}^{\infty} \frac{\beta_{p}^{\mu}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \tag{1.2.14}
\end{equation*}
$$

Theorem II. Let $\mu$ be a Radon measure on $\mathbb{R}^{n}$ such that $0<\theta^{d *}(\mu, x)$ and $\theta_{*}^{d}(\mu, x)<\infty$ for $\mu$-a.e. $x$ and let $\alpha \in(0,1)$. Assume that for $\mu$-a.e. $x \in \mathbb{R}^{n}$,

$$
\begin{equation*}
J_{2, \alpha}^{\mu}(x)<\infty \tag{1.2.15}
\end{equation*}
$$

Then $\mu$ is (countably) $C^{1, \alpha} d$-rectifiable.
When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.15) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $\mu$ is $C^{2}$ rectifiable.

Remark 1.2.18. The density assumptions in Theorem II are weaker than the ones in Theorem I, as we will use Theorem 2.2.1 by N. Edelen, A. Naber and D. Valtorta instead of Theorem 2.1.1 by J. Azzam and X. Tolsa.

Note that the assumption $J_{2, \alpha}^{\mu}(x)<\infty$ implies $J_{1, \alpha}^{\mu}(x)<\infty$ (see Lemma 2.2.3), which is the condition we will need to apply Theorem B, and also that $\int_{0}^{1} \beta_{\mu, 2}(x, r)^{2} \frac{d r}{r}<\infty$ which is going to be used to apply a result by N. Edelen, A. Naber and D. Valtorta, [ENV16] (see Remark 2.2.2 for a more detailed discussion). Also in this case we will use the finiteness of
the upper density in Lemma 2.2.3, however, we do not need to assume that as it also follows from Theorem 2.2.1.

### 1.3 Structure of the manuscript

Because of the technical nature of the proofs of Theorems A and B, in Section 2 we first prove Theorems I and II using Theorems A and B. After that, in Section 3 we introduce the main tools for the proof and after we state the more technical Theorems 3.1.4 and 3.1.6. Then we construct a parametrization for our set $E$ using a so-called coherent collection of balls and planes (CCBP) to then conclude by proving Theorems 3.1.4 and 3.1.6. In Section 4 we provide proofs of Theorems A and B stated above. Finally, in Section 5 we include the a few examples, including the one from [AS94], together with some remarks on the main Theorems.

### 1.4 Motivation and RELATED WORK

Peter Jones [Jon90] proved that, given a collection of points in the plane, we can join them with a curve whose length is proportional to a sum of squares of $\beta$ numbers (plus the diameter). In particular, the length is independent of the number of points. This was the starting point of a series of results seeking to characterize, in a quantitative way, which sets are rectifiable. The motivation came from harmonic analysis, more specifically, the study of singular integral operators. It became clear that the classical notion of rectifiability does not capture quantititave aspects of the operators (such as boundedness) and a quantitative notion of rectifiability was needed. A theory of uniform rectifiability was developed and it turned out that uniformly rectifiable sets are the natural framework for the study of $L^{2}$ boundedness of singular integral operators with an odd kernel (see [DS93, DS91, Tol14]). The theory is developed for sets of any dimension, but a necessary condition for a set to be
uniformly rectifiable is that it is $d$-Ahlfors regular, where $d \in \mathbb{N}$. That is, the $d$-dimensional Hausdorff measure of a ball is comparable to its radius to the $d$-th power.

Peter Jones' Traveling Salesman Theorem works only for 1-dimensional sets, but does not assume any regularity. Several attempts have been made to prove similar analogues for sets (or measures) of dimension more than 1. In [Paj96] a version for 2-dimensional sets is proved. Menger curvature was also introduced to attempt to characterize rectifiability (see, among others, [Lég99, LW11, LW09, KS13, BK12, Kol10, Meu18, Goe18]). Other approaches can be found in [Mer16, Del08, San17]). J. Azzam and R. Schul [AS18] prove a higher dimensional version of the Traveling Salesman Theorem, that is, they estimate the $d$-dimensional Hausdorff measure of a set using a sum of $\beta$ numbers with no assumptions of Ahlfors regularity. Using this, together with [DT12], M. Villa [Vil17] proves a characterization of tangent points of a Jordan curve in term of $\beta$ numbers.

We say that a Radon measure $\mu$ on $\mathbb{R}^{n}$ is $d$-rectifiable if there exist countably many Lipschitz maps $f_{i}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ such that

$$
\mu\left(\mathbb{R}^{n} \backslash \bigcup_{i} f_{i}\left(\mathbb{R}^{d}\right)\right)=0
$$

Note that a set $E$ is $d$-rectifiable if and only if $\mathcal{H}^{d}\left\llcorner_{E}\right.$ is a $d$-rectifiable measure.
For measures which are absolutely continuous with respect to the Hausdorff measure, the above definition coincides which Lipschitz graphs rectifiability. That is, if we require the sets to be almost covered by Lipschitz graphs instead of images, we get an equivalent definition. J. Garnett, R. Kilip, and R. Schul [GKS10] proved that this is not true for general measures, even if we require the doubling condition (that is, the measure of balls is quantitatively comparable if we double the radius). They exhibit a doubling measure supported in $\mathbb{R}^{2}$, singular with respect to Hausdorff measure, which is Lipschitz image rectifiable but is not Lipschitz graph rectifiable.
D. Preiss, X. Tolsa, and T. Toro [PTT09] fully describe the Hölder regularity of doubling
measures in $\mathbb{R}^{n}$ for measures supported on any (integer) dimension. M. Badger and V. Vellis [BV17] extended part of the work to lower order rectifiable measures. They prove that the support of a Radon measure can be parametrized by a $(1 / s)$-Hölder map, under assumptions on the $s$-dimensional lower density. M. Badger, L. Naples and V. Vellis [BNV18] establish sufficient conditions that ensure a set of points is contained in the image of a $(1 / s)$ Hölder continuous map. M. Badger and R. Schul [BS15, BS17] characterize 1-dimensional (Lipschitz) rectifiable measures in terms of positivity of the lower density and finiteness of a Bishop-Jones type square function. H. Martikainen and T. Orponen [MO18] later proved that the density hypothesis above is necessary.

Recently, N. Edelen, A. Naber, and D. Valtorta [ENV16] proved that, for an $n$-dimensional Radon measure with positive upper density and finite lower density, finiteness of a BishopJones type function involving $\beta_{2}$ numbers implies rectifiability. The same authors [ENV18] study effective Reifenberg theorems for measures in a Hilbert or Banach space. J. Azzam and X. Tolsa [Tol15, AT15] characterized rectifiability of $n$-dimensional Radon measures using the same Bishop-Jones type function under the assumption that the upper density is positive and finite. Note that the density condition in [ENV16] is less restrictive (see [Tol17]). X. Tolsa [Tol17] obtains an alternative proof of the result in [ENV16] using the techniques from [Tol15, AT15]. For a survey on generalized rectifiability of measures, including classical results and recent advances, see [Bad18].
S. Kolasiński [Kol17] provides a sufficient condition in terms of averaged discrete curvatures, similar to integral Menger curvatures, for a Radon measure with positive lower density and finite upper density to be $C^{1, \alpha}$ rectifiable. Moreover, sharpness of the order of rectifiability of the result is obtained using the aforementioned example from [AS94]. This result is very similar in flavor to the result we prove in this paper. In fact, if the measure is Ahlfors regular, G. Lerman and T. Whitehouse [LW11, LW09] proved that Menger curvature and a Bishop-Jones type square function involving $L^{2} \beta$ numbers are comparable on balls. However, for measures which are not Ahlfors regular, the two quantities are not known to
be comparable.
Given such distinctions it is natural to investigate different types of rectifiability (e.g., Lipschitz image and Lipschitz graph rectifiability, $C^{2}$ and $C^{1, \alpha}$ rectifiability). There has been some progress in this direction concerning rectifiability of sets (by e.g. [AS94]) but the tools involved rely heavily on the Euclidean structure of $\mathcal{H}^{d}$ and give qualitative conditions. J. R. Dorronsoro [Dor85a, Dor85b] obtains a characterization for potential spaces and Besov spaces in terms of coefficients which are analogous to higher order versions of Peter Jones's $\beta$ numbers. Several recent works concerning connections between rectifiability and $\beta$ numbers seem to have been inspired by these results. There has been a great deal of interest in developing tools which allow further generalizations to rectifiability of measures which provide quantitative results. Using the techniques from [DT12] we develop such tools with the use of $\beta$ numbers and obtain results for $C^{1, \alpha}$ rectifiability.
E. R. Reifenberg [Rei60] proves that a "flat" set (what is today known as "Reifenberg flat" set) can be parametrized by a Hölder map. In [DKT01], G. David, C. Kenig, and T. Toro prove that a $C^{1, \alpha}$ parametrization for Reifenberg flat sets (without holes) with vanishing constants can be achieved under a pointwise condition on the $\beta$ 's (their conditions are stronger than our conditions).

Among the results involving Menger curvature, in [KS13], S. Kolasiński and M. Szumańska prove that $C^{1, \alpha}$ regularity, with appropriate $\alpha$ 's, implies finiteness of functionals closely related to Menger curvature. In [BK12], S. Blatt and S. Kolasiński prove that a compact $C^{1}$ manifold has finite integral Menger curvatures (a higher dimensional version of Menger curvature) if and only if it can be locally represented by the graph of some Sobolev type map.

In [Kol15], a bound on Menger curvature together with other regularity assumptions leads to a pointwise bound on $\beta$ numbers: this is the same bound which appears in [DKT01]. If in addition the set is fine, which among other things implies Reifenberg flatness allowing for small holes (that is, at scale $r$ holes are of the size of $\beta_{\infty}^{E}(x, r)$ ), then the same conclusion
as in [DKT01] holds, that is, the set can be parametrized by a $C^{1, \alpha}$ map.
It is interesting to note that in [DKT01] Reifenberg flatness, which does not allow for any holes, is used. On the other hand, in [Kol15] they allow small holes, that is, of size bounded by $\beta$. In contrast, we only require the set to be one-sided Reifenberg flat, which does not impose any restrictions on the size of the holes.

In the last few years, C. Fefferman, A. Israel, and G.K. Luli [FIL16] have been investigating Whitney type extension problems for $C^{k}$ maps, finding conditions to fit smooth functions to data.

### 1.5 Further developments

It is interesting to ask whether there exist analogous necessary conditions for higher order rectifiability. See Section 5 for some observations. The author believes similar results for $C^{k, \alpha}$ regularity hold with an appropriate generalization of the Jones $\beta$ numbers and of Reifenberg flatness of higher order. By appropriate generalization we mean to use polynomials instead of $d$-planes to approximate the set. This idea is not new, see for instance [Dor85a, Dor85b] and, more recently, [Pra17], Section 2.2.

## Chapter 2

## Proof of Theorems I and II on $C^{1, \alpha}$ Rectifiability

As mentioned in the introduction, we will start by using Theorems A and B to prove Theorems I and II. The former will be then proved in the later sections.

### 2.1 A SUFFICIENT CONDITION INVOLVING $\beta_{\infty}$ NUMBERS

To prove Theorem I we need to recall a result from [AT15]. Recall the $L^{2}$ version of $\beta$ numbers previously introduced: given $x \in \mathbb{R}^{n}$ and $r>0$, and an integer $0<d<n$, let

$$
\begin{equation*}
\beta_{2}^{\mu}(B(x, r))^{2}=\inf _{P} \frac{1}{r^{d}} \int_{B(x, r)}\left(\frac{\operatorname{dist}(y, P)}{r}\right)^{2} d \mu(y) \tag{2.1.1}
\end{equation*}
$$

where the infimum is taken over all $d$-planes $P$.

Theorem 2.1.1 (J. Azzam, J. Tolsa, Theorem 1.1, [AT15]). Let $\mu$ be a finite Borel measure in $\mathbb{R}^{n}$ such that $0<\theta^{d, *}(\mu, x)<\infty$ for $\mu$-a.e. $x \in \mathbb{R}^{n}$. If

$$
\begin{equation*}
\int_{0}^{1} \beta_{\mu, 2}(x, r)^{2} \frac{d r}{r}<\infty \quad \text { for } \mu \text {-a.e. } x \in \mathbb{R}^{n} \tag{2.1.2}
\end{equation*}
$$

then $\mu$ is d-rectifiable.

In this section we prove the following

Theorem I. Let $E \subseteq \mathbb{R}^{n}$ such that $0<\theta^{d *}(E, x)<\infty$, for $\mathcal{H}^{d}$ a.e. $x \in E$ and let $\alpha \in(0,1)$. Assume that for almost every $x \in E$,

$$
\begin{equation*}
J_{\infty, \alpha}^{E}(x)=\sum_{k=0}^{\infty} \frac{\beta_{\infty}^{E}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}}<\infty \tag{1.2.12}
\end{equation*}
$$

Then $E$ is (countably) $C^{1, \alpha} d$-rectifiable.
When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.12) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $E$ is $C^{2}$ rectifiable.

Before proceeding with the proof we want to note when different Jones' square functions are bounded by each other.

Remark 2.1.2. Let us formally state a fact well known by experts in the area and often used in the literature. In the literature, some results prefer using continuous versions of Jones' functions, while others prefer discretized ones. In our statementes we use a discrete version, as in [DT12], but we sometimes relate that to continuous versions, as in [AT15].

Let $a(r)$ be positive for any $r>0$ and suppose there exist constants $c, C>0$ such that $c a\left(r_{k+1}\right) \leq a(r) \leq C a\left(r_{k}\right)$ if $r_{k+1} \leq r \leq r_{k}$. Then there exists a constant $C_{0}>0$ such that

$$
\begin{equation*}
\frac{1}{C_{0}} \int_{0}^{1} a(r) \frac{d r}{r} \leq \sum_{k=0}^{\infty} a\left(r_{k}\right) \leq C_{0} \int_{0}^{1} a(r) \frac{d r}{r} \tag{2.1.3}
\end{equation*}
$$

Let us record some of the comparisons between different Jones' functions.

Lemma 2.1.3. Let $E \subseteq \mathbb{R}^{n}$ such that $0<\theta^{*}(E, x)<\infty$, for a.e. $x \in E$. Set $\mu=\mathcal{H}^{d}\llcorner E$. If for a.e. $x \in E$

$$
\begin{equation*}
J_{\infty}^{E}(x)=\sum_{k=0}^{\infty} \beta_{\infty}^{E}\left(x, r_{k}\right)^{2}<\infty \tag{2.1.4}
\end{equation*}
$$

then

$$
\begin{equation*}
\int_{0}^{1} \beta_{\mu, 2}(x, r)^{2} \frac{d r}{r}<\infty \quad \text { for } \mu \text {-a.e. } x \in \mathbb{R}^{n} \tag{2.1.5}
\end{equation*}
$$

and hence $E$ is rectifiable, that is, there exist countably many Lipschitz images $\Gamma_{i}$ such that $\mathcal{H}^{d}\left(E \backslash \bigcup_{i} \Gamma_{i}\right)=0$.

Proof. We want to prove that, for a.e. $x \in E$, there exists $r_{x}>0$ such that if $r<r_{x}$, then

$$
\begin{equation*}
\beta_{\mu, 2}(x, r) \leq C(x) \beta_{\infty}^{E}(x, r) \tag{2.1.6}
\end{equation*}
$$

It is enough to prove that, for a.e. $x \in E$, there exists $r_{x}>0$ such that if $r<r_{x}$,

$$
\begin{equation*}
\frac{\mathcal{H}^{d}(B \cap E)}{r^{d}} \leq C(x) \tag{2.1.7}
\end{equation*}
$$

This follows immediately by the assumption $\theta^{d *}(E, x)<\infty$. The conclusion follows from Theorem 2.1.1.

Remark 2.1.4. Note that a set $E$ that satisfies the hypotheses of Theorem I satisfies the hypotheses of Lemma 2.1.3, as $J_{\infty}^{E}(x) \leq J_{\infty, \alpha}^{E}(x)<\infty$.

Let us restate, for convenience of the reader, a Sard-type theorem (Theorem 7.6 in [Mat95]).

Theorem 2.1.5. If $g: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ is a Lipschitz map, then

$$
\begin{equation*}
\mathcal{H}^{d}\left(\left\{g(x) \mid \operatorname{dim}_{H}\left(g^{\prime}(x) \mathbb{R}^{d}\right)<d\right\}\right)=0 \tag{2.1.8}
\end{equation*}
$$

Lemma 2.1.6. If $f: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ is a Lipschitz map and $\Gamma=\operatorname{Im}(f)$, then $\Gamma=\Gamma_{b} \cup \bigcup_{q} A_{q}$, where each $A_{q}$ is one-sided Reifenberg flat and $\mathcal{H}^{d}\left(\Gamma_{b}\right)=0$.

Proof. By Theorem 3.2.39 in [Fed69] (Lipschitz and $C^{1}$ rectifiability are equivalent notions for measures absolutely continuous to Hausdorff measure), we know that there exists countably many $C^{1}$ maps $g_{i}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ such that $\Gamma \subseteq \bigcup_{i} g_{i}\left(\mathbb{R}^{d}\right)$. To simplify notations, let $g=g_{i}$, for some $i$, for the time being. For $\mathcal{H}^{d}$-almost every $z \in \operatorname{Im}(g)$, we know by Theorem 2.1.5 that
$\operatorname{rank}(D g(x))=d$ where $x$ is such that $g(x)=z$. Because $g$ is a continuously differentiable map, for any $\varepsilon^{\prime}>0$, we know that there exists a small enough neighborhood $U_{z} \ni x$ such that $\operatorname{rank}(D g(y))=d$ and

$$
\begin{equation*}
|D g(x)-D g(y)|<\varepsilon^{\prime} \tag{2.1.9}
\end{equation*}
$$

for every $y \in U_{z}$. We want to prove that $g\left(U_{z}\right)$ is one-sided Reifenberg flat. For any $x \in g\left(U_{z}\right)$ and $r>0$ let $P_{x, r}$ be the unique tangent $d$-plane to $g\left(U_{z}\right)$ at $x$ (without loss of generality we can assume the $C^{1}$ images not to self-intersect, as they do only in a measure zero set, that we can include in the bad set $\Gamma_{b}$ ). We need to check that $\operatorname{dist}\left(y, P_{x, r}\right) \leq \varepsilon r$, for $y \in g\left(U_{z}\right) \cap B(x, r)$ and

$$
\begin{array}{ll}
d_{x, 10^{-k}}\left(P_{x, r_{k}}, P_{x, r_{k-1}}\right) \leq \varepsilon, & x \in g\left(U_{z}\right), k \geq 0  \tag{2.1.10}\\
d_{x, 10^{-k+2}}\left(P_{x, r_{k}}, P_{y, r_{k}}\right) \leq \varepsilon, & x, y \in g\left(U_{z}\right),|x-y| \leq 10^{-k+2}, k \geq 0
\end{array}
$$

where we set $r_{k}=10^{-k}$.
By choosing $\varepsilon^{\prime}>0$ above small enough with respect to $\varepsilon$, all conditions are satisfied, as the derivative varies smoothly and so do the planes $P_{x, r}$ 's.

Because the choices of $g_{i}$ and $z$ are arbitrary we can repeat the same procedure for all the maps. Note we can choose countably many $z_{l}$ and still obtain a cover for $g_{i}\left(\mathbb{R}^{d}\right)$. We then have a collection of neighborhoods $U_{z_{l}}^{i}$ so that each $g_{i}\left(U_{z_{l}}^{i}\right)$ is one-sided Reifenberg flat and $\Gamma \subseteq \bigcup_{i, x} g_{i}\left(U_{z_{l}}^{i}\right)$ up to $\mathcal{H}^{d}$ measure zero $\Gamma_{b}$. Re-indexing the collection by $A_{q}$, we obtain the desired result.

We are now ready to prove Theorem I.

Proof of Theorem I. By Lemma 2.1.3 there exists countably many Lipschitz images $\Gamma_{i}$ such that $\mathcal{H}^{d}\left(E \backslash \bigcup_{i} \Gamma_{i}\right)=0$. Let $E_{i, q}=E \cap\left(\Gamma_{i}\right)_{q}$, where we applied Lemma 2.1.6 to each $\Gamma_{i}$ and
obtained $A_{q}=\left(\Gamma_{i}\right)_{q}$. Now, define

$$
\begin{equation*}
E_{i, q, p}=\left\{x \in E_{i, q} \mid J_{\infty, \alpha}(x) \leq p\right\} \tag{2.1.11}
\end{equation*}
$$

By Lemma 2.1.6 each of the $E_{i, q, p}$ satisfies the hypotheses of Theorem A and hence it can be parametrized by a $C^{1, \alpha}$ surface. Because $E=E_{b} \cup \bigcup_{i, q, p} E_{i, q, p}$, where $E_{b}$ has $\mathcal{H}^{d}$-measure zero, Theorem I follows.

### 2.2 A sufficient condition involving $\beta_{2}$ Numbers

We can also state a version of Theorem I for rectifiability of measures. If $\mu$ is a Radon measure, and $1 \leq p<\infty$, define

$$
\begin{equation*}
\beta_{p}^{\mu}(x, r)=\inf _{P}\left\{\frac{1}{r^{d}} \int_{y \in B(x, r)}\left(\frac{\operatorname{dist}(y, P)}{r}\right)^{p} d \mu(y)\right\}^{1 / p} \tag{2.2.1}
\end{equation*}
$$

for $x \in \mathbb{R}^{n}$ and $r>0$, where the infimum is taken over all $d$-planes $P$. Moreover, define,

$$
\begin{equation*}
J_{p, \alpha}^{\mu}(x)=\sum_{k=0}^{\infty} \frac{\beta_{p}^{\mu}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \tag{2.2.2}
\end{equation*}
$$

To prove the theorem we will use the following theorem by N. Edelen, A. Naber and D. Valtorta.

Theorem 2.2.1 (N. Edelen, A. Naber and D. Valtorta, [ENV16]). Let $\mu$ be a finite Borel measure in $\mathbb{R}^{n}$ such that $0<\theta^{d *}(\mu, x)$ and $\theta_{*}^{d}(\mu, x)<\infty$ for $\mu$-a.e. $x \in \mathbb{R}^{n}$. If

$$
\begin{equation*}
\int_{0}^{1} \beta_{\mu, 2}(x, r)^{2} \frac{d r}{r}<\infty \quad \text { for } \mu \text {-a.e. } x \in \mathbb{R}^{n} \tag{2.2.3}
\end{equation*}
$$

then $\mu$ is $d$-rectifiable and $\theta^{d *}(\mu, x)<\infty$, for $\mu$-a.e. $x \in \mathbb{R}^{n}$.

Theorem II. Let $\mu$ be a Radon measure on $\mathbb{R}^{n}$ such that $0<\theta^{d *}(\mu, x)$ and $\theta_{*}^{d}(\mu, x)<\infty$
for $\mu$-a.e. $x$ and let $\alpha \in(0,1)$. Assume that for $\mu$-a.e. $x \in \mathbb{R}^{n}$,

$$
\begin{equation*}
J_{2, \alpha}^{\mu}(x)<\infty \tag{1.2.15}
\end{equation*}
$$

Then $\mu$ is (countably) $C^{1, \alpha} d$-rectifiable.
When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.15) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $\mu$ is $C^{2}$ rectifiable.

Remark 2.2.2. Condition 1.2 .15 is slightly stronger than what we actually need. In fact, it implies that $J_{1, \alpha}^{\mu}(x)<\infty$ (see Lemma 2.2 .3 below). We use the latter condition to apply Theorem B. It also implies that $\int_{0}^{1} \beta_{\mu, 2}(x, r)^{2} \frac{d r}{r}<\infty$, which is a necessary hypothesis for applying Theorem 2.2.1. Notice that assuming only boundedness of the $L^{1}$ Bishop-Jones square function would not guarantee the set to be rectifiable (see [Tol17]).

As observed in the introduction, the density assumptions of Theorem 2.2.1 are weaker than the ones in Theorem 2.1.1. Note again that, if $\mu$ is rectifiable then it has $0<\theta_{*}^{d}(\mu, x)$ $\mu$-almost everywhere, so the following lemmas apply to $\mu$ in Theorem II. We will use the fact that $0<\theta_{*}^{d}(\mu, x)$ in order to be able to compare $\beta$ numbers computed with respect to $\mu$ and those computed using $\mathcal{H}^{d}$ and the fact that $\theta^{d *}(\mu, x)<\infty$ to compare $L^{1}$ and $L^{2}$ Jones functions.

Lemma 2.2.3. Let $\mu$ be a Radon measure on $\mathbb{R}^{n}$ and let $x$ such that $\theta^{d *}(\mu, x)<\infty$ and $J_{2, \alpha}^{\mu}(x)<\infty$. Then, $J_{1, \alpha}^{\mu}(x)<\infty$.

Proof. It is enough to prove there exists $r_{x}>0$ such that if $r<r_{x}$,

$$
\begin{equation*}
\beta_{\mu, 1}(x, r) \leq C(x) \beta_{\mu, 2}(x, r) . \tag{2.2.4}
\end{equation*}
$$

By Hölder's inequality we get

$$
\begin{equation*}
\frac{1}{r^{d}} \int_{B(x, r)} \frac{d(y, P)}{r} d \mu(y) \leq\left(\frac{\mu(B(x, r))}{r^{d}}\right)^{\frac{1}{2}}\left(\frac{1}{r^{d}} \int_{B(x, r)}\left(\frac{d(y, P)}{r}\right)^{2} d \mu(y)\right)^{\frac{1}{2}} \tag{2.2.5}
\end{equation*}
$$

Because $\theta^{d *}(\mu, x)<\infty$, we get $\frac{\mu(B(x, r))}{r^{d}} \leq C(x)$ and we are done.

We would like to proceed as in the proof of Theorem I. Because of our assumptions (see Remark 2.2.2), it follows from Theorem 2.2 .1 that $\mu$ is $d$-rectifiable, that is, there exist countably many Lipschitz images $\Gamma_{i}$ such that $\mu\left(E \backslash \cup_{i} \Gamma_{i}\right)=0$.

Let $E=\operatorname{supp} \mu \cap\left\{x \in \mathbb{R}^{n} \mid J_{2, \alpha}^{\mu}(x)<\infty\right\}$. From Lemma 2.1.6 we get that each $E_{i, q}=E \cap\left(\Gamma_{i}\right)_{q}$ is one-sided Reifenberg flat. To apply Theorem B we need to ensure that the "Euclidean" $\beta_{1}$ numbers (i.e. the $\beta_{1}$ numbers computed with respect to the $d$-dimensional Hausdorff measure) satisfy the hypothesis of Theorem B.

Lemma 2.2.4. Let $E_{i, q}$ be as above. There exists a countable collections of subsets $E_{i, q, N, m}$ such that for every $x \in E_{i, q, N, m}$ there exist numbers $C_{x}>0$ and $r_{x}>0$ such that for every $r_{k}<r_{x}$ we have

$$
\begin{equation*}
\sum_{\substack{k \\ r_{k}<r_{x}}} \frac{\beta_{1}^{E_{i, q, N, m}}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \leq C_{x} . \tag{2.2.6}
\end{equation*}
$$

Proof. By our assumptions on $\mu$ we know that for every $x \in E_{i, q}$ there exist numbers $C_{x}>0$ and $r_{x}>0$ such that for every $r_{k}<r_{x}$ we have

$$
\begin{equation*}
\sum_{\substack{k \\ r_{k}<r_{x}}} \frac{\beta_{1}^{\mu\left\llcorner E_{i, q}\right.}(x, r)^{2}}{r_{k}^{2 \alpha}} \leq C_{x} . \tag{2.2.7}
\end{equation*}
$$

Define $E_{i, q, N, m}$ by

$$
\begin{equation*}
E_{i, q, N, m}=\left\{x \in E_{i, q} \left\lvert\, \frac{1}{N} \leq \frac{\mu\left(B(x, r) \cap E_{i, q}\right)}{r^{d}} \leq N\right. \text { for } r<2^{-m}\right\} \tag{2.2.8}
\end{equation*}
$$

In order to prove the statement it is enough to prove that each $\beta_{1}^{E_{i, q, N, m}}(x, r)$ is bounded above by a constant multiple of $\beta_{1}^{\mu}\left\llcorner E_{i, q}(x, r)\right.$. To obtain this, it is enough to prove that, for some constant $C$, we have

$$
\begin{equation*}
\mathcal{H}^{d}\left(E_{i, q, N, m} \cap B\right) \leq C N \mu\left(E_{i, q} \cap B\right) \tag{2.2.9}
\end{equation*}
$$

This follows from Theorem 6.9(2) in [Mat95].

Finally, define

$$
\begin{equation*}
E_{i, q, N, m, p}=\left\{x \in E_{i, q, N, m} \mid J_{1, \alpha}(x) \leq p\right\} . \tag{2.2.10}
\end{equation*}
$$

From the results above the following lemma follows immediately.

Lemma 2.2.5. Each $E_{i, q, N, m, p}$ satisfies the hypotheses of Theorem $B$ and hence it can be parametrized by a $C^{1, \alpha}$ surface.

Now, we have that $E=E_{b} \cup \bigcup_{i, q, N, m, p} E_{i, q, N, m, p}$, where $E_{b}$ has $\mathcal{H}^{d}$-measure zero, by Lemma 2.1.6, the definition of rectifiability, and continuity from below. The lemma below proves that $E_{b}$ has also $\mu$ measure zero, so Theorem II follows.

Lemma 2.2.6. Let $A \subset \mathbb{R}^{n}$ and $\nu$ a Radon measure such that $\theta^{d *}(\nu, x)<\infty$ for $\nu$-a.e. $x$. If $\mathcal{H}^{d}(A)=0$, then $\nu(A)=0$.

The lemma follows immediately from Theorem 6.9(1) in [Mat95].

## Chapter 3

## The more technical Result on parametrization

We now proceed to introduce the main tools for the proofs of Theorems A and B. In this section, we will construct the map $f$ and obtain distortion estimates for it. Section 4 will be dedicated to the proof of the main theorem.

### 3.1 More definitions and statement of The more TechNICAL RESULT

Given a one-sided Reifenberg flat set, we now want to construct a so-called coherent collection of balls and planes (CCBP) for $E$ (for more details see the discussion after Theorem 12.1 in [DT12]).

Let $E$ be as above and set $r_{k}=10^{-k}$. Choose a maximal collection of points $\left\{x_{j, k}\right\} \subset E$, $j \in J_{k}$ such that $\left|x_{i, k}-x_{j, k}\right| \geq r_{k}$, for $i, j \in J_{k}, i \neq j$. Let $B_{j, k}$ be the ball centered at $x_{j, k}$ with radius $r_{k}$. For $\lambda>1$, set

$$
\begin{equation*}
V_{k}^{\lambda}=\bigcup_{j \in J_{k}} \lambda B_{j, k} \tag{3.1.1}
\end{equation*}
$$

Because of our assumptions on the set $E$ we can assume that the initial points $\left\{x_{j, 0}\right\}$ are close to a $d$-plane $\Sigma_{0}$, that is $\operatorname{dist}\left(x_{j, 0}, \Sigma_{0}\right) \leq \varepsilon$, for $j \in J_{0}$. Moreover, for each $k \geq 0$ and
$j \in J_{k}$ we assume that there exists a $d$ plane $P_{j, k}$ through $x_{j, k}$ such that

$$
\begin{align*}
d_{x_{j, k}, 100 r_{k}}\left(P_{i, k}, P_{j, k}\right) & \leq \varepsilon \text { for } k \geq 0 \text { and } i, j \in J_{k} \text { such that }\left|x_{i, k}-x_{j, k}\right| \leq 100 r_{k}  \tag{3.1.2}\\
d_{x_{i, 0}, 100}\left(P_{i, 0}, \Sigma_{0}\right) & \leq \varepsilon \text { for } i \in J_{0},  \tag{3.1.3}\\
d_{x_{i, k}, 20 r_{k}}\left(P_{i, k}, P_{j, k+1}\right) & \leq \varepsilon \text { for } k \geq 0, i \in J_{k} \text { and } j \in J_{k+1} \text { s.t. }\left|x_{i, k}-x_{j, k+1}\right| \leq 2 r_{k} . \tag{3.1.4}
\end{align*}
$$

Definition 3.1.1. A coherent collection of balls and planes for $E$ is a pair $\left(B_{j, k}, P_{j, k}\right)$ with the properties above. We assume that $\varepsilon>0$ is small enough, depending on $d$ and $n$.

We will use this collection to construct the parametrization, as explained in the following section. Recall Theorem 1.2.8:

Theorem 1.2.8 (G. David, T. Toro, Proposition 8.1 [DT12]). Let $\varepsilon>0$ small enough and let $E \subseteq B(0,1)$, where $B(0,1)$ denotes the unit ball in $\mathbb{R}^{n}$. Assume $E$ is one-sided Reifenberg flat . Then we can construct a map $f: \Sigma_{0} \rightarrow \mathbb{R}^{n}$, where $\Sigma_{0}$ is a d-plane in $\mathbb{R}^{n}$, such that $E \subset f\left(\Sigma_{0}\right)$ and $f$ is bi-Hölder.

We now define the coefficients $\varepsilon_{k}$ which differ from classic $\beta$ numbers in that they take into account neighbouring points at nearby scales. In section 4 the relationship between the two will be made explicit.

Definition 3.1.2. For $k \geq 1$ and $y \in V_{k}^{10}$ define

$$
\begin{equation*}
\varepsilon_{k}(y)=\sup \left\{d_{x_{i, l}, 100 r_{l}}\left(P_{j, k}, P_{i, l}\right) \mid j \in J_{k}, l \in\{k-1, k\}, i \in J_{l} \quad y \in 10 B_{j, k} \cap 11 B_{i, k}\right\} \tag{3.1.5}
\end{equation*}
$$

and $\varepsilon_{k}(y)=0$, for $y \in \mathbb{R}^{n} \backslash V_{k}^{10}$.

As in [DT12] $f$ will be constructed as a limit. To construct the sequence we need a partition of unity subordinate to $\left\{B_{j, k}\right\}$. Following the construction in Chapter 3 of [DT12], we can obtain functions $\theta_{j, k}(y)$ and $\psi_{k}(y)$ such that each $\theta_{j, k}$ is nonnegative and compactly
supported in $10 B_{j, k}$, and $\psi_{k}(y)=0$ on $V_{k}^{8}$. Moreover we have, for every $y \in \mathbb{R}^{n}$,

$$
\begin{equation*}
\psi_{k}(y)+\sum_{j \in J_{k}} \theta_{j, k}(y) \equiv 1 \tag{3.1.6}
\end{equation*}
$$

Note that, because $\psi_{k}(y)=0$ on $V_{k}^{8}$, this means that

$$
\begin{equation*}
\sum_{j \in J_{k}} \theta_{j, k}(y) \equiv 1, \quad \text { for every } y \in V_{k}^{8} \tag{3.1.7}
\end{equation*}
$$

Finally we have that

$$
\begin{equation*}
\left|\nabla^{m} \theta_{j, k}(y)\right| \leq C_{m} / r_{k}^{m}, \quad\left|\nabla^{m} \psi_{k}(y)\right| \leq C_{m} / r_{k}^{m} \tag{3.1.8}
\end{equation*}
$$

Following [DT12], our plan is to define a map $f$ on a $d$-plane $\Sigma_{0}$. We define $f: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ and later on we will only care about its values on $\Sigma_{0}$. With a slight abuse of notation we will still denote the restricted map to $\Sigma_{0}$ as $f$. We define the sequence $\left\{f_{k}: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}\right\}$ inductively by

$$
\begin{equation*}
f_{0}(y)=y \quad \text { and } \quad f_{k+1}=\sigma_{k} \circ f_{k} \tag{3.1.9}
\end{equation*}
$$

where

$$
\begin{equation*}
\sigma_{k}(y)=\psi_{k}(y) y+\sum_{j \in J_{k}} \theta_{j, k}(y) \pi_{j, k}(y) \tag{3.1.10}
\end{equation*}
$$

where $\pi_{j, k}$ denotes the orthogonal projection from $\mathbb{R}^{n}$ to $P_{j, k}$. In the future we denote by $\pi_{j, k}^{\perp}$ the projection onto the $(n-d)$-plane perpendicular to $P_{j, k}$ (passing through the origin). Next, we observe that the $f_{k}$ 's converge to a continuous map $f$. We include below the proof of this fact from [DT12]. Note that

$$
\begin{equation*}
\left|\sigma_{k}(y)-y\right| \leq 10 r_{k} \quad \text { for } y \in \mathbb{R}^{n} \tag{3.1.11}
\end{equation*}
$$

because $\sum_{j \in J_{k}} \theta_{j, k}(y) \leq 1$ and $\left|\pi_{j, k}(y)-y\right| \leq 10 r_{k}$ when $\theta_{j, k}(y) \neq 0\left(\theta_{j, k}\right.$ is compactly
supported in $10 B_{j, k}$, so that means $y \in 10 B_{j, k}$. This implies that

$$
\begin{equation*}
\left\|f_{k+1}-f_{k}\right\|_{\infty} \leq 10 r_{k} \tag{3.1.12}
\end{equation*}
$$

so that the maps $f_{k}$ 's converge uniformly on $\mathbb{R}^{n}$ to a continuous map $f$.

Theorem 3.1.3 (G. David, T. Toro, Proposition 8.3 [DT12]). Let $\varepsilon>0$ and $E$ as above. If we also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \varepsilon_{k}\left(f_{k}(z)\right)^{2} \leq M, \quad \text { for all } z \in \Sigma_{0} \tag{3.1.13}
\end{equation*}
$$

then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is bi-Lipschitz. Moreover the Lipschitz constants depend only on $n, d$, and $M$.

As mentioned before, we are interested in finding a condition on the $\varepsilon_{k}$ 's to improve the results on the map $f$. The theorems we want to prove are the following.

Theorem 3.1.4. Let $E \subseteq B(0,1)$ as above, with $\varepsilon>0$ small enough, and $\alpha \in(0,1)$. Also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \frac{\varepsilon_{k}\left(f_{k}(z)\right)^{2}}{r_{k}^{2 \alpha}} \leq M, \quad \text { for all } z \in \Sigma_{0} \tag{3.1.14}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse have $\alpha$-Hölder directional derivatives. In particular, $f$ is continuously differentiable. Moreover the Hölder constants depend only on $n$, $d$, and $M$.

Remark 3.1.5. We will define $f: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ but we are only interested in its values on $\Sigma_{0}$ and $\Sigma=f\left(\Sigma_{0}\right)$. The directional derivatives for the inverse are derivatives along directions tangent to $\Sigma$.

Theorem 3.1.6. Let $E \subseteq B(0,1)$ as above, with $\varepsilon>0$ small enough and let $\eta\left(r_{k}\right)^{2}$ satisfy the Dini condition. Also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty}\left(\frac{\varepsilon_{k}\left(f_{k}(z)\right)}{r_{k} \eta\left(r_{k}\right)}\right)^{2} \leq M, \quad \text { for all } z \in \Sigma_{0} \tag{3.1.15}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse have Lipschitz directional derivatives. In particular, $f$ is continuously differentiable. Moreover the Lipschitz constants depend only on $n$, $d$, and $M$.

### 3.2 Estimates on the parametrization

We now want to collect estimates on the derivatives of the $\sigma_{k}$ 's. Recall, by (3.1.10), we defined $\sigma_{k}(y)=\psi_{k}(y) y+\sum_{j \in J_{k}} \theta_{j, k}(y) \pi_{j, k}(y)$.

Remark 3.2.1. We set up some notation for the derivatives. Below $D$ and $D^{2}$ will denote slightly different things depending on the map they are applied to.

- For the partition of unity $\theta_{j, k}, \psi_{k}: \mathbb{R}^{n} \rightarrow \mathbb{R}, D \theta_{j, k}$ and $D \psi_{k}$ denote the usual gradient, that is an $n$-vector, that is, a $n \times 1$ matrix. $D^{2} \theta_{j, k}$ and $D^{2} \psi_{k}$ denote the Hessian, which is a $n \times n$ matrix.
- For vector valued maps $g: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$, such as $f, f_{k}, \sigma_{k}, \pi_{j, k}, \pi_{j, k}^{\perp}$, write $g=\left(g^{1}, \ldots, g^{n}\right)$, where the $g^{i}$ are the coordinate functions. Then $D g=\left(D g^{1}, \ldots, D g^{n}\right)$ which can be looked at as an $n \times n$ matrix. Similarly, $D^{2} g=\left(D^{2} g^{1}, \ldots, D^{2} g^{n}\right)$ is a 3 -tensor, that is a bilinear form $\mathbb{R}^{n} \times \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ that acts on vector $u, v \in \mathbb{R}^{n}$ via $D^{2} g \cdot u \cdot v=$ $\left(D^{2} g^{1} \cdot u \cdot v, \ldots, D^{2} g^{n} \cdot u \cdot v\right)$.

In what follows $|\cdot|$ denote the standard Euclidean norm on $\mathbb{R}^{N}$, for the appropriate $N$ (where we have identified $M_{n \times n}$ with $\left.\mathbb{R}^{n^{2}}\right)$.

Remark 3.2.2. Note that while $\pi_{j, k}$ is an affine map, $\pi_{j, k}^{\perp}$ is a linear map. Also note that $D \pi_{j, k}(y)$, the Jacobian of $\pi_{j, k}$ at $y \in \mathbb{R}^{n}$, is the orthogonal projection onto the $d$-plane parallel to $P_{j, k}$ passing through the origin. Note that the Hessian $D^{2} \pi_{j, k}(y)=0$, for all $y \in \mathbb{R}^{n}$.

By differentiating (3.1.10), we get that for $y \in V_{k}^{10}$, we have

$$
\begin{equation*}
D \sigma_{k}(y)=\psi_{k}(y) I+\sum_{j \in J_{k}} \theta_{j, k}(y) D \pi_{j, k}+y D \psi_{k}(y)+\sum_{j \in J_{k}} \pi_{j, k}(y) D \theta_{j, k}(y) . \tag{3.2.1}
\end{equation*}
$$

Note that if $y \notin V_{k}^{10}$, then $\sigma_{k}(y)=y$ and also $D \sigma_{k}(y)=I$. Then we also have $D^{2} \sigma_{k}(y)=0$.

Lemma 3.2.3. Let $y \in V_{k}^{10}$. We have

$$
\begin{equation*}
D^{2} \sigma_{k}(y)=2 D \psi_{k}(y) I+2 \sum_{j \in J_{k}} D \theta_{j, k}(y) D \pi_{j, k}+y D^{2} \psi_{k}(y)+\sum_{j \in J_{k}} \pi_{j, k}(y) D^{2} \theta_{j, k}(y) \tag{3.2.2}
\end{equation*}
$$

Choose $i=i(y) \in J_{k}$ such that $y \in 10 B_{i, k}$ and set

$$
\begin{equation*}
g(y)=2 D \psi_{k}(y) D \pi_{i, k}^{\perp}+\left(y-\pi_{i, k}(y)\right) D^{2} \psi_{k}(y) \tag{3.2.3}
\end{equation*}
$$

Then

$$
\begin{equation*}
\left|D^{2} \sigma_{k}(y)-g(y)\right| \leq C \varepsilon / r_{k} \tag{3.2.4}
\end{equation*}
$$

where $C>0$ is a constant.

Proof. We obtain (3.2.2) by differentiating (3.2.1). For the last statement, recalling (3.1.7), we have

$$
\begin{align*}
g(y) & =2 D \psi_{k}(y) D \pi_{i, k}^{\perp}+\left(y-\pi_{i, k}(y)\right) D^{2} \psi_{k}(y)=  \tag{3.2.5}\\
& =2 D \psi_{k}(y)\left[I-D \pi_{i, k}\right]+y D^{2} \psi_{k}(y)-\pi_{i, k}(y) D^{2} \psi_{k}(y)= \\
& =2 D \psi_{k}(y) I+2 \sum_{j \in J_{k}} D \theta_{j, k}(y) D \pi_{i, k}+y D^{2} \psi_{k}(y)+\sum_{j \in J_{k}} \pi_{i, k}(y) D^{2} \theta_{j, k}(y)
\end{align*}
$$

Now, note that $\left|D^{2} \theta_{j, k}(y)\right| \leq C / r_{k}^{2}$. Moreover by (3.1.2), for all nonzero terms, we have $\left|D \pi_{j, k}-D \pi_{i, k}\right| \leq C \varepsilon$, because $\theta_{j, k}=0$ outside of $10 B_{j, k}$, so that $y \in 10 B_{j, k}$ and hence $\left|x_{i, k}-x_{j, k}\right|<100 r_{k}$ for our choice of $(i, k)$. Hence, we get

$$
\begin{align*}
\left|D^{2} \sigma_{k}(y)-g(y)\right| & \leq 2 \sum_{j \in J_{k}}\left|D \theta_{j, k}(y)\right|\left|D \pi_{j, k}-D \pi_{i, k}\right|+\sum_{j \in J_{k}}\left|D^{2} \theta_{j, k}(y)\right|\left|\pi_{j, k}(y)-\pi_{i, k}(y)\right| \leq  \tag{3.2.6}\\
& \leq C / r_{k} \cdot C \varepsilon+C / r_{k}^{2} \cdot C \varepsilon r_{k}= \\
& =C \varepsilon / r_{k}
\end{align*}
$$

where we used the fact that $\left|\pi_{j, k}(y)-\pi_{i, k}(y)\right| \leq C \varepsilon r_{k}$, by (3.1.2).

Corollary 3.2.4. If $y \in V_{k}^{8}$, and $i$ as above,

$$
\begin{equation*}
D^{2} \sigma_{k}(y)=2 \sum_{j \in J_{k}} D \theta_{j, k}(y) D \pi_{j, k}+\sum_{j \in J_{k}} \pi_{j, k}(y) D^{2} \theta_{j, k}(y) \tag{3.2.7}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|D^{2} \sigma_{k}(y)\right| \leq C \varepsilon / r_{k}, \tag{3.2.8}
\end{equation*}
$$

where $C>0$ is a constant.

Proof. Note that $\psi_{k}(y)=0$ for $y \in V_{k}^{8}$. Then $g(y)=0$ so the two statements follow immediately from the previous lemma.

We now want to collect some more estimates. Let $\Sigma_{k}$ be the image of $\Sigma_{0}$ under $f_{k}$, i.e. $\Sigma_{k}=f_{k}\left(\Sigma_{0}\right)=\sigma_{k-1} \circ \cdots \circ \sigma_{0}\left(\Sigma_{0}\right)$. First, we need to recall some results from [DT12]. The main result is a local Lipschitz description of the $\Sigma_{k}$ 's. For convenience we introduce the following notation for boxes.

Definition 3.2.5 (Chapter 5, [DT12]). If $x \in \mathbb{R}^{n}, P$ is a $d$-plane through $x$ and $R>0$, we
define the box $D(x, P, R)$ by

$$
\begin{equation*}
D(x, P, R)=\left\{z+w \mid z \in P \cap B(x, R) \text { and } w \in P^{\perp} \cap B(0, R)\right\} \tag{3.2.9}
\end{equation*}
$$

Recall that for a Lipschitz map $A: P \rightarrow P^{\perp}$ the graph of $A$ over $P$ is $\Gamma_{A}=\{z+A(z) \mid$ $z \in P\}$.

Proposition 3.2.6. [Proposition 5.1 [DT12]] For all $k \geq 0$ and $j \in J_{k}$, there is a Lipschitz function $A_{j, k}: P_{j, k} \cap 49 B_{j, k} \rightarrow P_{j, k}^{\perp}$ of class $C^{2},\left|A_{j, k}\left(x_{j, k}\right)\right| \leq C \varepsilon r_{k}$, with

$$
\begin{equation*}
\left|D A_{j, k}(z)\right| \leq C \varepsilon, \quad z \in P_{j, k} \cap 49 B_{j, k}, \tag{3.2.10}
\end{equation*}
$$

such that around $x_{i, j} \Sigma_{k}$ coincides with the graph of $A_{j, k}$, that is

$$
\begin{equation*}
\Sigma_{k} \cap D\left(x_{j, k}, P_{j, k}, 49 r_{k}\right)=\Gamma_{A_{j, k}} \cap D\left(x_{j, k}, P_{j, k}, 49 r_{k}\right) \tag{3.2.11}
\end{equation*}
$$

Moreover, we have that

$$
\begin{equation*}
\left|\sigma_{k}(y)-y\right| \leq C \varepsilon r_{k} \text { for } y \in \Sigma_{k} \tag{3.2.12}
\end{equation*}
$$

and, if $u \in \mathbb{R}^{n},|u|=1$,

$$
\begin{equation*}
\left|D \sigma_{k}(y)-D \pi_{j, k}-\psi_{k}(y) D \pi_{j, k}^{\perp}\right| \leq C \varepsilon \text { for } y \in \Sigma_{k} \cap 45 B_{j, k} \tag{3.2.13}
\end{equation*}
$$

Proposition 3.2.6 provides a small Lipschitz graph (that, is a Lipschitz graph with a small constant) description for the $\Sigma_{k}$ around $x_{j, k}$. Note that, away from $x_{j, k}, \sigma_{k}=\mathrm{id}$, so that $\Sigma_{k}$ stays the same so that it is not hard to get control there too. The proof of Proposition 3.2.6 is quite long and involved, and proceeds by induction. For $k=0, \Sigma_{0}$ is a plane, and because $P_{j, k}$ and $P_{i, k+1}$ make small angles with each other, once we have a Lipschitz description of $\Sigma_{k}$ we can obtain one with a comparable constant for $\Sigma_{k+1}$. Using Proposition 3.2.6 we can get estimates on the second derivatives of the $\sigma_{k}$ 's.

Proposition 3.2.7. For all $k \geq 0, j \in J_{k}, y \in \Sigma_{k} \cap 45 B_{j, k}$, we have

$$
\begin{equation*}
\left|D^{2} \sigma_{k}(y)-2 D \psi_{k}(y) D \pi_{j, k}^{\perp}\right| \leq C \varepsilon / r_{k} \tag{3.2.14}
\end{equation*}
$$

Proof. Let $j \in J_{k}$ and $y \in \Sigma_{k} \cap 45 B_{j, k}$ be given. If $y \notin V_{k}^{10}$, then $\psi_{k}(y)=1$ and $D^{2} \sigma_{k}(y)=0$, so there is nothing to prove. So we may assume that $y \in V_{k}^{10}$ and choose $i \in J_{k}$ such that $\left|y-x_{i, k}\right| \leq 10 r_{k}$. Recall that, by (3.2.4),

$$
\begin{equation*}
\left|D^{2} \sigma_{k}(y)-g(y)\right| \leq C \varepsilon / r_{k} \tag{3.2.15}
\end{equation*}
$$

We want to control

$$
\begin{align*}
B & =g(y)-2 D \psi_{k}(y) D \pi_{j, k}^{\perp}=  \tag{3.2.16}\\
& =2 D \psi_{k}(y)\left[D \pi_{i, k}^{\perp}-D \pi_{j, k}^{\perp}\right]+\left[y-\pi_{i, k}(y)\right] D^{2} \psi_{k}(y)
\end{align*}
$$

In the construction of the coherent families of balls and planes, since $y \in 45 B_{j, k} \cap 10 B_{i, k}$, (3.1.2) says that

$$
\begin{equation*}
d_{x_{j, k}, 100 r_{k}}\left(P_{i, k}, P_{j, k}\right) \leq \varepsilon \tag{3.2.17}
\end{equation*}
$$

and so,

$$
\begin{equation*}
\left|D \pi_{i, k}-D \pi_{j, k}\right|+\left|D \pi_{i, k}^{\perp}-D \pi_{j, k}^{\perp}\right| \leq C \varepsilon . \tag{3.2.18}
\end{equation*}
$$

Recalling also that $\left|D \psi_{k}(y)\right| \leq C / r_{k}$, we can bound the first two terms of $B$ by $C \varepsilon / r_{k}$. Next

$$
\begin{align*}
{\left[y-\pi_{i, k}(y)\right] D^{2} \psi_{k}(y) } & \leq C r_{k}^{-2}\left|y-\pi_{i, k}(y)\right|=  \tag{3.2.19}\\
& =C r_{k}^{-2} \operatorname{dist}\left(y, P_{i, k}\right) \leq \\
& \leq C r_{k}^{-2} \operatorname{dist}\left(y, P_{j, k}\right)+C \varepsilon / r_{k}
\end{align*}
$$

By the results in Proposition 3.2.6, we also have

$$
\begin{equation*}
\operatorname{dist}\left(y, P_{j, k}\right) \leq\left|A_{j, k}\left(x_{j, k}\right)\right|+C \varepsilon r_{k} \leq C \varepsilon r_{k} \tag{3.2.20}
\end{equation*}
$$

Then, finally,

$$
\begin{equation*}
\left|D^{2} \sigma_{k}(y)-2 D \psi_{k}(y) D \pi_{j, k}^{\perp}\right| \leq\left|D^{2} \sigma_{k}(y)-g(y)\right|+|B| \leq C \varepsilon / r_{k} \tag{3.2.21}
\end{equation*}
$$

In the next lemmas from [DT12] we want to check how much the mappings $f_{k}$ distort lengths and distances. We are only concerned with directions parallel to the tangent planes to $\Sigma_{k}$. Lemma 3.2.8 below is enough to obtain the original Hölder estimates in Theorem 1.2.8, but we need more precise estimates to obtain more quantitative results.

Lemma 3.2.8. [Lemma 7.1 [DT12]] Let $k \geq 0, \sigma_{k}: \Sigma_{k} \rightarrow \Sigma_{k+1}$ is a $C^{2}$ diffeomorphism, and for $y \in \Sigma_{k}$

$$
\begin{equation*}
D \sigma_{k}(y): T \Sigma_{k}(y) \rightarrow T \Sigma_{k+1}\left(\sigma_{k}(y)\right) \text { is a }(1+C \varepsilon) \text {-biLipschitz map. } \tag{3.2.22}
\end{equation*}
$$

Moreover, for $v \in T \Sigma_{k}(y)$

$$
\begin{equation*}
\left|D \sigma_{k}(y) \cdot v-v\right| \leq C \varepsilon|v| \tag{3.2.23}
\end{equation*}
$$

Recall Definition 3.1.2,

$$
\begin{equation*}
\varepsilon_{k}(y)=\sup \left\{d_{x_{i, l}, 100 r_{l}}\left(P_{j, k}, P_{i, l}\right) \mid j \in J_{k}, l \in\{k-1, k\}, i \in J_{l} \quad y \in 10 B_{j, k} \cap 11 B_{i, k}\right\} \tag{3.2.24}
\end{equation*}
$$

and $\varepsilon_{k}(y)=0$, for $y \in \mathbb{R}^{n} \backslash V_{k}^{10}$. The numbers $\varepsilon_{k}$ measure the angles between the planes $P_{j, k}$ and $P_{i l}$ and, while we know that $\varepsilon_{k}(y) \leq \varepsilon$ ) by definition of CCBP we want to keep track of the places where they are much smaller and improve the estimates obtained before.

The next lemma provides improved distortion estimates for the tangent derivatives of
$\sigma_{k}$, which will be useful when estimating $|f(x)-f(y)|$.

Lemma 3.2.9. [Lemma $7.3+7.4$ [DT12]] For $k \geq 1, y \in \Sigma_{k} \cap V_{k}^{8}$, choose $i \in J_{k}$ such that $\left|y-x_{i, k}\right| \leq 10 r_{k}$, and let $u \in T_{y} \Sigma_{k},|u|=1$. Then for all $j \in J_{k}$ such that $y \in 10 B_{j, k}$,

$$
\begin{gather*}
\left|D \pi_{i, k} \cdot\left[\pi_{j, k}(y)-y\right]\right| \leq C \varepsilon_{k}(y)^{2} r_{k}  \tag{3.2.25}\\
\operatorname{Angle}\left(T \Sigma_{k}(y), P_{i, k}\right) \leq C \varepsilon_{k}(y)  \tag{3.2.26}\\
\left|D \pi_{i, k} \circ\left[D \pi_{j, k}-D \pi_{i, k}\right] \circ D \pi_{i, k}\right| \leq C \varepsilon_{k}(y)^{2}, \tag{3.2.27}
\end{gather*}
$$

and for every unit vector $v \in T \Sigma_{k}(y)$,

$$
\begin{equation*}
\left|\left|D \sigma_{k}(y) \cdot v\right|-1\right| \leq C \varepsilon_{k}(y)^{2} . \tag{3.2.28}
\end{equation*}
$$

Remark 3.2.10. Equation (3.2.27) is in fact (7.31) in the proof of Lemma 7.4 in [DT12].

We now want to obtain similar estimates on the second derivatives of the $\sigma_{k}$.

Lemma 3.2.11. For $k \geq 0, y \in \Sigma_{k} \cap V_{k}^{8}$, we have

$$
\begin{equation*}
\left|D^{2} \sigma_{k}(y)\right| \leq C \varepsilon_{k}(y) / r_{k} \tag{3.2.29}
\end{equation*}
$$

Proof. Choose $i \in J_{k}$ such that $\left|y-x_{i, k}\right| \leq 10 r_{k}$. Then

$$
\begin{equation*}
D^{2} \sigma_{k}(y)(y)=2 \sum_{j \in J_{k}} D \theta_{j, k}(y)\left[D \pi_{j, k}-D \pi_{i, k}\right]+\sum_{j \in J_{k}}\left[\pi_{j, k}(y)-\pi_{i, k}(y)\right] D^{2} \theta_{j, k}(y) \tag{3.2.30}
\end{equation*}
$$

by (3.1.7). Now, when $\theta_{j, k}(y) \neq 0$,

$$
\begin{equation*}
d_{x_{i, k}, 100 r_{k}}\left(P_{i, k}, P_{j, k}\right) \leq \varepsilon_{k}(y) r_{k} \tag{3.2.31}
\end{equation*}
$$

because $y \in 10 B_{j, k} \cap 10 B_{i, k}$. Hence $\left|\pi_{i, k}(y)-\pi_{j, k}(y)\right| \leq C \varepsilon_{k}(y) r_{k}$ and $\left|D \pi_{j, k}-D \pi_{i, k}\right| \leq$
$C \varepsilon_{k}(y)$. Moreover $\left|D \theta_{j, k}(y)\right| \leq C / r_{k}$ and $\left|D^{2} \theta_{j, k}(y)\right| \leq C / r_{k}^{2}$, so that

$$
\begin{equation*}
\left|D^{2} \sigma_{k}(y)\right| \leq\left(C / r_{k}\right) \varepsilon_{k}(y)+\left(C / r_{k}^{2}\right) \varepsilon_{k}(y) r_{k} \leq C \varepsilon_{k}(y) / r_{k} \tag{3.2.32}
\end{equation*}
$$

Recall now that by Lemma 3.2.8, $D \sigma_{k}$ is bijective. Following the same steps as above we can improve the estimates on the inverses of the $\sigma_{k}$ 's and obtain the following lemma.

Lemma 3.2.12. Let $v$ be a unit vector in $T \Sigma_{k+1}(z)$, and $z \in \Sigma_{k+1} \cap V_{k+1}^{8}$. Then

$$
\begin{align*}
& \left|D \sigma_{k}^{-1}(y) \cdot v-v\right| \leq C \varepsilon_{k}(z)|v|  \tag{3.2.33}\\
& \left|\left|D \sigma_{k}^{-1}(z) \cdot v\right|-1\right| \leq C \varepsilon_{k}(z)^{2} \tag{3.2.34}
\end{align*}
$$

and

$$
\begin{equation*}
\left|D^{2} \sigma_{k}^{-1}(z)\right| \leq C \varepsilon_{k}(z) / r_{k} \tag{3.2.35}
\end{equation*}
$$

### 3.3 Proof of Theorems 3.1.4 and 3.1.6

Before proving Theorem 3.1.4 we need one more lemma.

Lemma 3.3.1. Suppose $g_{j}$ is a sequence of continuous functions on $B(0,1)$, that satisfy

$$
\begin{equation*}
\left|g_{j}(x)-g_{j}(y)\right| \leq A^{j}|x-y| \quad \text { for some } A>1 \tag{3.3.1}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|g_{k}(x)-g_{k+1}(x)\right| \leq a_{k}(x) \text { for }\left\{a_{k}(x)\right\} \text { s.t. } \sum_{k=j}^{\infty} a_{k}(x) \leq C B^{-j}, \text { for some } B>1 \tag{3.3.2}
\end{equation*}
$$

Then the limit $g(x)=\lim _{j \rightarrow \infty} g_{j}(x)$ is $\eta$-Hölder continuous, where $\eta=\frac{\log B}{\log (A B)}$.

The lemma is Lemma 2.8, Chapter 7 in [SS05]. For convenience of the reader, we report the proof below.

Proof. First note that $g(x)$ is the limit of the uniformly convergent series

$$
\begin{equation*}
g(x)=g_{1}(x)+\sum_{k=1}^{\infty}\left(g_{k+1}(x)-g_{k}(x)\right) . \tag{3.3.3}
\end{equation*}
$$

Then

$$
\begin{equation*}
\left|g(x)-g_{j}(x)\right| \leq \sum_{k=j}^{\infty}\left|g_{k+1}(x)-g_{k}(x)\right| \leq \sum_{k=j}^{\infty} a_{k}(x) \leq C B^{-j} \tag{3.3.4}
\end{equation*}
$$

By the triangle inequality we get

$$
\begin{equation*}
|g(x)-g(y)| \leq\left|g(x)-g_{j}(x)\right|+\left|g_{j}(x)-g_{j}(y)\right|+\left|g(y)-g_{j}(y)\right| \leq C\left(A^{j}|x-y|+B^{-j}\right) \tag{3.3.5}
\end{equation*}
$$

Now, for fixed $x \neq y$ we want to choose $j$ so that the two terms on the right hand side are comparable. We want to choose $j$ such that

$$
\begin{equation*}
(A B)^{j}|x-y| \leq 1 \quad \text { and } \quad 1 \leq(A B)^{j+1}|x-y| \tag{3.3.6}
\end{equation*}
$$

Let $j=-\left\lfloor\log _{A B}|x-y|\right\rfloor$. Then the two inequalitites are clearly satisfied. The first one gives $A^{j}|x-y| \leq B^{-j}$ and by raising the second one to the power $\eta$, recalling that $(A B)^{\eta}=B$ by definition, we get that $B^{-j} \leq|x-y|^{\eta}$. This gives

$$
\begin{equation*}
|g(x)-g(y)| \leq C\left(A^{j}|x-y|+B^{-j}\right) \leq C B^{-j} \leq C|x-y|^{\eta} \tag{3.3.7}
\end{equation*}
$$

which is what we wanted to prove.

Theorem 3.1.4. Let $E \subseteq B(0,1)$ as above, with $\varepsilon>0$ small enough, and $\alpha \in(0,1)$. Also
assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \frac{\varepsilon_{k}\left(f_{k}(z)\right)^{2}}{r_{k}^{2 \alpha}} \leq M, \quad \text { for all } z \in \Sigma_{0} \tag{3.1.14}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse have $\alpha$-Hölder directional derivatives. In particular, $f$ is continuously differentiable. Moreover the Hölder constants depend only on $n$, $d$, and $M$.

Proof. Recall $\Sigma_{0}$ is a $d$-plane, so for $x, y \in \Sigma_{0} \cap B(0,1)$ we can connect them through the curve $\gamma(t)=t x+(1-t) y$ on $I=[0,1]$. We have that

$$
\begin{equation*}
D f_{m}(y)-D f_{m}(x)=\int_{I} D^{2} f_{m}(\gamma(t)) \cdot \gamma^{\prime}(t) d t \tag{3.3.8}
\end{equation*}
$$

Now, set $A_{k}=D^{2} f_{k}(\gamma(t)) \cdot \gamma^{\prime}(t)$ (note that $A_{0}=0$ ), and let $z_{k}=f_{k}(\gamma(t))$. By the definition of the $f_{k}$ 's we have

$$
\begin{equation*}
A_{k+1}=D^{2} f_{k+1}(\gamma(t)) \cdot \gamma^{\prime}(t)=D^{2} \sigma_{k}\left(z_{k}\right) \cdot D f_{k}(\gamma(t)) \cdot D f_{k}(\gamma(t)) \cdot \gamma^{\prime}(t)+D \sigma_{k}\left(z_{k}\right) \cdot A_{k} \tag{3.3.9}
\end{equation*}
$$

We want to estimate $A_{m}$. In the proof of Proposition 8.1 in [DT12], equation (8.10) says

$$
\begin{equation*}
\left|D f_{m}(\gamma(t)) \cdot \gamma^{\prime}(t)\right| \leq C\left|\gamma^{\prime}(t)\right| \prod_{0 \leq k<m}\left[1+C \varepsilon_{k}\left(z_{k}\right)^{2}\right] \mid \tag{3.3.10}
\end{equation*}
$$

If $0<x<1$ clearly $(1+x)^{2} \leq 1+3 x$, so we have, by (3.2.28), (3.3.10), and Lemma 3.2.11,

$$
\begin{align*}
\left|A_{m}\right| & \leq\left|D^{2} \sigma_{m}\left(z_{m}\right) \cdot D f_{m}(\gamma(t)) \cdot D f_{m}(\gamma(t)) \cdot \gamma(t)\right|+\left|D \sigma_{m}\left(z_{m}\right) \cdot A_{m-1}\right| \leq  \tag{3.3.11}\\
& \leq C \varepsilon_{m}\left(z_{m}\right) / r_{m} \prod_{0 \leq k<m}\left[1+C \varepsilon_{k}\left(z_{k}\right)^{2}\right]\left|\gamma^{\prime}(t)\right|+\left(1+C \varepsilon_{m}\left(z_{m}\right)^{2}\right)\left|A_{m-1}\right|= \\
& =b_{m}+c_{m}\left|A_{m-1}\right|
\end{align*}
$$

where we set $b_{m}=C \varepsilon_{m}\left(z_{m}\right) / r_{m} \prod_{0 \leq k<m}\left[1+C \varepsilon_{k}\left(z_{k}\right)^{2}\right]\left|\gamma^{\prime}(t)\right|$ and $c_{m}=\left(1+C \varepsilon_{m}\left(z_{m}\right)^{2}\right)$. We
want to iterate (3.3.11). Recalling that $A_{0}=0$,

$$
\begin{align*}
\left|A_{m}\right| & \leq b_{m}+c_{m}\left|A_{m-1}\right| \leq  \tag{3.3.12}\\
& \leq b_{m}+c_{m}\left(b_{m}+c_{m-1}\left|A_{m-2}\right|\right) \leq \\
& b_{m}+b_{m-1} c_{m}+c_{m} c_{m-1}\left(b_{m-2}+c_{m-2}\left|A_{m-2}\right|\right) \leq \\
& \leq \cdots \leq \\
& \leq \sum_{k=0}^{m}\left(b_{k} \prod_{j=k+1}^{m} c_{k}\right) \\
& =\sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k} \prod_{i=0}^{k-1}\left(1+C \varepsilon_{i}\left(z_{i}\right)^{2}\right) \prod_{j=k+1}^{m}\left(1+C \varepsilon_{j}\left(z_{j}\right)^{2}\right)\left|\gamma^{\prime}(t)\right|
\end{align*}
$$

so that,

$$
\begin{equation*}
\left|A_{m}\right| \leq C \sum_{k=0}^{m}\left(\prod_{\substack{0 \leq i \leq m \\ i \neq k}}\left[1+C \varepsilon_{i}\left(z_{i}\right)^{2}\right]\right) \varepsilon_{k}\left(z_{k}\right) / r_{k}\left|\gamma^{\prime}(t)\right| \tag{3.3.13}
\end{equation*}
$$

Notice that if $\sum_{k=0}^{\infty} \varepsilon_{k}\left(f_{k}(z)\right)^{2} / r_{k}^{\alpha}$ is finite then surely $\sum_{k=0}^{\infty} \varepsilon_{k}\left(f_{k}(z)\right)^{2}$ also is, so Theorem 3.1.3 holds and in particular $\prod_{\substack{0 \leq i \leq m \\ i \neq k}}\left[1+C \varepsilon_{i}\left(z_{i}\right)^{2}\right] \leq C(M)$ so

$$
\begin{equation*}
\left|A_{m}\right| \leq C \sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k}\left|\gamma^{\prime}(t)\right| \tag{3.3.14}
\end{equation*}
$$

Then,

$$
\begin{align*}
\left|D f_{m}(y)-D f_{m}(x)\right| & \leq \int_{I}\left|D^{2} f_{m}(\gamma(t))\right| \gamma^{\prime}(t)| | d t=  \tag{3.3.15}\\
& =\int_{I}\left|A_{m}\right| d t \leq \\
& \leq C \sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k} \int_{I}\left|\gamma^{\prime}(t)\right| d t= \\
& =C \sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k}|x-y|
\end{align*}
$$

We now want to use Lemma 3.3.1. By Cauchy-Schwarz,

$$
\begin{aligned}
\sum_{k=0}^{m} \frac{\varepsilon_{k}\left(z_{k}\right)}{r_{k}} & =\sum_{k=0}^{m} \frac{\varepsilon_{k}\left(z_{k}\right)}{r_{k}^{\alpha}} r_{k}^{\alpha-1} \leq \\
& \leq\left(\sum_{k=0}^{m} \frac{\varepsilon_{k}\left(z_{k}\right)^{2}}{r_{k}^{2 \alpha}} \sum_{k=0}^{m} r_{k}^{2 \alpha-2}\right)^{\frac{1}{2}} \leq \\
& \leq C(M)\left(\sum_{k=0}^{m} r_{k}^{2 \alpha-2}\right)^{\frac{1}{2}} \leq \\
& \leq C(M) r_{m}^{\alpha-1}= \\
& =C(M)\left(10^{1-\alpha}\right)^{m}
\end{aligned}
$$

Notice that in the last inequality we used the fact that $\alpha<1$. Let $u \in \mathbb{R}^{n}$ be a unit vector. By (3.3.15) we have

$$
\begin{equation*}
\left|D f_{m}(y) \cdot u-D f_{m}(x) \cdot u\right| \leq C(M)\left(10^{1-\alpha}\right)^{m}|x-y| \tag{3.3.17}
\end{equation*}
$$

Moreover we have, by (3.2.23), because $v=D f_{m}(x) \cdot u \in T \Sigma_{m}(y)$,

$$
\begin{align*}
\left|D f_{m+1}(x) \cdot u-D f_{m}(x) \cdot u\right| & =\left|D \sigma_{m}\left(f_{m}(x)\right) D f_{m}(x) \cdot u-D f_{m}(x) \cdot u\right| \leq  \tag{3.3.18}\\
& \leq C \varepsilon_{m}\left(x_{m}\right)\left|D f_{m}(x) \cdot u\right| \leq C(M) \varepsilon_{m}\left(x_{m}\right)
\end{align*}
$$

Then we can apply Lemma 3.3.1, with $g_{j}=D f_{j}(x) \cdot v, a_{k}(x)=\varepsilon_{k}\left(x_{k}\right), A=10^{1-\alpha}$, and $B=10^{\alpha}$, since we know, by (3.1.14), that

$$
\begin{align*}
\sum_{k \geq j} \varepsilon_{k}\left(x_{k}\right) & =\sum_{k \geq j} \frac{\varepsilon_{k}\left(x_{k}\right)}{r_{k}^{\alpha}} r_{k}^{\alpha} \leq  \tag{3.3.19}\\
& \leq\left(\sum_{k \geq j} \frac{\varepsilon_{k}\left(x_{k}\right)^{2}}{r_{k}^{2 \alpha}} \sum_{k \geq j} r_{k}^{2 \alpha}\right)^{\frac{1}{2}} \leq \\
& \leq C(M) r_{j}^{\alpha}
\end{align*}
$$

Then $\eta=\frac{\log 10^{\alpha}}{\log (10)}=\alpha$ and the lemma hence gives that $D f \cdot u$ is $\alpha$-Hölder for every $u \in \mathbb{R}^{n}$.
Now, we want to prove that, for $\bar{x}, \bar{y} \in \Sigma \cap B(0,1)$, and $w \in T \Sigma(x)$,

$$
\begin{equation*}
\left|D f^{-1}(\bar{x}) \cdot w-D f^{-1}(\bar{y}) \cdot w\right| \leq C(M)|\bar{x}-\bar{y}|^{\alpha} . \tag{3.3.20}
\end{equation*}
$$

Let $x_{m}, y_{m} \in \Sigma_{m}$, where $m$ is such that $r_{m+1} \leq|\bar{x}-\bar{y}| \leq r_{m}$, let $x_{m}=f_{m} \circ f^{-1}(\bar{x})$ and $y_{m}=f_{m} \circ f^{-1}(\bar{y})$. By the results in [DT12] we know that both $f_{m}$ and $f^{-1}$ are bi-Lipschitz maps, so we have that $\frac{1}{C}|\bar{x}-\bar{y}| \leq\left|x_{m}-y_{m}\right| \leq C|\bar{x}-\bar{y}|$.

We want to show that, for every $m \geq 0$ we have

$$
\begin{equation*}
\left|D f_{m}^{-1}\left(y_{m}\right)-D f_{m}^{-1}\left(x_{m}\right)\right| \leq C \sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k}|\bar{x}-\bar{y}| \tag{3.3.21}
\end{equation*}
$$

We may assume $m \geq 1$ as the result is obvious for $m=0$, given $f_{0}(x)=x$. Then we can proceed exactly as in the first part of the proof. Now, observe that each $\sigma_{k}: \Sigma_{k} \rightarrow \Sigma_{k+1}$ is a $C^{2}$ diffeomorphism by Lemma 3.2 .8 , so we can define $\sigma_{k}^{-1}: \Sigma_{k+1} \rightarrow \Sigma_{k}$ and $f_{m}^{-1}: \Sigma_{m} \rightarrow \Sigma_{0}$.

Recall that by Proposition 3.2.6, we know that $\Sigma_{m}$ coincides with a small Lipschitz graph in $B\left(x_{j, m}, 49 r_{m}\right)$. Then there is a $C^{2}$ curve $\gamma: I \rightarrow \Sigma_{m}$ that goes from $x_{m}$ to $y_{m}$ with length bounded above by $(1+C \varepsilon)\left|x_{m}-y_{m}\right| \leq C|\bar{x}-\bar{y}|$.

Write

$$
\begin{equation*}
D f_{m}^{-1}\left(y_{m}\right)-D f_{m}^{-1}\left(x_{m}\right)=\int_{I} D^{2} f_{m}^{-1}(\gamma(t)) \cdot \gamma^{\prime}(t) d t \tag{3.3.22}
\end{equation*}
$$

By the the estimates (3.2.34) and (3.2.35), together with (8.22) in [DT12], which says

$$
\begin{equation*}
\left|D f_{m}^{-1}(\gamma(t)) \cdot \gamma^{\prime}(t)\right| \leq C\left|\gamma^{\prime}(t)\right| \prod_{0 \leq k<m}\left[1+C \varepsilon_{k}\left(z_{k}\right)^{2}\right] . \tag{3.3.23}
\end{equation*}
$$

we can estimate $D^{2} f_{m}^{-1}$ as in (3.3.9)-(3.3.14), to get

$$
\begin{equation*}
\left|D^{2} f_{m}^{-1}(\gamma(t)) \cdot \gamma^{\prime}(t)\right| \leq C \sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k}\left|\gamma^{\prime}(t)\right| \tag{3.3.24}
\end{equation*}
$$

where $z_{k}=f_{k} \circ f_{m}^{-1}(\gamma(t))$ and so

$$
\begin{align*}
\left|D f_{m}^{-1}\left(y_{m}\right)-D f_{m}^{-1}\left(x_{m}\right)\right| & \leq \int_{I}\left|D^{2} f_{m}^{-1}(\gamma(t))\right|\left|\gamma^{\prime}(t)\right| d t \leq  \tag{3.3.25}\\
& \leq C \sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k}\left|x_{m}-y_{m}\right| \leq \\
& \leq C \sum_{k=0}^{m} \varepsilon_{k}\left(z_{k}\right) / r_{k}|\bar{x}-\bar{y}|
\end{align*}
$$

Let $w \in T \Sigma(\bar{x})$. We want to apply Lemma 3.3.1 to the sequence $g_{k}(\bar{x})=D f_{k}^{-1}\left(x_{k}\right) \cdot w$. We have

$$
\begin{align*}
D f_{k+1}^{-1}\left(x_{k+1}\right) \cdot w & =D f_{k}^{-1}\left(\sigma_{k}^{-1}\left(x_{k+1}\right)\right) \cdot D \sigma_{k}^{-1}\left(x_{k+1}\right) \cdot D f_{k}\left(f^{-1}(\bar{x})\right) \cdot D f^{-1}(\bar{x}) \cdot w=  \tag{3.3.26}\\
& =D f_{k}^{-1}\left(x_{k}\right) \cdot D \sigma_{k}^{-1}\left(x_{k+1}\right) \cdot v_{k}
\end{align*}
$$

where we set $v_{k}=D f_{k}\left(f^{-1}(\bar{x})\right) \cdot D f^{-1}(\bar{x}) \cdot w \in T \Sigma_{k}\left(x_{k}\right)$ and we observed that $x_{k}=\sigma^{-1}\left(x_{k+1}\right)$. Then

$$
\begin{align*}
\left|D f_{m+1}^{-1}\left(x_{m+1}\right) \cdot w-D f_{m}^{-1}(x) \cdot w\right| & =\left|D f_{m}^{-1}\left(x_{m}\right) \cdot D \sigma_{m}^{-1}\left(x_{m+1}\right) \cdot v_{m}-D f_{m}^{-1}\left(x_{m}\right) \cdot v_{m}\right| \leq  \tag{3.3.27}\\
& \leq\left|D f_{m}^{-1}\left(x_{m}\right)\right|\left|D \sigma_{m}^{-1}\left(x_{m+1}\right) \cdot v_{m}-v_{m}\right| \leq \\
& \leq C(M)\left|D \sigma_{m}^{-1}\left(x_{m+1}\right) \cdot v_{m}-v_{m}\right| \leq \\
& \leq C(M) \varepsilon_{m}\left(x_{m}\right)
\end{align*}
$$

where we used (3.3.23) and (3.2.33). Then we can apply Lemma 3.3.1 exactly as before, with $a_{k}(\bar{x})=\varepsilon_{k}\left(x_{k}\right), A=10^{1-\alpha}$, and $B=10^{\alpha}$, and obtain

$$
\begin{equation*}
\left|D f^{-1}\left(y^{\prime}\right)-D f^{-1}\left(x^{\prime}\right)\right| \leq C(M)\left|x^{\prime}-y^{\prime}\right|^{\alpha} \tag{3.3.28}
\end{equation*}
$$

where $C(M)$ is a constant that depends on $M$ but not on $m$.

Theorem 3.1.6. Let $E \subseteq B(0,1)$ as above, with $\varepsilon>0$ small enough and let $\eta\left(r_{k}\right)^{2}$ satisfy the Dini condition. Also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty}\left(\frac{\varepsilon_{k}\left(f_{k}(z)\right)}{r_{k} \eta\left(r_{k}\right)}\right)^{2} \leq M, \quad \text { for all } z \in \Sigma_{0} \tag{3.1.15}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse have Lipschitz directional derivatives. In particular, $f$ is continuously differentiable. Moreover the Lipschitz constants depend only on $n, d$, and $M$.

Proof. First observe that, if we prove

$$
\begin{equation*}
\left|D f_{m}(x)-D f_{m}(y)\right| \leq C(M)|x-y| \tag{3.3.29}
\end{equation*}
$$

uniformly in $m$ then the theorem follows immediately for $D f$.
Recall that, by definition, we have that

$$
\begin{equation*}
\sum_{k=1}^{\infty} \eta\left(r_{k}\right)^{2}<\infty \tag{3.3.30}
\end{equation*}
$$

In the same way as in the proof of Theorem 3.1.4, we get to (3.3.15), which is

$$
\begin{equation*}
\left|D f_{m}(x)-D f_{m}(y)\right| \leq C \sum_{k=0}^{m} \frac{\varepsilon_{k}\left(z_{k}\right)}{r_{k}}|x-y| \tag{3.3.31}
\end{equation*}
$$

By Cauchy-Schwarz we have

$$
\begin{equation*}
\sum_{k=0}^{m} \frac{\varepsilon_{k}\left(z_{k}\right)}{r_{k}}=\sum_{k=0}^{m} \frac{\varepsilon_{k}\left(z_{k}\right)}{r_{k} \eta\left(r_{k}\right)} \cdot \eta\left(r_{k}\right) \leq C\left(\sum_{k=0}^{m}\left(\frac{\varepsilon_{k}\left(z_{k}\right)}{r_{k} \eta\left(r_{k}\right)}\right)^{2} \sum_{k=0}^{m} \eta\left(r_{k}\right)^{2}\right)^{\frac{1}{2}} \leq C(M) \cdot C \tag{3.3.32}
\end{equation*}
$$

by (3.3.30) and by (3.1.15).
This concludes the proof for $D f$. The same computation, combined with (3.3.25) from the proof of Theorem 3.1.4, shows that $D f^{-1}$ is Lipschitz.

## Chapter 4

## Proof of Theorems A and B on $C^{1, \alpha}$ parametrization

We now relate the coefficients $\varepsilon_{k}(y)$ and the $\beta$ numbers in order to prove Theorems A and B.

### 4.1 A SUFFICIENT CONDITION INVOLVING $\beta_{\infty}$ NUMBERS

Note that the sufficient conditions in Theorem 3.1.4 rely on the parametrization. We proceed to remove such dependence and in order to do so, we use some results from [DT12]. Recall that

$$
\begin{equation*}
\beta_{\infty}^{E}\left(x, r_{k}\right)=\frac{1}{r_{k}} \inf _{P}\left\{\sup _{y \in E \cap B\left(x, r_{k}\right)} \operatorname{dist}(y, P)\right\} \tag{4.1.1}
\end{equation*}
$$

if $E \cap B\left(x, r_{k}\right) \neq \varnothing$, where the infimum is taken over all $d$-planes $P$, and $\beta_{\infty}^{E}\left(x, r_{k}\right)=0$ if $E \cap B\left(x, r_{k}\right)=\varnothing$. Now recall Theorem 1.2.10:

Theorem 1.2.10. Let $E$ be as in Theorem 1.2.8 and moreover assume that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \beta_{\infty}^{E}\left(x, r_{k}\right)^{2} \leq M, \quad \text { for all } x \in E \tag{refe:dtbinfty}
\end{equation*}
$$

Then $f: \Sigma_{0} \rightarrow \Sigma$ is bi-Lipschitz. Moreover the Lipschitz constants depend only on $n$, $d$, and M.

Let us define, as in Chapter 12 of [DT12], new coefficients $\gamma_{k}(x)$ as follows

$$
\begin{equation*}
\gamma_{k}(x)=d_{x, r_{k}}\left(P_{k+1}(x), P_{k}(x)\right)+\sup _{y \in E \cap B\left(x, 35 r_{k}\right)} d_{x, r_{k}}\left(P_{k}(x), P_{k}(y)\right) \tag{4.1.2}
\end{equation*}
$$

Then define, for $x \in E$,

$$
\begin{equation*}
\hat{J}_{\gamma, \alpha}(x)=\sum_{k=0}^{\infty} \frac{\gamma_{k}(x)^{2}}{r_{k}^{2 \alpha}} \tag{4.1.3}
\end{equation*}
$$

To prove Theorem 1.2.10 in [DT12], the following lemma is needed.
Proposition 4.1.1. [Corollary 12.5, [DT12]] If in addition to the hypotheses of Theorem 1.2.8 we have that

$$
\begin{equation*}
\hat{J}_{\gamma, 0}(x) \leq M, \quad \text { for all } x \in E \tag{4.1.4}
\end{equation*}
$$

then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is bi-Lipschitz. Moreover the Lipschitz constants depend only on $n, d$, and $M$.

Following the proof of Corollary 12.5 in [DT12], it is easy to check that under the assumption that $\hat{J}_{\gamma, \alpha}$ is uniformly bounded, the sufficient conditions in Theorem 3.1.4 are satisfied. More specifically, we have (see page 71 of [DT12]),

Lemma 4.1.2. Let $z \in \Sigma_{0}$ and let $x \in E$ such that

$$
\begin{equation*}
|x-f(z)| \leq 2 \operatorname{dist}(f(z), E) \tag{4.1.5}
\end{equation*}
$$

Then

$$
\begin{equation*}
\varepsilon_{k}\left(f_{k}(z)\right) \leq C\left(\gamma_{k}(x)+\gamma_{k-1}(x)\right) \tag{4.1.6}
\end{equation*}
$$

Using the lemma, the following result follows immediately.

Proposition 4.1.3. If in addition to the hypotheses of Theorem 1.2.8 we have that

$$
\begin{equation*}
\hat{J}_{\gamma, \alpha}(x) \leq M, \quad \text { for all } x \in E \tag{4.1.7}
\end{equation*}
$$

then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse have $\alpha$-Hölder directional derivatives. In particular, $f$ is continuously differentiable. Moreover the Hölder constants depend only on $n$, $d$, and $M$.

We want to replace $\hat{J}_{\gamma, \alpha}$ with a more explicit Bishop-Jones type function involving $\beta_{\infty}$ 's. Define

$$
\begin{equation*}
J_{\alpha, \infty}^{E}(x)=\sum_{k=0}^{\infty} \frac{\beta_{\infty}^{E}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \tag{4.1.8}
\end{equation*}
$$

Finally, we can state the following theorem, which is an improved version of Theorem 3.1.4.

Theorem A. Let $E \subseteq B(0,1)$ be a one-sided Reifenberg flat set and $\alpha \in(0,1)$. Also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \frac{\beta_{\infty}^{E}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \leq M, \quad \text { for all } x \in E \tag{1.2.8}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse are $C^{1, \alpha}$ maps. In particular, $f$ is continuously differentiable. Moreover the Hölder constants depend only on n, d, and M.

When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.8) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $f$ and its inverse are $C^{1,1}$ maps.

The proof of Corollary 12.6 in [DT12], which we restated as Theorem 1.2.10, can be used directly to prove the theorem above, which is obtained as corollary of Theorem 3.1.4 and Theorem 3.1.6.

### 4.2 A SUFFICIENT CONDITION INVOLVING $\beta_{1}$ NUMBERS

We would now like to replace $J_{\alpha, \infty}^{E}$ with $J_{\alpha, 1}^{E}$ based on an $L^{1}$ version of the $\beta$ numbers. Usually such coefficients are used when the Hausdorff measure restricted to the set $E$ is Ahlfors regular. We will not need to assume such regularity, after observing that Reifenberg
flatness implies lower regularity. The following is Lemma 13.2 in [DT12]. Let $E \subset \mathbb{R}^{n}$ and define

$$
\begin{equation*}
\beta_{1}^{E}(x, r)=\inf _{P}\left\{\frac{1}{r^{d}} \int_{y \in E \cap B(x, r)} \frac{\operatorname{dist}(y, P)}{r} d \mathcal{H}^{d}(y)\right\} \tag{4.2.1}
\end{equation*}
$$

for $x \in \mathbb{R}^{n}$ and $r>0$, where the infimum is taken over all $d$-planes $P$.

Lemma 4.2.1. [Lemma 13.2, [DT12]] Let $E \subseteq B(0,1)$ be a Reifenberg flat set. Then, for $x \in E$ and for small $r>0$,

$$
\begin{equation*}
\mathcal{H}^{d}(\bar{E} \cap B(x, r)) \geq(1-C \varepsilon) \omega_{d} r^{d} \tag{4.2.2}
\end{equation*}
$$

where $\omega_{d}$ denotes the measure of the unit ball in $\mathbb{R}^{d}$.

Remark 4.2.2. We denote by $\bar{E}$ the closure of $E$, and notice that the Reifenberg flatness assumption implies that the set has no holes (otherwise the result would be clearly false).

Moreover, recall Theorem 1.2.11:

Theorem 1.2.11. Let $E$ measurable be as in Theorem 1.2 .8 and moreover assume that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \beta_{1}^{E}\left(x, r_{k}\right)^{2} \leq M, \quad \text { for all } x \in E \tag{1.2.7}
\end{equation*}
$$

Then $f: \Sigma_{0} \rightarrow \Sigma$ is bi-Lipschitz. Moreover the Lipschitz constants depend only on $n$, d, and $M$.

The following lemma is implied by the proof of Corollary 13.1 in [DT12].

Lemma 4.2.3. By changing the net $x_{j, k}$ if necessary, we have that $\varepsilon_{k}\left(x_{k}\right) \leq \beta_{1}^{E}\left(\bar{z}, r_{k-3}\right)$, where $\bar{z} \in E$ is chosen appropriately.

Using the lemma, the theorem below follows immediately from Theorem 3.1.4 and Theorem 3.1.6.

Theorem B. Let $E \subseteq B(0,1)$ be a measurable one-sided Reifenberg flat set and $\alpha \in(0,1)$. Also assume that there exists $M>0$ such that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \frac{\beta_{1}^{E}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \leq M, \quad \text { for all } x \in E \tag{1.2.9}
\end{equation*}
$$

Then the map $f: \Sigma_{0} \rightarrow \Sigma$ constructed in Theorem 1.2.8 is invertible and differentiable, and both $f$ and its inverse are $C^{1, \alpha}$ maps. In particular, $f$ is continuously differentiable. Moreover the Hölder constants depend only on $n$, $d$, and $M$.

When $\alpha=1$, if we replace $r_{k}$ in the left hand side of (1.2.9) by $r_{k} \eta\left(r_{k}\right)$, where $\eta\left(r_{k}\right)^{2}$ satisfies the Dini condition, then we obtain that $f$ and its inverse are $C^{1,1}$ maps.

## Chapter 5

## REMARKS AND COMPLEMENTS

### 5.1 A $C^{1, \alpha}$ FUNCTION WHICH IS NOT $C^{1, \alpha+\varepsilon}$

As mentioned in the introduction, we now include some results with proof from Anzellotti and Serapioni, [AS94].

Proposition 5.1.1. [G. Anzellotti, R. Serapioni, Proposition 3.2 [AS94]] A $C^{k-1,1} d$-rectifiable set is $C^{k} d$-rectifiable.

Proof. Let $E$ be $C^{k-1,1} d$-rectifiable. Up to a set of $\mathcal{H}^{d}$ measure zero, $E$ is contained in a countable union of images of $C^{k-1,1}$ functions. Let $f_{j}$ be such a function. By a Lusin type theorem (see [Fed69], 3.1.15), $f_{j}$ coincides with $g_{j} \in C^{k}$ outside of a set of arbitrarily small measure and so we are done.

Proposition 5.1.2. [G. Anzellotti, R. Serapioni, Proposition 3.3 and Appendix [AS94]] Let $k, m \geq 1$ and $k+s<m+t$. Then there exist $C^{k, s}$ rectifiable sets that are not $C^{m, t}$ rectifiable.

Proof. Given $0 \leq s<t \leq 1$, we construct a function $f \in C^{1, s}, f:[0,1] \rightarrow \mathbb{R}$ which is not $C^{1, t}$ rectifiable. By successive integrations one can obtain examples for the $C^{k, s}$ case, $k>1$. Let $f(x)=\int_{0}^{x} g(t) d t$, where $g$ is defined as follows.

Let

$$
\begin{equation*}
E=\bigcap_{n=0}^{\infty} E_{n}, \tag{5.1.1}
\end{equation*}
$$

where $E_{n}$ is the disjoint union of $2^{n}$ intervals $I_{j}^{n}$ of length $l_{n}$. We define the $E_{n}$ 's inductively: $E_{0}=[0,1]$ and we obtain $E_{n+1}$ from $E_{n}$ by removing from $I_{j}^{n}$ the interval $\left(\xi_{n}-\frac{1}{2} a_{n} l_{n}, \xi_{n}+\right.$ $\frac{1}{2} a_{n} l_{n}$ ), where $\xi_{n}$ is the center of $I_{j}^{n}$ and $a_{n}$ is a summable strictly decreasing sequence in $(0,1)$ to be chosen. Then

$$
\begin{equation*}
|E|=\lim _{n \rightarrow \infty}\left|E_{n}\right|=\lim _{n \rightarrow \infty}\left(1-a_{n}\right)>0 \tag{5.1.2}
\end{equation*}
$$

where $|\cdot|$ denotes the Lebesgue measure. Now set

$$
g(x)= \begin{cases}0 & x \in E  \tag{5.1.3}\\ \left(\operatorname{dist}\left(x, E^{c}\right)\right)^{s} & x \in E^{c}\end{cases}
$$

Clearly $g \in C^{0, s}$ so that $f \in C^{1, s}$. However, for any $t>s$, and any $h \in C^{0, t}$ we have

$$
\begin{equation*}
|\{x \in[0,1] \mid h(x)=g(x)\}|=0 \tag{5.1.4}
\end{equation*}
$$

so that $f$ is not $C^{1, t}$ rectifiable. To prove (5.1.4), see the Appendix of [AS94]. However they want to show that $|\{x \in[0,1] \mid h(x)=f(x)\}|=0$ for any $h \in C^{1, t}$. Their proof contains a small inconsequential error, which can be easily removed by showing (5.1.4) instead, and the same proof applies.

### 5.2 Graph Rectifiability vs Image Rectifiability

The above example a priori shows that there exists a $C^{1, \alpha}$ graph meets every $C^{1, \alpha+\varepsilon}$ graph in a set of measure zero. When we defined $C^{1, \alpha}$ rectifiability we defined using $C^{1, \alpha}$ images. However in [AS94] they use $C^{1, \alpha}$ embedded submanifolds, that is objects which are locally the graphs of $C^{1, \alpha}$ maps. It is worth noticing that for a set $E$ the two notions are equivalent.

First, observe that, given the graph $G$ of a $C^{1, \alpha}$ function $g$ which is not in $C^{1, \alpha+\varepsilon}$ for any $\varepsilon>0$, we can parametrize it by $\gamma(t)=(t, g(t))$, which is a parametrization without critical points (as $\left.x^{\prime}(t)=1 \neq 0\right)$. If we try to reparametrize $G$ by a $C^{1, \alpha+\varepsilon}$ curve $\widetilde{\gamma}(t)=(x(t), y(t))$, then we would have that $y\left(x^{-1}(t)\right)=g(t)$ and it is elementary to show that it is impossible unless we allow critical points, for any $\varepsilon>0$.

Next we prove that in fact, for sets, in the $C^{1, \alpha}$ category graph rectifiability an image rectifiability are equivalent (as it is in the Lipschitz category, see [Dav91]).

Theorem 5.2.1. Let $E \subseteq \mathbb{R}^{n}$ and $\alpha \in(0,1)$. Assume that $E$ is $C^{1, \alpha}$ image rectifiable, that is, there exist countably many $C^{1, \alpha}$ maps $f_{i}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ such that $\mathcal{H}^{d}\left(E \backslash \bigcup_{i} f_{i}\left(\mathbb{R}^{d}\right)\right)=0$. Then $E$ is $C^{1, \alpha}$ graph rectifiable, that is there exists countably many $C^{1, \alpha}$ functions $h_{i}: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n-d}$ whose graphs $\Gamma_{i}$ or rotations of those are such that $\mathcal{H}^{d}\left(E \backslash \bigcup_{i} \Gamma_{i}\right)=0$.

Proof. It is enough to show that the image of a $C^{1, \alpha} \operatorname{map} g: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n}$ can be covered by countably many $C^{1, \alpha}$ graphs. In fact, it is enough to show that almost every point of $\operatorname{Im} g$ has a neighborhood which can be described a as a $C^{1, \alpha}$ graph.

Let $x_{0} \in \mathbb{R}^{d}$ be such that $D g\left(x_{0}\right)$ has full rank. Because $g$ is continuously differentiable, Im $g$ has a tangent plane $T \cong \mathbb{R}^{d}$ at $y_{0}=g\left(x_{0}\right)$ and there exists $U \in \mathbb{R}^{d}$ where $g$ is invertible. For simplicity we can assume the tangent plane to be $T=\left\{y \in \mathbb{R}^{n} \mid y_{d+1}=\cdots=y_{n}=0\right\}$.

Let $\pi: \mathbb{R}^{n} \rightarrow T$ be the orthogonal projection onto $T$, and consider the map $h=\pi \circ$ $g: U \subseteq \mathbb{R}^{d} \rightarrow T$. By the chain rule, $h$ is a $C^{1, \alpha}$ map. Consider a neighborhood $V \ni x_{0}$ such that $h^{-1}: V \cap T \rightarrow U$ is well defined (such a neighborhood exists by the inverse function theorem). Because $D h$ has full rank in $U$, we get that $D\left(h^{-1}\right)$ is well defined and is $\alpha$-Hölder continuous as its entries can be smoothly expressed in terms of the entries of $D h$ which is $\alpha$-Hölder by construction.

Finally, let $F=g \circ h^{-1}: T \cap V \rightarrow \operatorname{Im} g$. First observe that $F$ is $C^{1, \alpha}$ by the chain rule again. Next, observe that $F=\left(\left.\pi\right|_{T \cap V}\right)^{-1}$, hence it is the identity on the first $d$ coordinates of $\mathbb{R}^{n}$ (recall that $T=\left\{y \in \mathbb{R}^{n} \mid y_{d+1}=\cdots=y_{n}=0\right\}$ ). Then we can write $F(x)=(x, f(x))$,
where $f: T \cap V \rightarrow \mathbb{R}^{n-d}$ is defined by $f=\pi^{\perp} \circ F$. The map $f$ is $C^{1, \alpha}$ and, inside $V$, we have that $\operatorname{Im} g=\left\{(x, f(x)) \mid x \in T \cong \mathbb{R}^{d}\right\}$ and this concludes the proof.

### 5.3 Necessary conditions

We also record some observations in the direction of the converses of our theorems and those from [DT12].

Proposition 5.3.1. Let $G$ be a Lipschitz graph in $\mathbb{R}^{n}$. Then

$$
\begin{equation*}
\sum_{k=0}^{\infty} \beta_{\infty}^{G}\left(x, r_{k}\right)^{2} \leq M, \quad \text { for all } x \in G \tag{5.3.1}
\end{equation*}
$$

Proof. This follows from the Main Lemma in [Tol15], Lemma 2.1.

Proposition 5.3.2. Let $\alpha, \alpha^{\prime} \in(0,1), \alpha^{\prime}>\alpha$ and let $G$ be a $C^{1, \alpha^{\prime}}$ graph in $\mathbb{R}^{n}$. Then there exists $M>0$ such that

$$
\begin{equation*}
J_{\infty, \alpha}^{G}(x)=\sum_{k=0}^{\infty} \frac{\beta_{\infty}^{G}\left(x, r_{k}\right)^{2}}{r_{k}^{\alpha}} \leq M, \quad \text { for all } x \in G \tag{5.3.2}
\end{equation*}
$$

Proof. The proof follows the steps from Example 3.1 in [ENV16]. Let $M$ be the graph of a $C^{1, \alpha^{\prime}}$ function $f: \mathbb{R}^{d} \rightarrow \mathbb{R}^{n-d}$. By the Taylor expansion around $\left(x_{0}, f\left(x_{0}\right)\right)$ we get

$$
\begin{equation*}
\left|f(x)-f\left(x_{0}\right)-\nabla f\left(x_{0}\right) \cdot\left(x-x_{0}\right)\right| \leq C\left|x-x_{0}\right|^{1+\alpha^{\prime}} \tag{5.3.3}
\end{equation*}
$$

Because $M$ is smooth we can choose the tangent plane at $x_{0}$ as best approximating plane in $\beta_{\infty}^{G}\left(x_{0}, r\right)$, for $r$ sufficiently small. Then we get

$$
\begin{equation*}
\beta_{\infty}^{G}\left(x_{0}, r\right)^{2} \leq C r^{2 \alpha^{\prime}} \tag{5.3.4}
\end{equation*}
$$

This clearly implies that

$$
\begin{equation*}
\sum_{k=0}^{\infty} \frac{\beta_{\infty}^{G}\left(x, r_{k}\right)^{2}}{r_{k}^{2 \alpha}} \leq M \tag{5.3.5}
\end{equation*}
$$

as $\alpha^{\prime}-\alpha>0$.

### 5.4 Sharpness of the result

The theorems are sharp in the following sense. Let $s \in(0,1)$ and $\varepsilon \in(0,1-s)$. Let $f \in C^{1, s+\frac{\varepsilon}{2}}$ such that $f$ is purely $C^{1, s+\varepsilon}$ unrectifiable (such a function exists by Proposition 5.1.2). Then by Proposition 5.3 .2 we know that for the graph of $f, G$ we have $J_{\infty, s}^{G}(x)<\infty$. That is that for every $\varepsilon \in(0,1-s)$ we have a function $f$ which is purely $C^{1, s+\varepsilon}$ unrectifiable and such that $J_{\infty, s}^{G}(x)<\infty$. This is the same conclusion as the second part of Theorem 1.1 in [Kol17].

### 5.5 How to produce Hölder functions

We outline another more flexible construction of a $C^{1, \alpha}$ function. For a more extensive discussion on how to generate Hölder functions, see B. 6 in Appendix B by S. Semmes in [Gro99]. We include the example as it is of different nature than the one discussed in Proposition 5.1.2, and we can easily estimate its Jones function.

For the remainder of this section, let $\Delta_{m}$ denote the collection of dyadic intervals of size $2^{-m}$, and let $\Delta=\bigcup_{m=0}^{\infty} \Delta_{m}$.

For $J \in \Delta$, let $h_{J}$ be the Haar wavelet, normalized so that $\int_{J}\left|h_{J}(x)\right| d x=1$ and $\int_{J} h_{J}(x) d x=0$, that is

$$
h_{J}(x)= \begin{cases}\frac{1}{|J|} & x \in J_{l}  \tag{5.5.1}\\ -\frac{1}{|J|} & x \in J_{r},\end{cases}
$$

where $J_{l}$ and $J_{r}$ are the left and right half of $J$, respectively. Now define

$$
\begin{equation*}
\psi_{I}(x)=\int_{-\infty}^{x} h_{I}(t) d t \tag{5.5.2}
\end{equation*}
$$

and

$$
\begin{equation*}
g_{k}(x)=\sum_{j=0}^{k} \sum_{J \in \Delta_{j}} 2^{-\alpha j} \psi_{J}(x), \tag{5.5.3}
\end{equation*}
$$

where $\alpha \in(0,1)$. By Lemma 3.3.1, $g(x)=\lim _{k \rightarrow \infty} g_{k}(x)$ is a $C^{\alpha}$ function, and so

$$
\begin{equation*}
f(x)=\int_{0}^{x} g(t) d t \tag{5.5.4}
\end{equation*}
$$

is a $C^{1, \alpha}$ function.

Observe that for the function $f$ we can compute explicitly the $\beta$ numbers. Note that, because $\beta_{\infty}\left(x, 2^{-j}\right) \leq C \alpha_{j}$ by construction, we get that the Jones function for the graph of $f$ is

$$
\begin{equation*}
J_{\infty, \alpha^{\prime}}(x) \leq C \sum_{j=1}^{\infty} \frac{\alpha_{j}^{2}}{2^{-2 \alpha^{\prime} j}}=C \sum_{j=1}^{\infty} 2^{-2\left(\alpha-\alpha^{\prime}\right) j} \tag{5.5.5}
\end{equation*}
$$

which is in line with the discussion in Section 5.3.

Now, we want to prove that $f$ is not $C^{1, \alpha+\varepsilon}$, for any $\varepsilon>0$. In order to do so, we will prove that $g$ is not $C^{\alpha+\varepsilon}$. Now, let $I$ be an interval of size $t=2^{-m}$, and let $K=2^{k}$ be a


Figure 5.1: The function $g_{k}$ on $[0,1]$ for $k=10$ and $\alpha=\frac{1}{2}$.
constant to be fixed later and write

$$
\begin{align*}
g\left(c_{I}\right)-g(x) & =\sum_{j=0}^{\infty} \sum_{J \in \Delta_{j}} 2^{-j \alpha}\left[\psi_{J}\left(c_{I}\right)-\psi_{J}(x)\right]=  \tag{5.5.6}\\
& =\sum_{j>m+k} \sum_{J \in \Delta_{j}} 2^{-j \alpha}\left[\psi_{J}\left(c_{I}\right)-\psi_{J}(x)\right]+ \\
& +\sum_{m-k \leq j \leq m+k} \sum_{J \in \Delta_{j}} 2^{-j \alpha}\left[\psi_{J}\left(c_{I}\right)-\psi_{J}(x)\right]+ \\
& +\sum_{j<m-k} \sum_{J \in \Delta_{j}} 2^{-j \alpha}\left[\psi_{J}\left(c_{I}\right)-\psi_{J}(x)\right]= \\
& =H F+M F+L F,
\end{align*}
$$

the high, medium and low frequencies, respectively.

Because of our normalization of the $h_{J}$ 's, we have that $\left|\psi_{J}\right| \leq 1 / 2$. For the innermost sum, for any given $y$, at most one of the intervals $J$ of a fixed size $s$ is such that $\psi_{J}(y) \neq 0$.

Then we have

$$
\begin{align*}
|H F| & \leq \sum_{j>m+k} 2^{-j \alpha}\left|\psi_{J}\left(c_{I}\right)\right|+\sum_{j>m+k} 2^{-j \alpha}\left|\psi_{J}(x)\right| \leq  \tag{5.5.7}\\
& \leq \sum_{j>m+k} 2^{-j \alpha} \leq 2^{-(m+k) \alpha+1}= \\
& =2^{-m \alpha-k \alpha+1}
\end{align*}
$$

Now choose $x$ so that $\left|x-c_{I}\right| \leq 2^{-m-k}$.

Because of our definition of $\psi_{J}$, we have that $\left|\psi_{J}^{\prime}(x)\right|=1 / 2^{-j}$, recalling that $J \in \Delta_{j}$, so that $\left|\psi_{J}\left(c_{I}\right)-\psi_{J}(x)\right| \leq 2^{-m} / 2^{-j}=2^{-m+j}$. Moreover, because of our choice of $x$ only finitely many terms of the innermost sum are nonzero, and so we have

$$
\begin{align*}
|L F| & \leq \sum_{j<m-k} \sum_{J \in \Delta_{j}} 2^{-j \alpha}\left|\psi_{J}\left(c_{I}\right)-\psi_{J}(x)\right| \leq  \tag{5.5.8}\\
& \leq 2 \sum_{j<m-k} 2^{-j \alpha} 2^{-m+j}= \\
& =2^{-m+1} \sum_{j<m-k} 2^{j(1-\alpha)} \leq \\
& \leq 2^{-m+2} 2^{(m-k)(1-\alpha)}= \\
& =2^{-m \alpha-k(1-\alpha)+2}
\end{align*}
$$

Now, without loss of generality, we can assume $I$ and $x$ are both contained in $[0,1]$, as $g$ is periodically defined on the intervals $[n, n+1)$. Let $I=\left[0,2^{-n}\right)$ and let $x$ be such that $|x|<\frac{2^{-m}}{2^{k+2}}=2^{-m-k-2}$. Then, noting that $\psi_{J}$ has positive slope both at $x$ and $c_{I}$ for our choices of $x$ and $I$, so that there is no cancellation, we get that $\psi_{J}\left(c_{I}\right)-\psi_{J}(x) \geq \frac{1}{4}$. Finally,
we get

$$
\begin{align*}
|M F| & =\left|\sum_{m-k \leq j \leq m+k} \sum_{J \in \Delta_{j}} 2^{-j \alpha}\left[\psi_{J}\left(c_{I}\right)-\psi_{J}(x)\right]\right| \geq  \tag{5.5.9}\\
& \geq \frac{1}{4}\left|\sum_{m-k \leq j \leq m+k} 2^{-j \alpha}\right| \geq \\
& \geq 2^{-2+k+1} 2^{-(m+k) \alpha}= \\
& =2^{-m \alpha+k(1-\alpha)-1} .
\end{align*}
$$

This means that, for infinitely many choices of $I$ and $x$, we have

$$
\begin{align*}
\left|g\left(c_{I}\right)-g(x)\right| & \geq|M F|-|H F|-|L F| \geq  \tag{5.5.10}\\
& \geq 2^{-m \alpha+k(1-\alpha)-1}-2^{-m \alpha-k \alpha+1}-2^{-m \alpha-k(1-\alpha)+2}= \\
& =\left(2^{k(1-\alpha)-1}-2^{-k \alpha+1}-2^{-k(1-\alpha)+2}\right) 2^{-m \alpha}= \\
& =\left(\frac{1}{2} K^{1-\alpha}-2\left(K^{-\alpha}+K^{\alpha-1}\right)\right) t^{\alpha},
\end{align*}
$$

recalling that we set $K=2^{k}, t=2^{-m}$. By choosing $K$ large enough with respect to $\alpha$, for instance by choosing $k=\frac{3}{1-\alpha}$ we get

$$
\begin{equation*}
\left|g\left(c_{I}\right)-g(x)\right| \geq 2 t^{\alpha} \tag{5.5.11}
\end{equation*}
$$

which concludes the proof.
A similar argument can be applied to many other intervals $I$. All we need is sufficiently many consecutive generations where $I$ is on the left side, to avoid cancellation.

Thus, on one hand $g$ is a $C^{\alpha}$ function, and we just proved it is not $C^{\alpha+\varepsilon}$ for any $\varepsilon>0$, at a dense set of points, so that $f$ as above is a $C^{1, \alpha}$ function which is not $C^{1, \alpha+\varepsilon}$.

Lastly, let us mention an interesting representation for Hölder functions, which is a slight modification of the procedure presented in section B. 7 in the aforementioned Appendix by


Figure 5.2: The function $E_{t}\left(g_{k}\right)$ on $[0,1]$ for $k=10, t=2^{-7}$ and $\alpha=\frac{1}{2}$.
S. Semmes. The idea is similar to the one discussed in Section 3.3 (that is, Theorem 3.3.1).

Let $\widetilde{\psi}_{I}(x)=\int_{-\infty}^{x} h_{3 I}(t) d t$, where $3 I$ denotes the interval with the same center as $I$ and three times its size. Moreover define a partition of unity

$$
\begin{equation*}
\phi_{I}(x)=\frac{\widetilde{\psi}_{I}(x)}{\sum_{|J|=|I|} \widetilde{\psi}_{J}(x)} \tag{5.5.12}
\end{equation*}
$$

Clearly $0 \leq \phi_{I}(x) \leq 1$, it's supported on $3 I$ and it is $\frac{1}{|3 I|}$-Lipschitz. Moreover, for every $x \in \mathbb{R}$

$$
\begin{equation*}
\sum_{|I|=t} \phi_{I}(x)=1 \tag{5.5.13}
\end{equation*}
$$

Given $G: \mathbb{R} \rightarrow \mathbb{R}$, a $\alpha$-Hölder function, define

$$
\begin{equation*}
E_{t}(G)(x)=\sum_{|I|=t} G\left(c_{I}\right) \phi_{I}(x) \tag{5.5.14}
\end{equation*}
$$

where the sum is over all dyadic intervals, $t=2^{-m}$, for some integer $m$, and $c_{I}$ denotes the center of the interval $I$.

Lemma 5.5.1 ((Lemma B.7.8 [Gro99])). There exists a constant $C$ such that

$$
\begin{equation*}
\sup _{\mathbb{R}}\left|G-E_{t}(G)\right| \leq C K t^{\alpha}, \tag{5.5.15}
\end{equation*}
$$

if $G$ is $\alpha$-Hölder with constant $K$.

Lemma 5.5.2 ((Lemma B.7.11 [Gro99])). There exists a constant $C$ such that $E_{t}(G)$ is $C K t^{\alpha-1}$-Lipschitz if $G$ is $\alpha$-Hölder with constant $K$.

Theorem 5.5.3. Let $G: \mathbb{R} \rightarrow \mathbb{R}$. Then for every $t>0$ there exists $G_{t}$ such that $\| G-$ $G_{t} \|_{\infty} \leq K t^{\alpha}$ and $G_{t}$ is $K t^{\alpha-1}$-Lipschitz if and only if $G$ is $\alpha$-Hölder continuous with constant proportional to $K$.

Proof. One direction follows directly from the lemmas above. For the other direction, let $x, y \in \mathbb{R}$ and set $t=|x-y|$.

$$
\begin{align*}
|G(x)-G(y)| & \leq\left|G(x)-G_{t}(x)\right|+\left|G_{t}(x)-G_{t}(y)\right|+\left|G_{t}(y)-G(y)\right| \leq  \tag{5.5.16}\\
& \leq 2 K t^{\alpha}+K t^{\alpha-1}|x-y|=3 K t^{\alpha} .
\end{align*}
$$

### 5.6 BESOV AND LIPSCHITZ SPACES

The Theory of Function Spaces developed around the 1960's as a self-contained branch of Functional Analysis. Several function spaces have been introduced in order to measure smoothness of functions and to fill in the gaps left by more classical function spaces. For an extensive introduction, see [Tri10]. The choice of the $C^{1, \alpha}$ modulus of continuity for higher order rectifiable sets is rather natural, considering that in the literature Hölder and Lipschitz functions play an important role when dealing with geometric measure theory. However from a standpoint of function spaces the choice of such spaces might appear arbitrary. We mentioned Besov spaces and potential spaces in the introduction as they are the framework
for the work of Dorronsoro [Dor85a, Dor85b]. Another class of functions which are strictly related to those are functions in Triebel-Lizorkin spaces $F_{p, q}^{k}$.

Let us introduce one of these "finer" function spaces, the Lipschitz-Besov spaces (or simply Besov spaces). There exist several different definitions and various characterizations for these spaces. We will only consider one of the many definitions, the one used in [Dor85a]. For each positive integer $k$ we define the $k$-th order $L^{p}$ modulus of continuity of a function $f$ by

$$
\begin{equation*}
\omega_{p, k}(f, t)=\sup _{|h| \leq t}\left\|\Delta_{h}^{k} f\right\|_{p} \tag{5.6.1}
\end{equation*}
$$

for $t>0$ and where $\Delta_{h} f=f(x+h)-f(x), x, h \in \mathbb{R}^{n}$.
Definition 5.6.1. For $n \in \mathbb{N}, 1 \leq p, q \leq \infty, s=k+\alpha, k \in \mathbb{N}$ and $\alpha \in(0,1]$, define $B_{p, q}^{s}\left(\mathbb{R}^{n}\right)$ to be the space of all functions such that

$$
\begin{equation*}
\|f\|_{B_{p, q}^{s}}=\left(\int_{0}^{\infty}\left(\frac{\omega_{p, k}(f, t)}{t^{s}}\right)^{q} \frac{d t}{t}\right)^{1 / q}<\infty . \tag{5.6.2}
\end{equation*}
$$

For $p=q=\infty$, and $\alpha \in(0,1)$, the space $B_{p, q}^{s}$ coincides with the classical Lipschitz spaces $\Lambda^{s}=C^{k, \alpha}$. However for $\alpha=1$, that is, for $s=k$ integer, the space $B_{\infty, \infty}^{k}$ does not coincide with $C^{k, 1}$ (see [Ste70]). The latter is in fact strictly smaller than $B_{\infty, \infty}^{k}$.

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