# Three $_{+\frac{1}{4}}$ Miracles in Analysis 

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## Outline

1. Poincaré inequalities on the torus $\mathbb{T}^{d}$
2. Number Theory in the Hardy-Littlewood maximal function
3. Slepian's miracle and integral operators
4. Bonus ${ }_{\frac{1}{4}}$ Miracle in $\mathbb{N}(\$ 200$ prize $)$
(1) Poincaré inequalities on the torus $\mathbb{T}^{d}$

## The Poincaré inequality

General setting: $\Omega \subset \mathbb{R}^{n}$ bounded and nice enough. Then

$$
\int_{\Omega} f(x) d x=0 \Longrightarrow \int_{\Omega}|\nabla f(x)|^{p} d x \geq c_{p, \Omega} \int_{\Omega}|f(x)|^{p} d x
$$

'If a function has large values, it has to have large growth.'

$\lambda_{0}=2.4048$

$\lambda_{1}=3.8317$



Figure : $\Omega$ a disk: the best functions for Dirichlet condition.

## Some History

Mean-value theorem
Let $\Omega \subset \mathbb{R}^{n}$ be convex and $f: \Omega \rightarrow \mathbb{R}$ have mean 0 . Then

$$
\|f\|_{L^{\infty}(\Omega)} \leq \operatorname{diam}(\Omega)\|\nabla f\|_{L^{\infty}(\Omega)}
$$

Theorem (Payne-Weinberger, 1960)
Let $\Omega \subset \mathbb{R}^{n}$ be convex and $f: \Omega \rightarrow \mathbb{R}$ have mean 0 . Then

$$
\|f\|_{L^{2}(\Omega)} \leq \frac{1}{\pi} \operatorname{diam}(\Omega)\|\nabla f\|_{L^{2}(\Omega)}
$$

Theorem (Acosta-Duran, 2005)
Let $\Omega \subset \mathbb{R}^{n}$ be convex and $f: \Omega \rightarrow \mathbb{R}$ have mean 0 . Then

$$
\|f\|_{L^{1}(\Omega)} \leq \frac{1}{2} \operatorname{diam}(\Omega)\|\nabla f\|_{L^{1}(\Omega)}
$$

## Some History II

$$
\|f\|_{L^{1}(\Omega)} \leq \frac{1}{2} \operatorname{diam}(\Omega)\|\nabla f\|_{L^{1}(\Omega)}
$$



$$
\|f\|_{L^{1}(\Omega)} \sim 2 \quad \operatorname{diam}(\Omega) \sim 2 \quad\|\nabla f\|_{L^{1}(\Omega)} \sim 2
$$

$\diamond$ (Bokowski, Bokowski-Sperner, Cianchi, Dyer-Frieze, Ferone-Nitsch-Trombetti, Gysin, Kawohl - Fridman, Nitsch, Santalo, S.-T. Yau, ...)

## A sharper form

## Theorem (S., 2015)

Let $\Omega \subset \mathbb{R}^{n}$ be convex. Then

$$
\|f\|_{L^{1}(\Omega)} \leq \frac{2}{\log 2} M(\Omega)\|\nabla f\|_{L^{1}(\Omega)},
$$

where

$$
M(\Omega)=\inf _{z \in \mathbb{R}^{n}} \frac{1}{|\Omega|} \int_{\Omega}\|x-z\| d x \lesssim \operatorname{diam}(\Omega)
$$

$M($ regular $n$-simplex $) \lesssim \frac{1}{\sqrt{n}} \operatorname{diam}$ (regular $n$-simplex) Interpolation with $L^{\infty}$ then gives a universal improvement.

## A nice byproduct

Theorem (Dyer-Frieze, 1991)
Let $\Omega \subset \mathbb{R}^{n}$ be a convex domain and $S \subset \Omega$. Then

$$
\mathcal{H}^{n-1}(\partial S \cap \Omega) \geq \frac{2}{\operatorname{diam}(\Omega)} \min (|S|,|\Omega \backslash S|)
$$

and the constant 2 is optimal.
(Fulkersson Prize 1991)


## A nice byproduct II

## Theorem (S., 2015)

Let $\Omega$ be convex and $S \subseteq \Omega$. Then

$$
\mathcal{H}^{n-1}(\partial S \cap \Omega) \geq \frac{4}{\operatorname{diam}} \frac{|S||\Omega \backslash S|}{|\Omega|}
$$

and the constant 4 is optimal.

Note that

$$
\frac{4}{\operatorname{diam}} \frac{|S||\Omega \backslash S|}{|\Omega|}=\underbrace{\frac{2}{\operatorname{diam}} \min (|S|,|\Omega \backslash S|)}_{\text {Dyer-Frieze }} \cdot \underbrace{\frac{2 \max (|S|,|\Omega \backslash S|)}{|\Omega|}}_{\geq 1} .
$$

## Everything is easy on the torus!

Particularly simple on $\mathbb{T}^{d}$ and $p=2$. Then, if $f$ has mean value 0 ,

$$
\int_{\mathbb{T}^{d}}|\nabla f(x)|^{2} d x \geq \int_{\mathbb{T}^{d}}|f(x)|^{2} d x
$$

and this is the sharp result.

Proof. Convexity!

$$
\begin{aligned}
& f(x)=\sum_{\mathbf{k} \neq \mathbf{0}} a_{\mathbf{k}} e^{i \mathbf{k} \cdot x} \\
& \nabla f=\sum_{\mathbf{k} \neq \mathbf{0}} \mathbf{k} a_{\mathbf{k}} e^{i \mathbf{k} \cdot x} \\
&\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{2}=\sum_{\mathbf{k} \neq \mathbf{0}}\left|a_{\mathbf{k}}\right|^{2} \leq \sum_{\mathbf{k} \neq \mathbf{0}}|\mathbf{k}|^{2}\left|a_{\mathbf{k}}\right|^{2} \leq\|\nabla f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{2}
\end{aligned}
$$

## Main result

Theorem (S., special case $d=2$ )
There exist $\alpha \in \mathbb{T}^{2}$ and $c_{\alpha}>0$ so that for all functions with mean value 0

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{2}\right)}\|\langle\nabla f, \alpha\rangle\|_{L^{2}\left(\mathbb{T}^{2}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{2}
$$

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$$

Clearly $\alpha=(1,0)$ does not work because that would give

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{2}\right)}\left\|\partial_{x} f\right\|_{L^{2}\left(\mathbb{T}^{2}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{2}
$$

and the function might vary along the $y$-direction. Clearly $\alpha=(m, n) \in \mathbb{Z}^{2}$ does not work either: $\sin (n x-m y)$.

Non-closed geodesics

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{2}\right)}\|\langle\nabla f, \alpha\rangle\|_{L^{2}\left(\mathbb{T}^{2}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{2}
$$



## Bad non-periodic geodesics

$$
\alpha=\left(1, \sum_{n=1}^{\infty} \frac{1}{10^{n!}}\right) \sim(1,0.110001 \ldots)
$$

where the number, Liouville's constant, is known to be irrational.

$$
f_{N}(x, y)=\sin \left(10^{N!}\left(\sum_{n=1}^{N} \frac{x}{10^{n!}}-y\right)\right)
$$

then

$$
\left\|f_{N}\right\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{2}=2 \pi^{2} \quad \text { and } \quad\left\|\nabla f_{N}\right\|_{L^{2}\left(\mathbb{T}^{2}\right)} \leq 6 \cdot 10^{N!}
$$

while
$\left\|\left\langle\nabla f_{N}, \alpha\right\rangle\right\|_{L^{2}\left(\mathbb{T}^{2}\right)}=\sqrt{2 \pi^{2}}\left(\sum_{n=N+1}^{\infty} \frac{10^{N!}}{10^{n!}}\right) \ll 10^{-2 \cdot N!} \quad$ for $N \geq 3$.

Theorem (special case $d=2$ )

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{2}\right)}\|\langle\nabla f, \alpha\rangle\|_{L^{2}\left(\mathbb{T}^{2}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{2}
$$

Characterization (special case $d=2$ )
$\alpha=\left(\alpha_{1}, \alpha_{2}\right) \in \mathbb{T}^{2}$ is admissible if and only if $\alpha_{2} / \alpha_{1}$ has a bounded continued fraction expansion.
$\alpha=(1, \sqrt{2})$ is admissible.
$\alpha=(1, e)$ is not admissible.
$\alpha=(1, \pi)$ is most likely not admissible.

## More results

Theorem

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{d}\right)}^{d-1}\|\langle\nabla f, \alpha\rangle\|_{L^{2}\left(\mathbb{T}^{d}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{d}
$$

## More results

Theorem

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{d}\right)}^{d-1}\|\langle\nabla f, \alpha\rangle\|_{L^{2}\left(\mathbb{T}^{d}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{d}
$$

Theorem (Coifman)

$$
\left\|\left\langle D^{d} f, \alpha\right\rangle\right\|_{L^{2}\left(\mathbb{T}^{d}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}
$$

## More results

Theorem

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{d}\right)}^{d-1}\|\langle\nabla f, \alpha\rangle\|_{L^{2}\left(\mathbb{T}^{d}\right)} \geq c_{\alpha}\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{d}
$$

Theorem (Coifman)

$$
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$$

Irrationality measure of $\pi$

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{7 / 8}\|\langle\nabla f,(1, \pi)\rangle\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{1 / 8} \geq c\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}
$$

## Further directions

Khintchine
For every $\delta<1 / 2$, the set of $\alpha \in \mathbb{T}^{2}$ for which

$$
\|\nabla f\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{1-\delta}\|\langle\nabla f, \alpha\rangle\|_{L^{2}\left(\mathbb{T}^{2}\right)}^{\delta} \geq c\|f\|_{L^{2}\left(\mathbb{T}^{2}\right)}
$$

has full Lebesgue measure.
The general problem
General question: nice geometry, smooth vector field $Y$ on that geometry

$$
\|\nabla f\|_{L^{2}}^{1-\delta}\|\langle\nabla f, Y\rangle\|_{L^{2}}^{\delta} \geq c\|f\|_{L^{2}}
$$

## Further directions

$\mathbb{S}^{2}$ Hairy ball theorem. A continuous vector field on an even-dimensional sphere vanishes somehwere. $\mathbb{S}^{3}$ Seifert conjecture (false). Every nonsingular, continuous vector field on the 3 -sphere has a closed orbit.


Very daring conjecture. $\mathbb{T}^{d}$ is the best geometry (i.e. smallest $\delta$ ).

Further directions (in progress)


## The Stony Brook slides

Question. Closed manifold.
Is there a geodesic $\gamma(t)$ that explores the space up to $\varepsilon$-accuracy using the minimal possible length?


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Is there a geodesic $\gamma(t)$ that explores the space up to $\varepsilon$-accuracy using the minimal possible length?


Length until every $\varepsilon$-box has been visited once $\gtrsim \frac{1}{\varepsilon}$.

## The Stony Brook slides

Question. Closed manifold.


If, uniformly in $\varepsilon$,
Length until every $\varepsilon$-box has been visited once $\lesssim \frac{1}{\varepsilon}$,
then the manifold is 'essentially' a torus with flat metric? Can it be inferred that the geodesic flow is not mixing in the strongest possible sense?
(2) Number Theory in the Hardy-Littlewood maximal function

## One version of the statement

Theorem
Let $f \in C^{1 / 2+}$ be periodic. If, for all $x \in \mathbb{R}$,

$$
\int_{x-1}^{x+1} f(z) d z=f(x-1)+f(x+1)
$$

then

$$
f(x)=a+b \sin (c x+d) \quad \text { for some } a, b, c, d \in \mathbb{R}
$$

Why? Is it trivial? Also: why even think about this?

## Lax (2007)

# A CURIOUS FUNCTIONAL EQUATION 

By

Peter D. Lax

For Israel Gohberg, outstanding analyst, with affection and admiration.
(7)

$$
\frac{1}{x} \int_{0}^{x} f(y) d y=f(x / 2)
$$

Theorem 3. A solution $f$ of (7) which is infinitely differentiable at $x=0$ is of the form $f(x)=c+m x$.

## Hardy-Littlewood maximal function

Definition.
Let $f: \mathbb{R} \rightarrow \mathbb{R}_{+}$. We set

$$
(\mathcal{M} f)(x):=\sup _{r>0} \frac{1}{2 r} \int_{x-r}^{x+r} f(z) d z .
$$



## The computational question

How is the maximal function being computed?


## Definition.

Given a function $f: \mathbb{R} \rightarrow \mathbb{R}_{+}$, the smallest optimal radius $r_{f}: \mathbb{R} \rightarrow \mathbb{R}$ is

$$
r_{f}(x)=\inf \left\{r>0: \frac{1}{2 r} \int_{x-r}^{x+r} f(z) d z=(\mathcal{M} f)(x)\right\} .
$$

## Simple functions are trigonometric

Theorem
Let $f \in C^{1 / 2+}$ be periodic. If

$$
\left|\left(\bigcup_{x \in \mathbb{R}}\left\{r_{f}(x)\right\}\right) \cup\left(\bigcup_{x \in \mathbb{R}}\left\{r_{-f}(x)\right\}\right)\right| \leq 2
$$

then

$$
f(x)=a+b \sin (c x+d) \quad \text { for some } a, b, c, d \in \mathbb{R}
$$

## Periodic solutions of a DDE are trigonometric

Theorem (equivalent)
Let $\alpha>0$ be fixed and let $f \in C^{1}(\mathbb{R}, \mathbb{R})$ be a solution of the delay differential equation

$$
f^{\prime}(x+\alpha)-\frac{1}{\alpha} f(x+\alpha)=-f^{\prime}(x-\alpha)-\frac{1}{\alpha} f(x-\alpha) .
$$

If $f$ is periodic, then

$$
f(x)=a+b \sin (c x+d) \quad \text { for some } a, b, c, d \in \mathbb{R}
$$



## Proof

After a standard application of Fourier series:
Theorem (again equivalent)
Let $(\alpha, m, n) \in \mathbb{R} \times \mathbb{N} \times \mathbb{N}$. If

$$
\begin{aligned}
\tan \alpha m & =\alpha m \\
\tan \alpha n & =\alpha n
\end{aligned}
$$

then $\alpha=0$ or $m=n$.

## Proof II



We need that any two elements in the set

$$
\left\{x \in \mathbb{R}_{>0}: x=\tan x\right\}=\{4.49 . ., 7.72 . ., 10.90 . ., 14.06 . ., \ldots\}
$$

are linearly independent over $\mathbb{Q}$.

## Proof III

Use multiple angle formulas.
$\tan \alpha=\alpha$
$\tan 3 \alpha=3 \alpha$
$3 \alpha \underbrace{=}_{\text {2nd eq }} \tan 3 \alpha \underbrace{=}_{\text {trig identity }} \frac{\left((\tan \alpha)^{2}-3\right) \tan \alpha}{3(\tan \alpha)^{2}-1} \underbrace{=}_{\text {1st eq }} \frac{\alpha^{2}-3}{3 \alpha^{2}-1} \alpha$
Yields very complicated polynomials very quickly.

It would be exceedingly nice if we wouldn't have to deal with polynomials.

## Proof IV - the miracle

Corollary of the Lindemann-Weierstrass theorem.
$\tan$ (nonzero algebraic number) is transcendental.


$$
\text { If } \tan \beta=\beta \quad \text { then } \quad \beta \text { is transcendental (or } \beta=0 \text { ). }
$$

## Proof V

$$
\begin{aligned}
\tan \alpha m & =\alpha m \\
\tan \alpha n & =\alpha n
\end{aligned}
$$

implies

$$
n \tan \alpha m-m \tan \alpha n=0
$$

Rewriting these as polynomials of $\tan \alpha$, we get

$$
0=n \tan \alpha m-m \tan \alpha n=n \frac{p_{m}(\tan \alpha)}{q_{m}(\tan \alpha)}-m \frac{p_{n}(\tan \alpha)}{q_{n}(\tan \alpha)}
$$

and therefore after multiplication with $q_{m}(\tan \alpha) q_{n}(\tan \alpha)$

$$
0=n q_{n}(\tan \alpha) p_{m}(\tan \alpha)-m q_{m}(\tan \alpha) p_{n}(\tan \alpha)
$$

## Proof VI

$$
0=n q_{n}(\tan \alpha) p_{m}(\tan \alpha)-m q_{m}(\tan \alpha) p_{n}(\tan \alpha)
$$

This means that $\tan \alpha$ is algebraic. Algebraic numbers form a field (closed under sums, products and division). Since

$$
\tan n \alpha=\frac{p_{n}(\tan \alpha)}{q_{n}(\tan \alpha)}
$$

$\tan n \alpha$ is algebraic (and, little extra work, not 0). However, by assumption,

$$
\tan n \alpha=n \alpha
$$

and therefore

$$
\tan \underbrace{\tan n \alpha}_{\text {algebraic }}=\underbrace{\tan n \alpha}_{\text {algebraic }} .
$$

This means the tangent sends a nonzero algebraic number to an algebraic number. Contradiction. $\square$
(3) Slepian's miracle and integral operators

## Coauthors



Rima Alaifari


Lillian Pierce
(Colloquium tomorrow!)


Roy Lederman

## The problem

If $f \in C_{c}^{\infty}([0,1])$ and we know the Hilbert transform

$$
(H f)(x)=\int_{\mathbb{R}} \frac{f(y)}{x-y} d y
$$

on $[2,3]$, how much do we know about $f$ ?


Complex analysis: Hf is holomorphic, cannot vanish identically on an interval and is thus injective ...


Figure : A function $f$ on $[0,1]$ with $\|H f\|_{L^{2}([2,3])}^{2} \sim 10^{-7}\|f\|_{L^{2}([0,1])}^{2}$

Any form of stability requires

$$
\|H f\|_{L^{2}([2,3])}^{2} \geq \cdots \text { some control } \cdots>0
$$

Theorem (Alaifari, Pierce, S.)
There exists a constant $c>0$ such that

$$
\|H f\|_{L^{2}[2,3]} \geq c \exp \left(-\frac{1}{c}\left\|f_{x}\right\|_{L^{2}[0,1]}\|f\|_{L^{2}[0,1]}\right)\|f\|_{L^{2}[0,1]} .
$$



Figure : A function $f$ on $[0,1]$ with $\|H f\|_{L^{2}([2,3])}^{2} \sim 10^{-7}\|f\|_{L^{2}([0,1])}^{2}$

Theorem (Lederman, S.)
There exists $c>0$ such that for all real-valued $f \in H^{1}[-1,1]$

$$
\int_{-1}^{1}|\widehat{f}(\xi)|^{2} d \xi \geq c\left(\frac{1}{c} \frac{\left\|f_{x}\right\|_{L^{2}[-1,1]}}{\|f\|_{L^{2}[-1,1]}}\right)^{-\frac{1}{c} \frac{\left\|f_{x}\right\|_{L^{2}[-1,1]}}{\| f L_{L^{2}[-1,1]}}} \int_{-1}^{1}|f(x)|^{2} d x .
$$



Figure : A function $f$ on $[-1,1]$ with $\left\|\mathcal{F}_{T} f\right\|_{L^{2}[-1,1]}^{2} \sim 10^{-18}\|f\|_{L^{2}([-1,1])}^{2}$.

A complete mystery in $\mathbb{N}$

## Ulam (1964)

One can consider a rule for growth of patterns - in one dimension it would be merely a rule for obtaining successive integers. [...] In both cases simple questions that come to mind about the properties of a sequence of integers thus obtained are notoriously hard to answer.

$1,2,3,4,6,8,11,13,16,18,26,28,36,38,47,48,53 \ldots$

## Ulam sequence

Start with 1,2. The next element is the smallest integer that can be uniquely written as the sum of two distinct earlier terms.

$1,2,3,4,6,8,11,13,16,18,26,28,36,38,47,48,53 \ldots$
$1,2,3,4,6,8,11,13,16,18,26,28,36,38,47,48,53 \ldots$

The sequence grows at most exponentially. Nothing else is known. [additive combinatorics works well with Fourier analysis]

Fourier series detect correlation with linear phases, let's look at

$$
\operatorname{Re} \sum_{n=1}^{N} e^{i a_{n} x}=\sum_{n=1}^{N} \cos \left(a_{n} x\right)
$$



Figure: $N=5$


Figure: $N=10$


Figure : $N=100$

Peak roughly at (thanks to data provided by Dan Strottman!)

$$
\alpha \sim 2.5714474 \ldots
$$

and of strength

$$
\mathcal{R} \sum_{n=1}^{N} e^{i a_{n} x}=\sum_{n=1}^{N} \cos \left(a_{n} x\right) \sim-0.79 N .
$$

Indeed, we have (empirically, up to $10^{11}$ )

$$
\cos \left(\alpha a_{n}\right)<0 \quad \text { for all numbers except } \quad\{2,3,47,69\} .
$$



Indeed, we have ( at least up to $10^{11}$ )

$$
\cos \left(\alpha a_{n}\right)<0 \quad \text { for all numbers except } \quad\{2,3,47,69\} .
$$

This means that the $\cos \left(\alpha a_{n}\right)$ terms have to line up.
The relevant set is $\left(\alpha a_{n} \bmod 2 \pi\right)_{n=1}^{N}$.

## The limiting distribution



Jordan Ellenberg @JSEllenberg - 18. Dez.
Why is there a spike in the Fourier transform of the Ulam sequence?!? arxiv.org/abs/1507.00267


## Kevin O'Bryant

November 4 at 12:14pm • Jersey City, NJ • O
This is one of the most bizarre discoveries (still unexplained) in my area of math in recent years.
cpsc.yale.edu
CPSC.YALE.EDU

## Fast computation (Donald Knuth)

30. That index and link mechanism is somewhat tricky, so I'd better have a subroutine to check that it isn't messed up.
```
#define flag #80000000 /* flag temporarily placed into the next fields */
```

\#define panic (m)
f

return;
\}
$\langle$ Subroutines 10$\rangle+\equiv$
void sanity (void)
\{
register int $h, j$, next $j, x, y, r$, lastr;
ullng $u$, lastu;

## PhD thesis (Daniel Ross, in progress)

## The Ulam sequence and related phenomena

Daniel Ross

## Contents

1 Introduction


Timothy Gowers +6
My initial reaction, after having read nothing but the definition (which alone merits a +1 for this post), was to think that the density ought to be similar to that of the squares. The rough reason: if you have significantly greater than that density, then there should be lots of numbers expressible as a sum of two (distinct) terms of your sequence in at least two ways.

But I was assuming that the sequence would be fairly random, and the rest of your post makes it clear that that is very much not the case. Now that it occurs to me that the odd numbers have the property that no member of the sequence can be written as a sum of two earlier members of the sequence, I see that my heuristic argument basically misses the point completely.

What a weirdly interesting problem.


Figure: Initial values $(1,3)$


Figure: Initial values (1,4)


Figure: Initial values $(2,3)$


