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# On the Geometry of Rectifiable Sets with Carleson and Poincaré-type Conditions

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AMS Spring Eastern Sectional Meeting, State University of New York at Stony Brook, Stony Brook, NY

March 19, 2016

1 Motivation and History

## 2 Preliminaries



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- In 1960, Reifenberg proved that if a set is well approximated by *n*-planes, then it is a homeomorphic (more precisely bi-Hölder) image of an *n*-plane.
- In 2012, David and Toro proved that if the oscillations of these approximating *n*-planes are controlled, then the set is a bi-Lipschitz image of an *n*-plane.
- Smooth surfaces of co-dimension 1 whose oscillation of the unit normal is small are called CASSC. They were introduced by Semmes in 1991.
- It is still an open question if CASSC admit a bi-Lipschitz parametrization.
- In this talk, we give a condition on the oscillation of the unit normal of a rectifiable set that guarantees a bi-Lipschitz parametrization.

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## The setting:

## • We consider M, an *n*-rectifiable subset of $\mathbb{R}^{n+1}$ .

• We ask that *M* be Ahlfors regular:

#### Definition

An  $\mathcal{H}^n$ -measurable set M is called Ahlfors regular if it is closed and there exists a constant  $C \ge 1$  such that

 $C^{-1}r^n \leq \mathcal{H}^n(B_r(x) \cap M) \leq C r^n$ 

for all  $x \in M$  and r > 0.

 Let µ = ℋ<sup>n</sup> ∟ M, the n-dimensional Hausdorff measure restricted to M.

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# Carleson Condition on the unit normals to M

We consider the following Carleson-type condition on the oscillation of the unit normal  $\nu$  to our rectifiable set M:

For all  $x \in M$ , we have

$$\int_0^1 \left( \oint_{B_r(x)} |\nu(y) - \nu_{x,r}|^2 \, d\mu \right) \frac{dr}{r} < \epsilon \,, \tag{1}$$

where  $\nu_{x,r} = \int_{B_r(x)} \nu(y) d\mu(y)$  is the average of the unit normal  $\nu$  on  $B_r(x)$ , and where  $\epsilon$  is a small number to be determined later.

# Poincaré Inequality on M

We consider the following Poincaré-type inequality on our rectifiable set M:

For all  $x \in M$ , r > 0, and for *any* locally Lipschitz function f on  $\mathbb{R}^{n+1}$ , we have

$$\oint_{B_r(x)} |f(y) - f_{x,r}| \, d\mu(y) \le c_P \, r \left( \oint_{B_{2r}(x)} |\nabla^M f(y)|^2 \, d\mu(y) \right)^{\frac{1}{2}},$$
(2)

where  $c_P$  denotes the Poincaré constant, which is a constant depending only on n,  $f_{x,r} = \int_{B_r(x)} f(y) d\mu(y)$  is the average of the function f on  $B_r(x)$ , and  $\nabla^M f(y) = p_{T_yM}(\nabla f(y))$  denotes the tangential derivative of f.

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# Bi-Lipschitz Parametrization of M

## Theorem (M., 2015)

Let  $M \subset B_1(0)$  be an n-Ahlfors regular rectifiable set containing the origin. Assume that M satisfies the Poincaré inequality (2) and the unit normal  $\nu$  to M satisfies the Carleson-type condition (1) with an  $\epsilon > 0$  (small enough) that depends only on n.

Then, there exists a bijective K-bi-Lipschitz map  $g : \mathbb{R}^{n+1} \to \mathbb{R}^{n+1}$ where the bi-Lipschitz constant K depends only on n, and an n-dimensional plane  $\Sigma$ , such that

 $g(\Sigma)$  is a  $\epsilon$ -Reifenberg flat set, and

$$M \cap B_{rac{1}{2}}(0) \subset g(\Sigma).$$

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## Ideas of the proof

$$\int_0^1 \left( \oint_{B_r(x)} |\nu(y) - \nu_{x,r}|^2 \, d\mu \right) \frac{dr}{r} < \epsilon$$

- Define  $P_{x,r}$  to have unit normal  $\nu_{x,r}$ .
- Poincare Inequality  $\implies P_{x,r}$  good approximating *n*-plane.
- Carleson Condition  $\implies$  oscillations of  $P_{x,r}$  is controlled.

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# Quasiconvexity of M

Notice that the containment in the above result is because M might be full of holes. It turns out that these holes cannot be too big.

#### Definition

A space X in  $\mathbb{R}^{n+1}$  is quasiconvex if there exists a constant  $\kappa \geq 1$  such that for any two points x and y in X, there exists a rectifiable curve  $\gamma$  in X, joining x and y, such that length $(\gamma) \leq \kappa |x - y|$ .

#### Theorem (M., 2015)

Let  $M \subset B_1(0)$  be an n-Ahlfors regular rectifiable set in  $\mathbb{R}^{n+1}$ . Suppose that M satisfies the Poincaré inequality (2). Then M is quasiconvex.

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# Further Results and Current Projects

- The above results also hold in higher co-dimensions when considering a Carleson-type condition on the oscillation of the tangent planes of the rectifiable set *M*.
- There are examples of non-smooth surfaces that satisfy the Poincaré-type inequality.
- It seems that the Poincaré inequality does not get rid of the holes in *M*.

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# Thank You!