Disclaimers:
1. Math is my field.
2. There is emphasis in women because this is the group I know better. Many of the statements apply to other underrepresented groups (for instance, African American, LGTB, Latinos, …)

Some reasons why there is little diversity in math and some ideas to change this

* References to the articles mentioned here can be found at the end of these slides.
* This (always evolving) talk is posted in my website.
* Please send me any comment, suggestion, criticism, and relevant material, especially anything that you found useful.

<table>
<thead>
<tr>
<th></th>
<th>% of female grad students</th>
<th>% tenured women</th>
</tr>
</thead>
<tbody>
<tr>
<td>Harvard</td>
<td>9.1</td>
<td>5.6</td>
</tr>
<tr>
<td>Brown</td>
<td>32.6</td>
<td>5.6</td>
</tr>
<tr>
<td>MIT</td>
<td>17.8</td>
<td>7.9</td>
</tr>
<tr>
<td>Yale</td>
<td>10.7</td>
<td>9.1</td>
</tr>
<tr>
<td>Chicago</td>
<td>27.8</td>
<td>9.4</td>
</tr>
<tr>
<td>Princeton</td>
<td>28.6</td>
<td>10.0</td>
</tr>
<tr>
<td>Cornell</td>
<td>28.1</td>
<td>10.3</td>
</tr>
<tr>
<td>Stony Brook</td>
<td>11.3</td>
<td>11.4</td>
</tr>
<tr>
<td>CalTech</td>
<td>12.5</td>
<td>11.8</td>
</tr>
<tr>
<td>UCLA</td>
<td>35.1</td>
<td>11.9</td>
</tr>
<tr>
<td>Texas-Austin</td>
<td>36.5</td>
<td>13.3</td>
</tr>
<tr>
<td>Michigan</td>
<td>29.4</td>
<td>16.9</td>
</tr>
</tbody>
</table>

Faculty and grad students body in some top math departments (Data from 2015 AMS website)

Undergraduate math majors: 43% are women
New PhDs in math: 28% are women
Postdocs in math: 31% are women
Tenured math faculty at PhD-granting universities: 12% are women
AMS prizes awarded at JMM 2014: 0% given to women

From AWM President Ruth Charney’s column in the Sept-Oct 2014 AWM Newsletter.
After her husband death, in 1710, Maria Winckelmann Kirch asked the Royal Berlin Academy of Sciences if she could fill her husband's position as Royal Astronomer (she had been doing the job herself since her husband became ill). The Academy refused.

In 1870, Sofia Kovalevskaya took private lessons with Karl Weierstrass, since the university would not even allow her to audit classes.

Why there is very little diversity in math?
Models, explanations, ideas.

- Gender schemas (Stereotypes)
- Implicit bias (self and from outside)
- Lack of role models (a vicious circle)
- Negative messages (expectations of brilliance..)
- Lack of mentors
- “Equal calls equal”
- Impostor feeling
- Isolation, feeling of not belonging.
- Accumulation of disadvantage.
- “Invisibility” of women
- Tendency to believe that “what it is what ought to be.
- Variability hypothesis??????

When did African-Americans get the right to vote in the US?

15th Amendment - 1870: "The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of race, color, or previous condition of servitude."

The Voting Rights Act of 1965 prohibited a range of discriminatory state voting practices.

The Supreme Court struck down part of the Voting Rights Act in Shelby County v. Holder (2013), holding that the racist practices which necessitated the law in 1965 no longer present a problem in 2013.

When did women get the right to vote in the US?

19th amendment, 1920 "The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex."
### Women and the right to vote

<table>
<thead>
<tr>
<th>Year</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>1893</td>
<td>New Zealand</td>
</tr>
<tr>
<td>1902</td>
<td>Australia (except aboriginal)</td>
</tr>
<tr>
<td>1906</td>
<td>Finland</td>
</tr>
<tr>
<td>1913</td>
<td>Norway</td>
</tr>
<tr>
<td>1915</td>
<td>Denmark</td>
</tr>
<tr>
<td>1917</td>
<td>Canada (except Indian)</td>
</tr>
<tr>
<td>1918</td>
<td>Austria, Germany, Poland, Russia</td>
</tr>
<tr>
<td>1919</td>
<td>Netherlands</td>
</tr>
<tr>
<td>1920</td>
<td>United States (with exceptions. Voting rights act in 1965)</td>
</tr>
<tr>
<td>1921</td>
<td>Sweden</td>
</tr>
<tr>
<td>1928</td>
<td>Britain, Ireland</td>
</tr>
<tr>
<td>1930</td>
<td>South Africa (except black people, until 1994)</td>
</tr>
<tr>
<td>1931</td>
<td>Spain</td>
</tr>
<tr>
<td>1934</td>
<td>Turkey</td>
</tr>
<tr>
<td>1944</td>
<td>France</td>
</tr>
<tr>
<td>1945</td>
<td>Italy</td>
</tr>
<tr>
<td>1947</td>
<td>Argentina, Japan, Mexico, Pakistan</td>
</tr>
<tr>
<td>1950</td>
<td>India</td>
</tr>
<tr>
<td>1954</td>
<td>Colombia</td>
</tr>
<tr>
<td>1957</td>
<td>Malaysia, Zimbabwe</td>
</tr>
<tr>
<td>1962</td>
<td>Algeria</td>
</tr>
<tr>
<td>1963</td>
<td>Iran, Morocco</td>
</tr>
<tr>
<td>1964</td>
<td>Libya</td>
</tr>
<tr>
<td>1967</td>
<td>Ecuador</td>
</tr>
<tr>
<td>1971</td>
<td>Switzerland</td>
</tr>
<tr>
<td>1972</td>
<td>Bangladesh</td>
</tr>
<tr>
<td>1974</td>
<td>Jordan</td>
</tr>
<tr>
<td>1976</td>
<td>Portugal</td>
</tr>
<tr>
<td>1989</td>
<td>Namibia</td>
</tr>
<tr>
<td>1990</td>
<td>Western Samoa, Kazakhstan, Moldova</td>
</tr>
<tr>
<td>2005</td>
<td>Kuwait</td>
</tr>
<tr>
<td>2006</td>
<td>United Arab Emirates</td>
</tr>
<tr>
<td>2011</td>
<td>Saudi Arabia</td>
</tr>
</tbody>
</table>

### Contributions to the accumulation of disadvantage:

**1924:**
Most men ask "Is she pretty?" not "Is she clever?"

Searching for an illustration that would help me put things in perspective, went to google images once more.
Contributions to the accumulation of disadvantage.

We overheard that plaint ... "If my hair looks such a mess one more night, I'll kill myself!"

1939

Contributions to the accumulation of disadvantage.

If your husband ever finds out you're not "store-testing" for fresher coffee...

1952

Contributions to the accumulation of disadvantage.

ARE YOU BEACH BODY READY?

1965

THE STATUS QUO

This mother’s day, Get back to the job that really matters

2011

Contributions to the accumulation of disadvantage.

A woman exercising with a dumbbell.

1934

Contributions to the accumulation of disadvantage.

2015

Contributions to the accumulation of disadvantage.

1952
 Contributions to the accumulation of disadvantage:

1970

SIMPLE ENOUGH FOR A WOMAN TO DRIVE. PHEW.

2008

Used BMW's
You know you are not the first.
But do you really care?

You dad will have to chase the boys away when you are older

Contributions to the accumulation of disadvantage.

You are asking for it

like a girl

You’d be really pretty if you just made an effort.

Aren’t you cute? You’re such a bitch.

“You’ll want kids one day.”

He picks on you because she likes you

You won’t like that job; you’ll have to be focused on technology.

Is it that time of the month?

man up!

slut

You’d be much prettier if you smile.

Can’t you take a joke? You’re bossy.

*Calm down.*

“Nice [insert objectified body part here].”

“You’re body/clothing/appearance is ‘distracting.’”

Can women have it all?

You must have been beautiful when you were younger.

prude
don’t wear that to school you are going to distract the boys

On the Physiological Feeble-Mindedness of Woman, P.J. Möbius
Published in 1900, by 1906, eight editions had appeared.

(Irrelevant Coincidence: P.J. Möbius was the grandson of Augustus Möbius Band.)

Bechdel–Wallace test

To pass the test, a movie, TV show (video game, comic..), must

1. have at least two women in it,

2. who talk to each other,

3. about something other than a man

Variation: two ethnic minorities talk to each other for more than five minutes about something other than race

Graph from Wikipedia
In the last 12 years,
- women made up, on average, 24% of the bench.
- 32% of interruptions were of the female justices,
- 4% were by the female justices.

<table>
<thead>
<tr>
<th>Year</th>
<th>% Women</th>
<th>% Interrup. to All Women</th>
<th>% Interrup. to Each Woman</th>
</tr>
</thead>
<tbody>
<tr>
<td>1990</td>
<td>11.11%</td>
<td>35.70%</td>
<td>35.70%</td>
</tr>
<tr>
<td>2002</td>
<td>22.22%</td>
<td>45.30%</td>
<td>22.65%</td>
</tr>
<tr>
<td>2015</td>
<td>33.33%</td>
<td>65.90%</td>
<td>21.97%</td>
</tr>
</tbody>
</table>

Jacobi and Schweers, 2017

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**The Princess Problem**

**By Gary Antonick**

January 27, 2014 12:00 PM

A princess lives in a row of seventeen adjacent rooms, each connected by a door to each room next to it. Each room also has a door to the outside. The princess enjoys the rooms but never stays in the same room two days in a row: at the end of each day she moves from the room she occupied to one of the rooms next to it (she chooses randomly).

On the first of June a prince arrives from a faraway kingdom to woo the princess. The princess’s guardian explains the habits of the princess and the rules he must follow: Each day he may knock on a single outside door. If the princess is behind it she will open it and meet the prince. If not, the prince gets another chance the next day. Unfortunately the prince must return to his kingdom on July 1. Can he devise a strategy to make sure he meets the princess before then?
Stony Brook Math Department Composition in 2015

<table>
<thead>
<tr>
<th>Origin</th>
<th>Total</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>US</td>
<td>16</td>
<td>45.7</td>
</tr>
<tr>
<td>Russia</td>
<td>8</td>
<td>22.9</td>
</tr>
<tr>
<td>British</td>
<td>2</td>
<td>5.7</td>
</tr>
<tr>
<td>China</td>
<td>2</td>
<td>5.7</td>
</tr>
<tr>
<td>Israel</td>
<td>2</td>
<td>5.7</td>
</tr>
<tr>
<td>Argentina</td>
<td>1</td>
<td>2.9</td>
</tr>
<tr>
<td>Germany</td>
<td>1</td>
<td>2.9</td>
</tr>
<tr>
<td>Netherlands</td>
<td>1</td>
<td>2.9</td>
</tr>
<tr>
<td>Romania</td>
<td>1</td>
<td>2.9</td>
</tr>
<tr>
<td>Italy</td>
<td>1</td>
<td>2.9</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>35</td>
<td><strong>100.0</strong></td>
</tr>
</tbody>
</table>

Equal calls equal

Women disqualify themselves

Imposter Syndrome or Feeling

Two American psychologists, Pauline Clance and Suzanne Imes, coined the term in 1978

They described it as a feeling of “phoniness in people who believe that they are not intelligent, capable or creative despite evidence of high achievement.” While these people “are highly motivated to achieve,” they also “live in fear of being ‘found out’ or exposed as frauds.”

Implicit bias

- Implicit bias manifests in expectations or assumptions about physical or social characteristics dictated by stereotypes that are based on a person’s race, gender, age, or ethnicity.
- Many experiment suggest that people who intend to be fair, and believe they are egalitarian, apply biases unintentionally.
- Some behaviors that result from implicit bias (…) can either can reduce the quality of the workforce or create an unfair and destructive environment.

Jo Handelsman and Natasha Sakraney
(Chairman Obama’s) White House Office of Science and Technology Policy
Publishing in academia

- (...) men in academia publish more than women do,
  - Even when you control for productivity, men still advance more rapidly than women do.
  - Although men publish comparatively more papers, women's papers have a higher citation rate

Virginia Valian, 1998

Is it sexual harassment?
How would you proceed?

- You (a grad student) are in a conference. A senior person approaches you and starts talking about the talk you both just attended. You listen attentively, asking an occasional question. The senior person looks at you in the eyes and caresses your shoulder.
- You (a grad student) are in a conference. Along the whole weekend, a senior person sits at your side in every talk and constantly fixates eyes on you.
- You (a grad student) receive insistent offers of intimate nature from a senior person.

Sexual harassment

- Sexist hostility: gender harassment, "put-downs" crude harassment
- Unwanted sexual attention "come-ons"
- Sexual coercion

Both women and men can and do experience all three forms of sexual harassment, but some subgroups face higher rates than others (e.g. LGTB, POC)

Sexual Harassment of Women, Nac. Acad. Science, Med, and Eng., 2018
Sexual harassment in academia

Academic workplaces are second only to the military in the rate of sexual harassment, with 58 percent of academic employees indicating they had such experiences, according to one study cited in the report.

“There is no evidence to suggest that current policies, procedures, and approaches have resulted in a significant reduction in sexual harassment.”

NYTimes-June 12, 2018 about Nacional Academies for Sciences, Engineering and Medicine

Sexual harassment undermines women’s professional and educational attainment and mental and physical health.

“The cumulative effect of sexual harassment is significant damage to research integrity and a costly loss of talent in academic sciences, engineering, and medicine.”

2018 Report by Nacional Academies for Sciences, Engineering and Medicine

Sexual harassment in academia: Suggestions of what to do/advice

• Read the Callisto Survivor’s Guide.

• Document as much as possible: Write it down with details, take pictures, save messages, emails...

• Try to find people who went through the same situation.

• Report when and if you are ready.

• Tell a friend.

• Talk to a therapist

• Have an answer prepared

Inspired on Sexual Harassment of Women, Report, Nac. Acad. Science, Med, and Eng., 2018
Accumulation of disadvantage

- nothing seems overtly wrong in most work situations, especially in academia and science, where the meritocratic ethos is so prominent.
- People are often unable to perceive or assess how small imbalances can really add up.
- Any single instance of bias is likely to be tiny, and someone might say, you're making a mountain out of a molehill.

Mountains are molehills piled one on top of the other.

Virginia Valian, 1998

- Members of a simulated organization were assigned a score with a normal distribution.
- 1% of bias points were added to men.
- At the lowest level of the pyramid there were as many women as there were men.
- At the end of the simulation, top of the pyramid, the highest career level, the distribution was 65% men, 35% women.

Martell, David, Emrich, 1996
We tend to believe,

**What is, is what ought to be...**

(Naturalization of the status quo)

A typical math department from a research university

...nothing seems overtly wrong in most work situations, especially in academia and science, where the meritocratic ethos is so prominent. (Valian, 1998)

---

**Lack of self-confidence**

...students who were not going on to Calculus II choose from a list of potential reasons,

'I do not believe I understand the ideas of Calculus I well enough to take Calculus II.'

- Roughly twice as many women as men chose this as one of their reasons.
- Previous research suggests that the perceived lack of understanding by women is not because women do not actually understand the material as well as men;

Ellis, Fosdick, and Rasmussen, 2016

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**Stereotype Threat**

An instance: Women taking a math test will perform less well when told that women aren’t expected to do well in math than when they are told that they can do well.

Stereotype threat refers to a situation in which people are or feel themselves to be at risk of conforming to stereotypes about their social group.

If negative stereotypes are presented regarding a specific group, group members are likely to become anxious about their performance, which may hinder their ability to perform at their maximum level.°

Steele, Aronson, Quinn, 1999

---

**Expectations of brilliance underlie gender distributions across academic disciplines**

We hypothesize that, across the academic spectrum, women are underrepresented in fields whose practitioners believe that raw, innate talent is the main requirement for success, because women are stereotyped as not possessing such talent. This hypothesis extends to African Americans’ underrepresentation as well, as this group is subject to similar stereotypes.

Leslie, Cimpian, Meyer, Freeland, 2015
Lack of role models

One of the initial difficulties I faced as a woman in math was the **lack of a role model**. Despite having kind and encouraging professors here at Stony Brook, **often** being the only woman in the class, and **not** having a single female math professor resulted in self-doubt. I found it hard to believe that women are good enough for math, or that I am good enough for math. I blamed all my accomplishments on affirmative action. **This all changed once I met Professor Moira Chas.** Her passion for the subject, the vividness and enthusiasm with which she taught, dispelled every doubt I had with regard to the competence of women in math. Not only that, Moira helped, supported, and encouraged me through difficult times. I don’t think I would have been where I am if not for Moira, and I want to pay forward what she has given me.

**Apologies for the praise to Moira Chas, which is not the point of this slide.**

Lea Kenigsberg (extract from her essay for an NSF grant proposal)

---

Thao Do (who scored highest from the SB team on the Putnam the year we finished 4th in the country)

An excerpt from an email she sent me when she was a Freshman at Stony Brook

“Interestingly, when I searched your email on gmail, I found out that you are the person who takes care of math club in our school, which I attend every week. Also, I think I met you once in the talk of Prof John Milnor. **I admire you a lot because I want to become a female math professor and I know that it is not easy.**”

**Role models (my personal experience)**

**Apologies for the praise to Moira Chas. It is not the point of this paragraph**

---

Gender schemas

- **Women may fear or suspect that their work will not be evaluated in the same way a man's is,** so they need more documentation to back up what they are saying. **Men may be more willing to take a flyer,** to come up with some intriguing hypothesis for which they have relatively meager data and just put it out there to be proven true or false. Women may believe, perhaps correctly, that they are less likely to be given the benefit of the doubt, and that their off-the-cuff ideas will be dismissed as foolish. **We associate risk-taking behavior with men, and we may be less tolerant of intellectual risk-taking in women.**

- In many professional situations, **our gender schemas have the effect of making a man seem slightly more qualified and competent than he is, and a woman slightly less.**

Valian, 1998

---

Having a community
Remember the words of former Harvard president Larry Summers?

There are three broad hypotheses about the sources of the very substantial disparities with respect to the presence of women in high-end scientific professions.

- The first is what I call the high-powered job hypothesis… what fraction of young women in their mid-twenties make a decision that they don't want to have a job that they think about eighty hours a week.

- The second is what I would call different availability of aptitude at the high end, and

- The third is what I would call different socialization and patterns of discrimination in a search.

Variability Hypothesis?
Hill recent paper

Side note: tests developed in the US (…) include almost no questions requiring complex problem solving.

- US girls perform as well as boys on standardized math tests at all grade levels.
- Among the mathematically gifted, there may be as many as 2-to 4-fold more boys than girls.
- This gender gap has been closing over time at all levels.  
  Hyde and Mertz, 2009

Why diversity? (my take on it)

- We do not want to lose good mathematicians (by being biased)

- We should be fair, as fair as we can.

- Diversity helps to achieve excellence (by studying problems from different points of view)

- We want to attract and retain a diverse body of (grad and undergraduate) students, and a diverse faculty.

- To make High Authorities happy

IDEAS FOR INDIVIDUAL SURVIVAL AND CHANGE
Ideas for Individual Survival and change

- **Offer support** to someone else who feels insecure.
- **Find a community.** If you cannot find members of a community locally, follow a Twitter feed (#BLACKandSTEM or #womenandSTEM can serve as reassurance that they really do belong in science.)

<table>
<thead>
<tr>
<th>What Can I Say To Myself?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Instead of</strong>...</td>
</tr>
<tr>
<td>I'm not good at this.</td>
</tr>
<tr>
<td>I'm awesome at this.</td>
</tr>
<tr>
<td>I give up.</td>
</tr>
<tr>
<td>This is too hard.</td>
</tr>
<tr>
<td>I can't make this any better.</td>
</tr>
<tr>
<td>I just can't do math.</td>
</tr>
<tr>
<td>I made a mistake.</td>
</tr>
<tr>
<td>She's so smart. I will never be that smart.</td>
</tr>
<tr>
<td>It's good enough.</td>
</tr>
<tr>
<td>Plan A didn't work.</td>
</tr>
</tbody>
</table>

Ideas for Individual Survival and change

- Remember and remind people that **mistakes are valuable (if you learn from them).** They help in the learning process and produce brain growth. (Jo Boaler)
- Do not interpret a failure as “I am not good enough at this”.

Ideas for Individual Survival and change

Emphasize the **growth mindset** as opposed to the **fixed mindset**.

<table>
<thead>
<tr>
<th>FIXED MINDSET</th>
<th>GROWTH MINDSET</th>
</tr>
</thead>
<tbody>
<tr>
<td>+ SOMETHING YOU'RE BORN WITH FIXED</td>
<td>+ SOMETHING YOU'RE BORN WITH FIXED</td>
</tr>
<tr>
<td>+ SOMETHING TO AVOID</td>
<td>+ SOMETHING TO AVOID</td>
</tr>
<tr>
<td>+ COULD REVEAL LACK OF SKILL</td>
<td>+ COULD REVEAL LACK OF SKILL</td>
</tr>
<tr>
<td>+ TEND TO GIVE UP EASILY</td>
<td>+ TEND TO GIVE UP EASILY</td>
</tr>
<tr>
<td>- UNNECESSARY</td>
<td>- UNNECESSARY</td>
</tr>
<tr>
<td>- SOMETHING YOU DO WHEN YOU ARE NOT GOOD ENOUGH</td>
<td>- SOMETHING YOU DO WHEN YOU ARE NOT GOOD ENOUGH</td>
</tr>
<tr>
<td>- GET DEFENSIVE</td>
<td>- GET DEFENSIVE</td>
</tr>
<tr>
<td>- TAKE IT PERSONAL</td>
<td>- TAKE IT PERSONAL</td>
</tr>
<tr>
<td>- GET DISCOURAGED</td>
<td>- GET DISCOURAGED</td>
</tr>
<tr>
<td>- BLAME OTHERS</td>
<td>- BLAME OTHERS</td>
</tr>
<tr>
<td>- FOCUS ON IMPROVEMENT</td>
<td>- FOCUS ON IMPROVEMENT</td>
</tr>
<tr>
<td>- USE AS A WAKE-UP CALL TO WORK HARDER NEXT TIME.</td>
<td>- USE AS A WAKE-UP CALL TO WORK HARDER NEXT TIME.</td>
</tr>
</tbody>
</table>

Emphasize the growth mindset as opposed to the fixed mindset.
Ideas for Individual Survival and change

**Advocate for yourself.** This includes

- avoiding words such as ‘just’ and ‘only’ when describing your work,
- use the ‘elevator talk’ to talk to your colleagues about your math interests and achievements.

- My own private mantra: “It’s not about me, **it is about math**”
- **Understand something really well** and share it with others.

- Do not apologize for every mistake, whether real or perceived.
- Consider using a more assertive language.

> “I noticed the female justices say things like, ‘May I ask,’ or ‘Excuse me,’ before they actually get to the substance of their question, and that’s where they’re most commonly interrupted…”

**Jacobi, 2017**

**Imagine, in detail, people who violate expected stereotypes in a positive way** and practice thinking about these positive examples.
Ideas for Individual Survival and change

Fake it until you make it?

Learn about gender schemas.

- Gender schemas are largely non-conscious hypothesis we all have about the different characteristics of males and females.
- We see females as nurturing, as communal, and as doing things out of concern for other people.
- We see males as capable of independent action, doing things for a reason, and getting down to the business at hand.

This discussion is about issues affecting certain groups of people,

- Not all members of these groups will be affected in the same way.
- Non-members of these groups might be affected by the same or similar issues.
- Outliers exist.
- Problematic situations occur with certain frequency but not all the time, and affect not only members of underrepresented groups.

THANKS
Thanks

- Many people, (mainly Virginia Valian and also Benson Farb, Amie Wilkinson, Helen Grundman, Jean Taylor, Dennis Sullivan, Katrin Wehrheim, Moira Soto) gave me suggestions for this presentation. The final product is of course my responsibility.
- The section about mentoring owes a great deal to a talk by Abigail Stewart. [https://www.drp-network.org/workshop-2018.html](https://www.drp-network.org/workshop-2018.html)

References


Dealing With Imposter Syndrome When You’re Treated as an Imposter, June 12, 2018, by Kristin Wong, NYTimes


Implicit bias. Jo Handelsman and Natasha Sakraney

Why Are There Still So Few Women in Science? NYTimes,

In Boulter website

You got the job! So what do you feel like a looser? Battle Tactics For Your Sexist Workplace, Podcast by Jeannie Yandel and Eila Scott Byrne

Ideas for change in hiring practices

- Pause and question our schemas regularly
- Implicit bias makes us forget people who belong to certain groups. Thus, it may be useful to make a conscious effort to bring those people “to the table” when organizing lists (of conferences, of candidates for a position…)
Ideas for change in hiring practices

✦ In fact, *widening the pool of female candidates does help.* Women progress faster through the ranks in those law schools with a high percentage of female faculty members than they do in schools where there are few female professors.

✦ *Studies have shown that when people are asked to rate a female candidate for a managerial job, they rate her more positively if she is one of several women in the candidate pool than if she is the only woman.*

*Valian, 1998*

Ideas for change in hiring practices

When assessing the behavior or performance of someone from a stigmatized group, try to **focus on concrete positive and negative factors** and your memory of what actually happened, **rather than relying on overall “gut” feelings.**

Ideas for change in hiring practices

Instead of

"*We particularly encourage applications from minorities and under-represented groups."* write

"*We aim to be a diverse and inclusive department.*"

(unless you really have a diverse and inclusive department)

✦ Consider placing this sentence right after the sentence near the top, to make clear that it is not a pro forma interest.

*Virginia Valian*
Ideas for advising: A list found in internet (unidentified source)

- I'm not good at this.
- I'm awesome at this.
- I give up.
- I'll use some of the strategies we've learned.
- I can make this any better.
- I'm just as smart as I will never be that smart.
- It's good enough.
- Plan A didn't work.

Advising students

The mentee/student’s expectations:
- I don’t belong
- I’m not good at this
- People like me can’t do this
- You aren’t like me
- You can’t help me/you won’t help me

Based on a talk by Abigail Stewart

Advising students

- Surface-level differences (like gender, race, age...) will decrease “interpersonal comfort”.
- Find deep level similarities (like values, tastes, experiences). Interpersonal comfort decreases anxiety and improves performance.
- Seek out ways to collaborate or be on the same footing
- Consider creating interdependent “jigsaw” conditions, team projects where every member of the team has an individual task.
- Be aware that most likely, you will have a certain degree of anxiety in presence of a member of an underrepresented group.

A mentor gives students access to an interpersonal relationship with a "role model" in an area where they are trying out a “possible self”.

This identification becomes more difficult if you seem impossibly skilled.

Based on a talk by Abigail Stewart
Advising students

How can implicit biases affect the mentor-mentee relationship? The mentor might

- have lower expectations than the student can meet
- give overly positive feedback (because of low expectations)
- create a patronizing environment

It is important to be aware of our own implicit biases and how these biases might enter mentoring experiences

Based on a talk by Abigail Stewart

Good mentoring practices

- Communicate high and reasonable expectations. Express confidence student can meet them
- Provide accurate and fair feedback
- Provide encouragement

Based on a talk by Abigail Stewart

Ideas for dealing with sexual harassment - Institutional

Strive for Strong and Diverse Leadership

Make it an Explicit Goal: College and university presidents, provosts, deans, department chairs, and program directors must make the reduction and prevention of sexual harassment an explicit goal of their tenure.

Develop Leadership Skills: Support and facilitate leaders at every level (university, school/college, department, lab) in developing skills in leadership, conflict resolution, mediation, negotiation, and de-escalation, and ensure a clear understanding of policies and procedures for handling sexual harassment issues.

Move Beyond Legal Liability: Leadership training programs should include training on how to recognize and handle sexual harassment issues, and how to take explicit steps to create a culture and climate to reduce and prevent sexual harassment—and not just protect the institution against liability.

Nacional Academies for Sciences, Engineering and Medicine
Ideas for dealing with sexual harassment - Institutional

Provide Support for the Target

Access to Support Services: Provide means for the target of harassment to access support services (social services, health care, legal, career/professional).

Informal Reporting: Provide alternative and less formal means of recording information about the experience and reporting the experience.

Provide anonymous, confidential reporting systems. CaFillo is an online system that allows targets to control the disclosure of information, access supportive services, and share information on alleged perpetrators.

Provide confidential reporting channels outside of the faculty or sexual workplace hierarchy, such as an ombudsman.

Explore the use of restorative justice processes. The Campus PRISM (Promoting Restorative Initiatives for Sexual Misconduct) Project calls for accountability through collaboration and prevention through education.

Prevent Retaliation: Develop approaches to prevent the target from experiencing or fearing retaliation in academic settings.

Be prepared to take action to ensure the target of the harassment is able to continue his/her academic work. This could include using mutual no-contact orders between the accused and accuser, changing class schedules, changing the locks at the housing facility or workplace, rescinding building access for the accused, and reassigning advisors, mentors, and supervisors.

Nacional Academies for Sciences, Engineering and Medicine

Ideas for dealing with sexual harassment - Institutional

Improve Transparency and Accountability

Clear Policies: Develop and share clear, accessible, and consistent policies on sexual harassment and standards of behavior. Make clear that people will be held accountable for violating the policies.

Include a range of clear disciplinary actions that correspond with the severity of the harassment.

Engage the academic community in policy and practice reviews. Some institutions have created student advisory boards and forums for students to meet with the Title IX Review Committees.

Transparency about Handling Reports: Be as transparent as possible about how the institution is handling reports of sexual harassment.

- Yale University publishes a biannual Report of Complaints of Sexual Misconduct and an annual campus safety report to inform the campus community.

Assess Climate: Utilize climate surveys to further investigate and address systemic sexual harassment.

- The results of climate surveys should be shared publicly to demonstrate to the campus community that the institution takes the issue seriously. The Administration-Researcher Campus Climate Collaborative (ARCC) survey has been used by more than 150 higher education institutions.

Research Integrity: Consider sexual harassment equally important as research misconduct in terms of its effect on the integrity of research.

- The U.S. Geological Survey and the Department of the Interior have broad scientific integrity policies that apply to employees, apprentices, volunteers, grantees, and contractors. Some scientific societies such as the American Geophysical Union have developed own ethics policies that explicitly call out sexual harassment and discrimination.